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ANDOVER TOWNSMAN

Our 112th Year

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Other voices from the great war

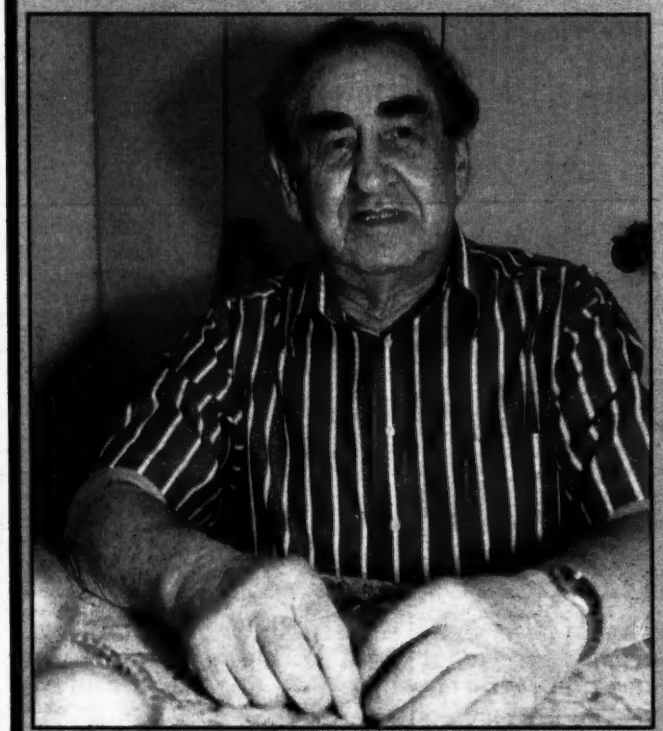

Photo by Carol Van Doren

Shkolnik — memories are still painful.

Local Russian immigrants recall serving with the Allies against the Nazis in World War II

By Rebecca Lipchitz

Most Americans born after World War II may have had their view of Russia shaped by the Cold War, and by descriptions like that of former President Reagan — an "Evil Empire."

But during World War II, Russia and America were allies. And with the fall of communism and the end of the

Veterans Day activities
See page 18

Cold War, Russian immigrants who are also World War II veterans share a common heritage with American veterans.

Israil Shkolnik is one. He and his wife Ginda (Barskaya), residents of Frye Circle in Andover, became American citizens last month. They are both natives of Russia, but like many Americans of their generation,

(Continued on page 20)

Former World War II engineer doesn't 'idealize this time'

By Rebecca Lipchitz

In 1944, with World War II almost over, a young, naive German pilot landed at a Russian base south of the Ukraine, where Boris Yerozolimsky was stationed.

Because he spoke some German, Yerozolimsky was asked to translate for the boy. The pilot asked if he could stay as a member of the Russian Army; he did not want to work for Hitler any more.

Yerozolimsky says the boy was not allowed to stay, but the encounter was revealing.

"The Germans could have had success. They were a mighty enemy. But take one person and speak with him, and there is no enemy. Usually," Yerozolimsky says.

Now a resident of Stowe Court in Andover, Yerozolimsky, 78, remembers his time in World War II as an opportunity to serve his country, and the support the soldiers received from civilians across the country, but he isn't quick to wax nostalgic.

He remembers traveling by train from the military academy where he graduated out to his first post South of the Ukraine. Travel was paid for by the military, but

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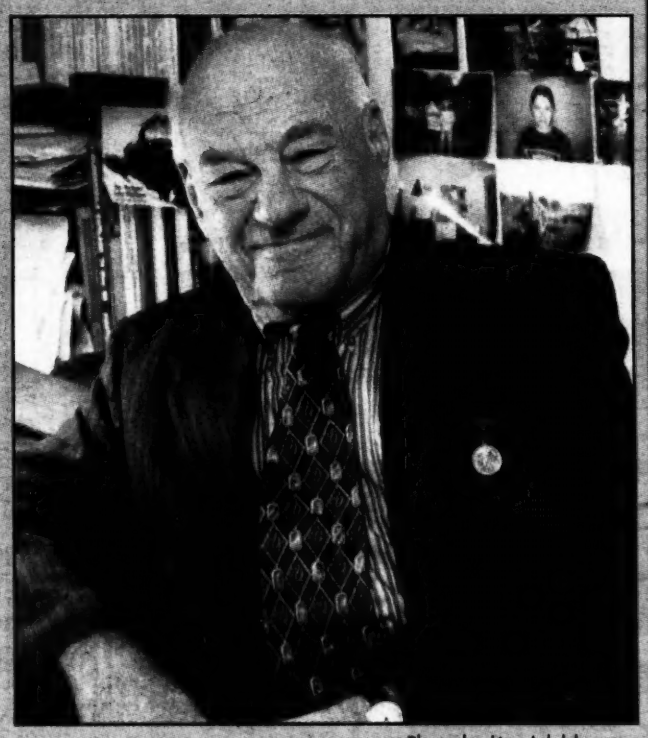

Photo by Lisa Adelsberger

Yerozolimsky — One-on-one, there are no enemies — usually.

On power plant

Local hearings completed

By Rebecca Lipchitz

Public hearings before the Dracut Board of Selectmen on whether to issue a special permit to Constellation Power Corporation to build the Nickel Hill Energy plant closed last week.

But that doesn't mean the issue is decided yet. Now the board members will discuss the matter at length.

According to a spokesperson for the Dracut selectmen's office, the board has scheduled four meetings — on Nov. 16, 17, 22 and 29 — to discuss the issue.

Laura Jordan, of the Andover-based Merrimack Valley Residents for the Environment (MVRE), a local group opposed to the plant, attended many of the public hearings.

MVRE's concerns about the plant include the noise level, use of formaldehyde, oil as a back-up fuel source, property tax protections, the use of SCONOx technology and visibility of

(Continued on page 20)

Kick the butts

By Neil Fater

One-third fewer people could die of cancer if everyone stopped using tobacco products, says the American Cancer Society.

But while such statistics are frequently marshaled to convince smokers to quit, there are still plenty of Andover people who may never try out the annual Great American Smokeout. This year's Smokeout is scheduled for next Thursday, Nov. 18.

"The more they try to make me quit, the more I don't want to quit," says Rose Vandewalle, the telephone operator and receptionist at Town Offices whose distinctive voice greets dozens of people each day. "I've had it up to my ears listening to all the baloney."

Vandewalle has smoked cigarettes for more than 35 years and appears to view the Great American Smokeout as neither great, nor particularly American. Like some other smokers, she still resents being banned from smoking in public places since Andover adopted a no-smoking bylaw in 1994. Massachusetts followed suit last year.

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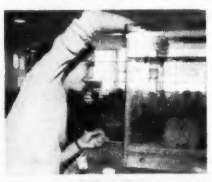
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TownTalk

Management moves — Sgt. Lee J. Britton of the Andover Police Department receives certificate of graduation from Gerald F. Burke (right), director of the New England Institute of Law Enforcement Management at Babson College, Wellesley.

A commanding grad

Andover Police Sgt. Lee J. Britton was among 38 law enforcement officials to complete a three-week Command Training Program on Nov. 5. The program was held at the New England Institute of Law Enforcement Management at Babson College and sponsored by the New England Association of Chiefs of Police.

The training program teaches effective management practices to command officers. Command training concentrates on the operational aspects of the command officer's responsibilities including problem-solving, community policing and leadership.

"The various programs deal with serving the leaders of today while preparing the leaders of tomorrow," said Gerald F. Burke, director of the New England Institute. The New England Institute's faculty is drawn from college and universities including Babson, Bentley and Brandeis, as well as the business and law enforcement professions.

More than 8,000 law enforcement officers from all the New England states, as well as from other areas in the United States, have completed courses at Babson since the program began in 1967. Gerald F. Burke, retired major of the Massachusetts State Police, is director of the New England Institute.

They're joining Team Harmony

When more than 10,000 students from schools in New England and New York converge at the FleetCenter Nov. 16 for the annual Team Harmony Day, Andover students will be among them, including 25 students from West Middle School.

"They come back excited," says Sandy Lunt, health educator at West Middle School, who also advises Kids for Kids community service projects at the school.

"Team Harmony is about diversity and treating people with respect, which we think is very important," Lunt says.

Members of student government and students who participate in school programs like Kids for Kids and the Human Rights Squad will attend the day-long conference of students and teachers featuring celebrity speakers and music and dance presentations.

Students return inspired, Lunt says.

"I wish we could take everybody. We want to encourage kids to share the message, to have courage to stand up and speak out when other people are treated unfairly," Lunt says.

Students from Andover's Greater Lawrence Technical

(Continued on page 4)

News In Brief

Bill would let vets get HS diplomas

Andover State Senator Sue Tucker announced the unanimous Senate passage of a bill that would enable World War II veterans who left high to school to fight in the war to obtain high school diplomas.

During World War II, many young men left high school to serve in the military and for whatever personal reasons, did not return to school after the war or take advantage of the GI Bill to complete their education.

"I was honored to co-sponsor this bill on behalf of all the World War II veterans living in Andover," Tucker said. "With Veterans Day approaching, I cannot think of a better time to pass this legislation recognizing the immense personal sacrifices made by the men and women who have honorably served in the military."

Senate Bill 1972 enables any school committee throughout Massachusetts to provide high school diplomas to any veteran who left high school for the primary purpose of enlisting in the military during WWII, and who was honorably discharged when their service was complete.

The bill will advance to the House of Representatives for consideration.

State to help cover election costs

Andover will receive $3,984 to cover the cost of expanded polling hours in the 2000 September primary and November elections, state Auditor Joe DeNucci reported.

The money is part of $1,137,579 being distributed to the commonwealth's cities and towns.

"Although citizens now have more time to vote, these extra hours have increased election day staffing costs for the Commonwealth's municipalities," DeNucci said, citing a 1983 state mandate that established minimum polling hours from 7 a.m. to 8 p.m. at state elections.

He noted that it is the responsibility of his Division of Local Mandates (DLM) to determine how much the state must pay to implement state mandates.

Andover chief assessor honored

Andover Chief Assessor Bruce A. Symmes was selected one of "The *Banker & Tradesman* 125: Leaders Making a Difference for 1999." The *Banker & Tradesman* 125 is a special celebration of the accomplishments of the best in the state's real estate, banking and financial services industries.

This year's celebration was held Oct. 20 at the Sheraton Boston Hotel. *Banker & Tradesman* is a trade publication aimed at New England's financial, real estate, legal and accounting professions as well as municipal leaders in Massachusetts.

Web poll results

Last week's question on the *Townsman's* Web page was, **Do you favor keeping the so-called Junior Operator Law, which says teens have to have their license for six months before they can drive most of their peers around?**

With a record number of 45 online voters responding (and no word on the age of the respondents), there was almost an even split, with a narrow 23-22 majority against keeping the law.

This week's question is: **Do you agree with Town Offices receptionist Rose Vandewalle, that there should be a Great American Chocolate-out, to match the Great American Smokeout, aimed at curbing obesity?**

Surf to www.andovertownsman.com and cast your vote.

News Calendar

Wednesday, November 10

Board of Assessors, Assessors Office, Town Offices, 9 a.m.

School Building Committee, third-floor conference room, Town Offices, following Selectmen, 8 p.m.

Board of Selectmen, with a representative of the Campaign and Political Finance Office, third-floor conference room, Town Offices, 7 p.m.

School Committee, executive session, School Committee Room, School Administration Building, 2:30 p.m., executive session, School Committee room, 3 p.m.

Senior Center Building Committee, Senior Center, 7 p.m.

Trustees of Spring Grove Cemetery, Plant and Facilities conference room, 7:15 p.m.

Monday, November 15

Andover Cultural Council, second-floor conference room, Town Offices, 7:30 p.m.

Tuesday, November 16

School Committee, School Administration Building, executive session, 6:30 p.m., regular meeting, 7:30 p.m.

Conservation Commission, third-floor conference room, Town Offices, 7:45 p.m.

School Building Committee at Conservation Commission, third-floor conference room, Town Offices, 8:45 p.m.

Wednesday, November 17

Finance Committee, Finance Committee, third-floor conference room, Town Offices, 7:30 p.m.

Board of Registrars, Town Clerk's office, Town Offices, 7 p.m.

School Building Committee, South School, 7:30 p.m.

Thursday, November 18

School Building Committee at Doherty Middle School PTO, Doherty Middle School, 7:30 p.m.

Strategic Planning Task Force, second-floor conference room, Town Offices, 7 p.m.

Recycling Committee, School Committee Room, School Administration Building, 7:30 p.m.

Quote, unquote . . .

"The more they try to make me quit, the more I don't want to quit. I've had it up to my ears listening to all the baloney."

Rose Vandewalle, telephone operator and receptionist at Town Offices, and veteran smoker, on the Great American Smokeout.

"If your pastor got up and recommended that we move back to slavery, what do you think people would say?"

David Yegerlehner, who spoke recently at the Ballardvale United Church, arguing that the Bible's prohibitions against homosexuality are not meant for today.

"If there's anything you can do to make it not look like a school building, do it. Let the sky be the limit, even if it's going to cost us more money."

Selectman Larry Larsen, urging the School Building Committee to be creative in its design for the two new schools proposed at Cross Street and High Plain Road.

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TOWNTALK

(Continued from page 2)

School, St. Augustine School and the Pike School will also be attending.

This is the sixth annual Team Harmony in Boston.

— *Rebecca Lipchitz*

Shaker Memorial Race is this Sunday

The annual Sandra Shaker Memorial Road Race will be held Sunday, Nov. 14, at 10 a.m. at Phillips Academy. Proceeds will benefit the Cancer Management Center at Holy Family Hospital in Methuen. "Our goal is to raise awareness and funds for this state-of-the-art treatment center," said race coordinator Charlie Heseltine. "Last year more than 500 people participated in the race, and we raised more than $10,000 for the center. This year we'd like to raise more money and see the route flooded with runners, walkers and spectators."

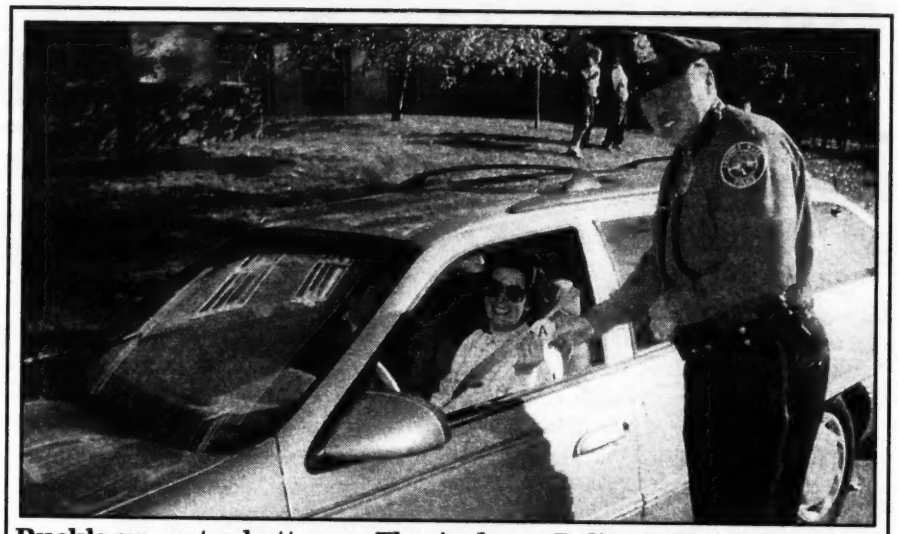
"I look forward to this race every year," said last year's top pledge winner Marcia Golden of Andover. "I walk the race with my husband and our dog Dannee. Everyone I contact for a pledge is enthusiastic about supporting our efforts, and cheers us on from start to finish."

Tom Licciardello of the Merrimack Valley Striders encourages runners and walkers to support the fight against cancer and to honor the memory of Sandra Shaker, who dedicated herself to this cause before losing her battle with cancer several years ago.

"Sandy was a supporter of the race for many years," he said.

Prizes will be awarded for the top three finishers in each category of runners, and to the top three people who bring in the most pledges. T-shirts will be given to the first 150 applicants. Runners will begin the five-mile route at 10 a.m., leaving from the field house at Phillips Academy. The walkers also go off at 10 a.m. for 3.1-mile walkathon.

The pre-race entry fee is $10. The fee on race day will be $12. The fee will be waived for entrants collecting $30 or more in pledges. For race applications and more information, call Larry Ardito at Toscano & Ardito in North Andover at 688-2880.



Buckle up, get a button — The Andover Police Relief Association president, Sgt. William MacKenzie, says the association recently purchased 50 Andover 2000 Millennium buttons, and will be giving them away to safe drivers. During police traffic stops, if everything is in order with the driver and children 12 and younger (wearing seatbelts), the officer may present the driver with a Millennium button, which admits the wearer to New Year's Eve events. Here, Patrolman David Milne rewards Alison McGrath after a safety check.

Sympathy for Egypt Air families

For those wishing to offer sympathy to the families of those killed in the Egypt Airways crash, an Andover woman has a way to do it.

Susan Gurry, of Beacon Street, a Petty Officer, Third Class in the U.S. Naval Reserve, said she got the idea from shops in Newport, R.I., which agreed to provide free sympathy cards to those wishing to offer condolences.

Gurry, who works as a dental technician at Newport Hospital while on duty for the Navy, says she was there this past weekend, when a memorial service was held for the victims.

She says the Andover CVS has agreed to provide a large sheet of paper for anyone to sign this coming Saturday. "Then they'll send it down (to Newport)," she says.

"Or, if people want to buy cards on their own, they should send them in care of Newport Double Tree, Goat Island, Newport, RI 02840.

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Parking crunch squeezes Merrimack neighbors

By Rebecca Lipchitz

Judy Wakefield and Merrimack College have been good neighbors for 10 years, until this fall when parking restrictions on campus pushed student parkers out into Andover streets.

"It's never been like this," Wakefield told Selectmen Monday night. She was one of four area residents who attended the meeting to discuss parking problems in the area.

Since Merrimack began construction this fall, less parking space is available. Besides that, freshman and sophomores are not allowed to park on campus, to encourage students to live in dormitories and not use cars on campus, said David Breen, Merrimack's vice president of administration.

Wakefield said students have offered her as much as $50 per month to park in her driveway.

"They've chewed up so many parking spaces, it's really incredible. And it's unfair that we (neighbors) have to pay," she said.

Residents aren't the only ones who have a problem with student parkers. When cars park along Brookfield road, Andover's fire truck can't pass through.

Selectmen voted 5-0 to impose a parking ban on Brookfield Road from Fox Hill Road for 170 feet westbound, on the recommendation of Andover Police Public Safety Officer Bob Cronin.

But residents and selectmen agree that creating a no-parking zone for 170 feet on one neighborhood street won't solve the problem, only "squish it out onto other streets," said Selectmen Larry Larsen.

Resident Scott Roberts of Rock Ridge Road agreed.

"It's an ongoing problem, and basically, we're fed up," Roberts said.

Selectmen Brian Major agreed to set up a meeting within the next few weeks with residents, college officials, Andover planners and possibly a representative of the town of North Andover, to discuss parking and truck traffic issues.

Breen said college officials want to work with neighbors to come up with a solution to keep students from parking on the streets.

Allowing freshman or sophomores to park on campus would allow 300 more students to have cars, which would only put more cars in the neighborhoods, since the campus cannot accommodate that many cars, Breen said.

Residents have had one meeting of their own, when more than 15 people gathered at Helen Waller's house recently, she said.

The problems with students parking near her home is not only lack of parking in the neighborhood, but trespassing, vandalism and litter, she said.

Waller added that the college often sends a truck out to collect garbage left on neighborhood lawns by students.

Selectman Mary French suggested making the area streets parking for residents only.

Cronin said that issue has been debated for more than 18 years.

Major cautioned against such a decision.

"I think we need to consider the ramifications of that," he said.

Breen said he wants to work with neighbors on the problem to make sure parking restrictions don't cause problems for residents.

He plans to suggest solutions, including a ban on overnight parking, he said.

A future meeting about the parking may include discussions about limits on delivery and construction truck traffic in the neighborhood, Major said.

News for local veterans

The British government has announced that several Web sites are now available to assist those who have claims on property or assets seized by Great Britain from other countries during World War II.

During the period 1939-1945, Britain seized millions of dollars worth of assets belonging to countries then at war with Britain, such as Germany, Austria, Japan, Italy, Hungary or Romania; or belonging to countries that were fully occupied by Germany or Japan, such as Poland and Czechoslovakia.

Anyone who wishes to file a claim on this property, or wishes more information, is urged to check the following Internet sites.

1. <www.enemyproperty.gov.uk>
2, <www.bba.org.uk>

Those without access to the Internet can call the Andover Public Library reference desk, or call Veterans Services at 623-8218.

***

Andover is gearing up to begin a four-year campaign to recognize the service and sacrifices of men and women who served on active duty between January 1950 and January 1954. There are known to be at least 500 such veterans in Andover, and the new Korean War Commemorative Committee would like to hear from each one, so it can include all eligible Korean veterans in its programs.

From June 2000 through Nov. 11, 2003, Andover will host three events per year to pay tribute to those who served in the Korean War. This is part of a nationwide Korean War recognition program sponsored by the Secretary of Defense. Those who served during that period are asked to call the Veterans Services office.

***

Any member of the U.S. Army during World War II who served in combat and who was awarded either the Combat Infantryman's Badge or the Combat Medical Badge is entitled to the Bronze Star medal. Those who qualify can call John Doherty at 623-8218. This applies only to World War II veterans.

***

Men and women who served during the Vietnam Era, now aged 43 to 65, should take note of a major health risk: hereditary hemochromatosis (HH).

This is a genetic disease that affects primarily males, but post-menopausal women are also at risk. It causes the body to absorb iron in quantities that can eventually be fatal if not treated. It usually manifests itself in men aged 45-55.

The Centers for Disease Control and Prevention estimates that 1.5 million people suffer from HH, and it is the most common genetic disease in America.

Symptoms vary, and can mimic other conditions, such as arthritis, diabetes, cirrhosis and gout, but a simple blood test can confirm or rule out HH.

For more information, contact your physician. For general information, contact Veterans Services.

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Town warrant opens

By Neil Fater

Do you think you have an idea that will make Andover a better place?

Then you can ask your fellow residents to vote on your idea at annual Town Meeting.

The warrant for the first town meeting of the 2000s is already open, and ready for citizen's requests.

Any resident can place a private article on the Town Meeting warrant by submitting a petition signed by 10 registered Andover voters.

Forms are available at the town clerk's office, Town Offices, Bartlet Street, or can be retrieved online at www.town.andover.ma.us. The town expects to have the online option available by the end of this week, says Peter Johnson-Staub.

Although some residents, such as Mohawk Drive resident Dennis Teves, have been pushing in recent years for the warrant to remain open until closer to Town Meeting, town officials will close the warrant Jan. 21, 2000, more than three months before Town Meeting.

Town Meeting 2000 won't begin until April 24, 2000.

Perhaps the article most likely to draw the attention of voters, and that is guaranteed to be on the 2000 Town Meeting warrant, is the town's request to build two new schools in West Andover.

There is also expected to be an article requesting improvements to the gravel pit at Recreation Park, so that it can be better used for active and passive recreation.

Selectman Brian Major says there's also some chance the town will see an article regarding a youth center on the Town Meeting warrant. Major and fellow Selectman Larry Larsen have been pursuing separate ideas for a center.

Neely honored here

A frequent recipient of accolades during his playing career with the Boston Bruins, Cam Neely will be in Andover today, Nov. 10, to receive an award that may mean even more to him.

Neely will receive one of six regional humanitarian awards given across America by David Yurman, a prominent American jewelry designer.

The star skater has earned the award for his work with the Neely Foundation and the Neely House at the New England Medical Center, says Steven Leed, the owner of Royal Jewelers. Leed nominated Neely for the award because of Neely's work at trying to help families dealing with the effects of a serious illness.

"About three or four years ago, both his parents died of cancer, one after the other," says Leed. "He found there was nowhere for he and his family to turn."

The Neely House is the type of place that Neely's family could have used during that time, says Leed.

Neely will receive Yurman's regional humanitarian award at a special event at Royal Jewelers today, Wednesday.

— Neil Fater

Aging is a rewarding adventure

Senior centers across the country may be having new adventures in aging after hearing of Andover's award-winning programs.

The Andover Senior Center's Aging is an Adventure program for seniors and high school students won a state and national award this week for its innovation.

Pat Becker — a "best practice."

The local center was recognized by the U.S. Committee for the Celebration of the United Nations International Year of Older Persons 1999. Andover's program was one of 12 chosen from a pool of 375 applicants.

Committee members described Andover's winning program as "a creative, replicable program that improves the quality of lives of older persons and truly represents a 'best practice' in aging programs."

The program, developed by the center's Program Coordinator Pat Becker and Andover High School teacher Jay Darrin, also won the Rose Award for innovative programming.

Becker, Darrin, and Jeanne Madden, director of Elder Services in Andover, announced the award Monday to the Board of Selectmen.

"We're proud to receive the highest honor (the state) can bestow upon senior centers," said Madden.

The seven-week survey course for high school students discussed aging through various curricula including art and photography, literature and social issues.

At Andover High, 24 students enrolled in the community service course, and earned half a credit for the class. More than 25 seniors volunteered for various classes based on their interests, says Darrin.

Becker says a group of more than 17 presenters or instructors who varied in age from college students to volunteered the classes.

"We had participants from ages 14 to 89. We think that's pretty remarkable. There were leadership opportunities for both groups," Becker says.

After the program coordinators announced their awards for the center, Selectman Brian Major announced a citation from the Board of Selectmen commending the high school students who participated in the program, and recognized them for "providing an exceptional model."

— Rebecca Lipchitz

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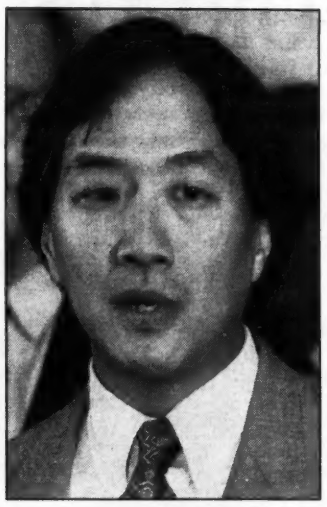
Andover's Dr. Koh honored by American Cancer Society

Massachusetts Commissioner of Public Health Dr. Howard K. Koh, of Andover, received the The American Cancer Society's annual Distinguished Service Award at the society's 1999 board of directors meeting on Sunday. The award is in recognition of major achievements in the field of cancer.



Dr. Howard Koh

Dr. Koh, who is an oncologist, dermatologist and internist, has been active in anti-smoking efforts for years, including participation in the Massachusetts Coalition for a Healthy Future, which successfully pushed for a 25-cents-per-pack tax on cigarettes in 1992. He was named commissioner of public health in the summer of 1997, and said at the time that he hoped to make the entire state smoke-free.

Dr. Koh was honored of for "his dedication to public health as a compassionate physician and educator; for his warmth and good humor as a community volunteer; for his enlightened understanding that disease prevention, not treatment, benefits people most; for his outspoken advocacy of strong and effective tobacco control programs and other cancer control initiatives; for his passionate commitment to eliminating disparities in the health and well being of ethnic and minority populations; and for the insightful academic perspective and analytical skills he brings to efforts to improve the health behaviors of underserved populations."

As commissioner, Dr. Koh has emphasized the prevention to help all people reach their full potential for health. The Korean-American is especially dedicated to serving as a public health voice for people who have no voice.

He has published more than 200 articles in medical literature, and is nationally known in the areas of cancer prevention, tobacco control, Asian American health issues and dermatological oncology.

Dr. Koh has served as a cancer control consultant to the U.S. Centers for Disease Control and Prevention, a member of the board of directors of the American Cancer Society, and as principal investigator for medical research grants funded by the National Cancer Institute and CDC.

Dr. Koh and his wife, Dr. Claudia Arrigg, an ophthalmologist, are the parents of three children.

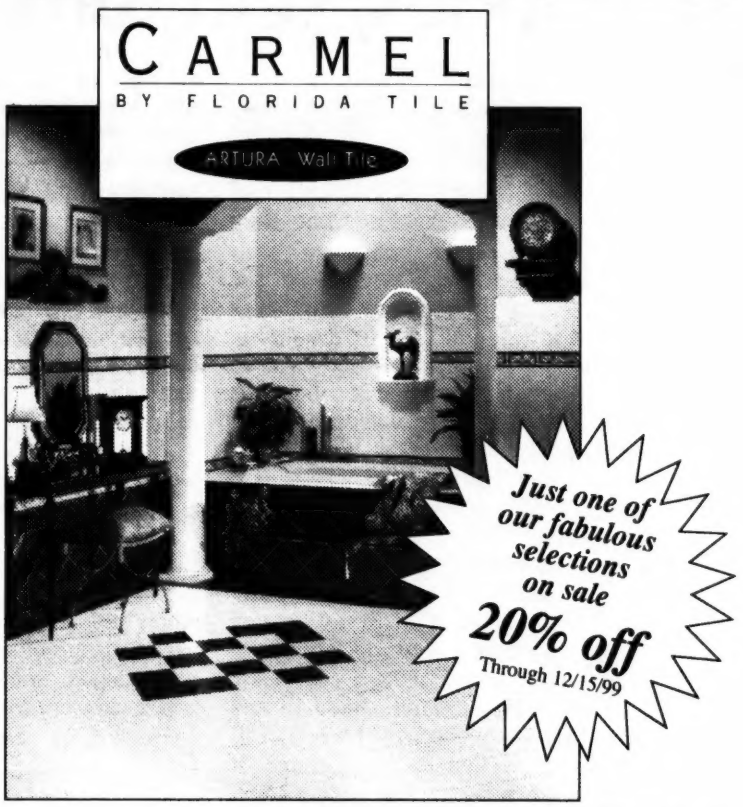
The two other recipients of the award were Marcia Grant, DNSC, RN, FAAN, director and research scientist, Nursing Research and Education, City of Hope National Medical Center in Detroit, Mich.; and Betty Farrell, RN, PhD, FAAN, a research scientist at the City of Hope National Medical Center in Detroit. She has been in oncology nursing for 21 years.

Senior Center receives $5,000 grant

The Andover Senior Center's outreach and respite program will receive a $5,000 grant from Elder Services of the Merrimack Valley. The Area Agency on Aging awards and monitors the use of these funds from the Older American Act to assist local agencies in providing services for elders over 60 at local community sites and in the home. Donations are accepted.

Regionally funded programs include Emmaus House Shelter, emergency shelter, $3,000; Merrimack Valley Legal Services, legal assistance, $67,780; Merrimack Valley Nutrition Program, Meals on Wheels and congregate meals, $540,132; Middlesex Shelter, emergency shelter, $5,000; New England Home for the Deaf, Merrimack Valley Deaf Elder Senior Center, $1,000; and Samaritans of the Merrimack Valley, reduce risk of suicide, $3,500.

For more information, call Elder Services at 683-7747 or the listed agency.



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Townsman EDITORIALS

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Senator No-show

He was "called to Washington."

U.S. Senator Ted Kennedy had been booked for weeks to deliver the keynote address Monday morning at the Salute to Veterans Breakfast in Andover. It's always a special event, but this one was even more special than usual, since it featured a video tribute to a "Generation of Heroes" — the men and women who fought in World War II.

So in honor of that special tribute, the sponsors thought it would be nice to have somebody really prominent as a speaker— the senior senator from Massachusetts.

But, after waiting from 7:45 to 9:15, the capacity crowd was told he'd been "called to Washington."

Half the brochure for the event was about Ted Kennedy. There was a nice — a very nice — photo of the senator, looking youthful, clear-eyed and very trim, with a lengthy bio sketch talking about all the great things he has done in health care, education, civil rights, the environment and for senior citizens.

But, with deepest apologies, the senator's office first reported he had been "delayed," and then after a few substitute speakers had offered ruminations on the meaning of Veterans Day, came word that he had been "called to Washington."

Perhaps there was indeed some very important business that required Kennedy's attention in Washington. If so, the crowd never heard what it was. It would have been nice to know, since they had all turned out to hear him speak about how much veterans mean to us. Yes, Andover is far removed from the halls of Congress, but Veterans Day is still rather important business out here in the small towns.

And the word around the tables, from a couple of local legislators, was that Kennedy hadn't really been "called to Washington." He'd never even left.

It makes one wonder why a politician of his stature even accepts engagements like this, when they can apparently be so easily broken. It makes one wonder why his staff couldn't have been a bit more up front, and told organizers the night before that Kennedy wasn't coming. That would have been less insulting.

It makes one wonder, if this were an election year and he had somebody like Bill Weld or Mitt Romney giving him a bit of a push, if somehow he would have found the time to keep a commitment like this.

But most of all, it makes one wonder if, for Ted Kennedy, being a politician is now more about him that it is about us.

Photo by Jocelyne Fauerbach

The unveiling — At the Rogers Center for the Arts at Merrimack College last Thursday evening, Jacqueline Rogers unveiled a portrait of her late husband, former Lawrence *Eagle-Tribune* publisher Irving E. Rogers Jr., with artist, Numael Pulido, of Hancock, N.H., who did the portrait.
The portrait was dedicated to the college, and will hang in the lobby of the new center. The Rogers Family Foundation, a charitable organization, donated $2 million to the college for the center's construction.
***Eagle-Tribune* and *Townsman* Publisher Irving E. "Chip" Rogers III said his father would probably not be comfortable with all the attention being paid to him personally, but would be delighted to see the center become a reality.**
"This was a dream, and it came true," Chip Rogers said of his father. "The Rogers Center for the Arts was his project. He saw it through to the end of his life, and he died knowing it would be built."

A time for memories, and reminders

Taylor Armerding

Maybe you just had to be there.

Most of the time, that line gets used when somebody is telling a story about some situation they think is hilarious, and it falls flat.

But I'm thinking it applies to Veterans Day observances as well. Maybe you just had to be there — in the war, I mean.

Of course, that's why our grandfathers and grandmothers who fought in World War II (and younger veterans from Korea, Vietnam and other conflicts) did what they did — so we wouldn't have to be there.

And certainly there are continuing expressions of thanks from those who weren't there to those who were. Government offers generous benefits to veterans. We create war memorials. There are holidays, like the one we celebrate this week, set aside to honor those whose sacrifice made possible a lifestyle unprecedented in history.

Still, it is one of the great ironies of the century that the magnitude of that sacrifice still remains, in many ways, so unknown except to those who were there. It is a great irony that we who are the prime beneficiaries of not having to be there can never truly understand what they did.

It is a great irony that, except for these formal observances, the war veteran is less and less in the public consciousness. Yes, we know there was a terrible war back about 60 years ago, but that was then, and we're really busy right now trying out this new software program, driving our kids to soccer or planning our weekend.

Because while it is not a stretch to say, as many have in recent years, that this generation "saved the world," it seems it is harder and harder to see that today.

At Monday's Salute to Veterans Breakfast, when the World War II veterans were asked to stand, most of them did it proudly, but rather slowly. They are increasingly frail. They don't look like a threat to anybody, let alone powerful enough to stop a Nazi war machine or a Japanese air attack.

So it is important to be regularly reminded of who they were and what they did.

It's good to be reminded that these men and women, now in the twilight of life, were as young as some of the high school ROTC members who showed up at Monday's breakfast, well scrubbed and sharp in their green uniforms. They were just as young, clear eyed, well-muscled and well-coordinated. And just as vulnerable.

Ask any parent with a high school junior or senior at home how they'd feel about their son or daughter crossing the sea to fight a despotic maniac bent on destroying a race of people and dominating the rest of the world in the process.

"Are you crazy? They're just kids," would be the likely response.

And that is the point. They were just kids when they went off and saved the world.

It's good to be reminded, at a time when people are bent on magnifying every disagreement or trivial insult into alleged "hate speech," that this generation confronted the real thing — implacable hate speech put into action.

It is good to be reminded, at a time of parades and pageantry, that the World War II generation was, as one speaker put it, "summoned from the parade ground and told to prepare for war."

At an age when today's generation's biggest worry is where to go to college, their worry was survival. While today's generation is wooed by Internet startups with the promise of stock options and a possible quick

(Continued on page 10)

Letters

David Ray was an inspiration

Editor, *Townsman*:

In the Oct. 28 *Townsman* (page 8), there was a picture of people who are on the Andover Commission on Disabilities and town officials at Town Offices to dedicate the recently installed automatic doors.

Omitted from the caption was the fact that this was a dedication to the memory of David E. Ray, of Andover, one of our charter members. There is a plaque above the door opener, which pays tribute to his work on issues regarding disability. During my dedication speech, I called him a "trailblazer" and a great example to us all.

David Ray was living independently and working full-time despite severe physical limitations that required the use of a power wheelchair.

Whether Lowell in the '70s and '80s or Andover in the '90s, David always advocated for more and better access for people with disabilities. Access to town offices was one of his dreams and access throughout the town continues to be the mission of the Andover Commission on Disabilities.

David was and still remains an inspiration to many.

Mike Warshawsky, chairman
Commission on Disabilities

No proof that new power plants will drive out old

Editor, *Townsman*:

Hubert Humphrey said, "Unfortunately, our affluent society has also been an effluent society." Things haven't changed much since his time.

Power plants have long been recognized as one of the major contributors to pollution in the world. Yet, there are now proposals for around a dozen very large new power plants in the Commonwealth. Pretty soon Massachusetts is going to look like Oklahoma, except instead of oil derricks, we'll have smokestacks and cooling towers dotting the landscape.

These plants bring a promise of money to the commonwealth. If they replaced the older, dirtier plants, then there would also be a promise of cleaner air for the commonwealth as well.

Unfortunately, there is no plan in Massachusetts to close the older, dirtier plants. In their haste to deregulate electric power production, the Massachusetts Legislature either neglected or forgot to come up with a plan for the older plants that cleans them up, buys them out, phases them out or eliminates them in some way.

Those who claim to be in the know say that the market will drive the old plants out. This is an unprovable assumption, not a fact. There has not been one shred of proof provided anywhere that shows these new plants winning a competitive bid with older, dirtier plants. Unless something is done differently in this state, nothing about pollution by power plants will change and, in fact, things can only get worse.

How, you ask, does that affect me? Last summer, there were 22 days of elevated ozone levels in Massachusetts. This ozone translates into distress for anyone with diminished lung capacity. The EPA has shown that in the last 10 years, one of the main precursors of ozone — nitrous oxide — has increased in this country. Why should you care? Those who are paid to watch over the state's health are beginning to, for one.

The Massachusetts Department of Public Health just proposed a $250,000 study to see what may be causing the increasingly high incidence of asthma in the Merrimack Valley. This is an area that is an unwilling host to three highly polluting waste incinerators already. Two of these incinerators are electric co-generation plants, whose promise of self-sufficiency, so highly touted by the state Legislature at the time of their construction, have fallen woefully short in all areas but pollution.

On top of all this, one of the giant power plants being proposed is to be located right in the middle of this troubled area, in Dracut. The callousness with which people's lives are being threatened by insensitive sitings such as the one in Dracut is unacceptable. This should be the concern of all of us who live here in Massachusetts because the same thing is happening all over the state. We who live here have to breathe the air. Others can look the other way, but the air affected by these plants will still reach us, our loved ones and everyone in the communities we live in.

Massachusetts should be able to improve its economy by any legitimate means necessary, but not at the cost of the health of its citizens. If someone chokes you with his hands, he could, and should, go to jail. If the power plants choke us with their smoke, the owners turn away and say, "The DEP says it's OK." Is this right? Furthermore, is pollution for profit justifiable?

Perhaps, when we didn't know what pollution did, it was. Now, however, at the end of the 20th century, no one can pretend that they don't know what at least some of the effects of this pollution are.

Building these new power plants without having a plan to eliminate the older plants is selfish, irresponsible and wrong. It will scar the landscape and leave a legacy of blight from which this beautiful corner of New England will not soon recover. One need not look far in Massachusetts to see the ruins of former industries that once proudly built money-making monstrosities that now remain as idle eyesores in the communities they abandoned.

Moreover, the money received will never be able to replace the beauty that is destroyed by these developments.

The land is given in trust to us by past generations. We are able to pass this trust on intact only if we have respect for it. This is not respect. This is depredation in the name of money. Is this the legacy which we wish to pass on to helpless generations yet unborn? I hope not.

Donald McCandless
20 Ravens Bluff

Residents want strict limits on power plant

Editor, *Townsman*:

The following letter was sent to the Dracut Board of Selectmen:

We appreciated the opportunity to participate in the Dracut hearings over the past few weeks regarding the Nickel Hill project, and like us, you're probably breathing a sigh of relief that they're completed.

We're writing to summarize the conditions we believe should be mandated if you decide to grant the special permit allowing Nickel Hill to construct a 750-megawatt natural-gas power plant in Dracut.

We continue to strongly oppose this project on several grounds, including Nickel Hill's lack of credibility and concern with nothing but their own pocketbooks, which was made even more evident throughout the Dracut hearings. However, if you decide to grant this permit, we ask that you protect the health, safety, and property values of the residents in Dracut and the surrounding communities by including these stipulations:

1. Require Nickel Hill to guarantee they will never use oil as a backup or primary fuel now or in the future. Make them live up to their original promise. The Merrimack Valley is already suffering disproportionate shares of respiratory and other disease rates.

2. Require Nickel Hill to use the latest pollution-control technology — SCONOX. Not only will this eliminate the need for ammonia and the associated hazards, but it will reduce the pollution substantially. We have pages and pages of documentation on this technology, which we'd be happy to share with you. Alternatively, you may want to talk directly to SCONOX representatives.

3. Require Nickel Hill to use the most advanced noise abatement program possible. There are at least 1,800 homes within a one-mile radius of this plant that are likely to suffer adverse noise impacts under the plant's current specifications, according to Dracut's own environmental consulting firm. And, like most of Nickel Hill's calculations, this projection is based on modeling. Therefore, the actual results could be even more severe. The additional money it would cost is a small price to pay.

4. Require Nickel Hill to use air cooling rather than water cooling. Air cooling is more environmentally friendly. It will eliminate multiple concerns, including potential weather conditions being created by the water vapor, potential for mercury and other metals to be deposited via the vapor, icy road, damage to ecology of the river.

5. Require Nickel Hill to establish independent monitoring systems with respect to number of yearly starts and stops, airborne pollutants generated by the plant, and noise. If any of the standards for these conditions are violated, require Nickel Hill to shut down until they are put in compliance.

6. Require Nickel Hill to establish a $25-million bond by cash or written guarantee that all promises made to the town, and air and noise pollution standards will be complied with. The bond will fund the cost of any efforts required to bring the plant into compliance.

7. Require Nickel Hill to negotiate an agreement with Brox to maintain the visual buffers surrounding the proposed site.

8. Require Nickel Hill establish a property buyout program for residents in the one-mile radius of this plant who end up losing money due to lower property values. This plant should not be built on the backs of the local residents — whether in Dracut, Andover or Methuen. We're already seeing impacts of this plant in our neighborhoods.

For all of us, our homes are our greatest assets, something we've worked for all our lives. There are numerous precedents for buyouts in Massachusetts and across the country, contrary to what Nickel Hill wants us to believe.

Thank you for your consideration. We urge you to keep the citizens foremost in your minds as you progress through this process.

Please call us if you'd like any information or data to support the conditions we've requested.

Laura and Tom Jordan
21 Inwood Lane

Selectmen gather commitments for conservation land

By Neil Fater

Selectman Lori Becker says selectmen plan to be less conservative about improving the conservation land in town.

Becker says selectmen intend to collect on about 25 commitments from developers who have promised to donate land to the town as part of a cluster-development agreement.

Selectmen accepted five parcels late last month, at no cost to the town, including:

• about eight acres near Hyatt Crossing, off Beacon Street and Noel Road;

• 6.6 acres near Belmont Park, off Tewksbury Street and Garfield Lane West;

• about 11.5 acres near Devonshire Place, off Beacon Street, Devonshire Place and Lenox Circle;

• about 3.3 acres called Preston Circle Open Space, off Lowell Street and Preston Circle; and

• about one-fifth of an acre, near Warwick Estates, off Stafford Lane and Warwick Circle.

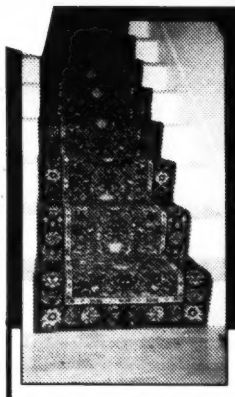
In related news, conservation agent Jim Greer says the town has started a pilot program to mark the entrances to conservation land. A small, approximately four-inch sign will be set on the end of wooden posts at entrances to about eight parcels of conservation land.

"These are picked somewhat at random. But they all have narrow entrance ways," says Greer. "The overwhelming demand for people of Andover, and people not from Andover, to go on these sites has really been self evident."

Greer says the town wants to both prevent hikers from trespassing on neighboring private property, and encourage greater use of public land, which some homeowners treat as part of their own property.

"Someone said to me recently I would like to walk the trails in town and I don't know where they are," says Becker. "It's kind of like we have all these great things and we hide them."

Large maps outlining Andover's 17,000 acres of conservation land are available from the Community Development and Planning department, on the bottom floor of Town Offices.



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Reminders ...

(Continued from page 8)

million or two before age 25, they were wooed only by a concept called freedom.

It is good to be reminded, at a time when we all want to be patted on the back and get our picture in the paper for giving a few bucks or working for a few hours for a local charity, what they gave. At the least, it was years of their lives and memories of unspeakable horrors. For many of them, it was life itself.

It is good to be reminded, at a time when we insist that every personal failing of our own is somebody else's fault, that this was a generation that did far more than talk a good game of discipline and personal responsibility — they lived it.

Since U.S. Senator Ted Kennedy didn't make it to Monday's breakfast, it was left to others — far less famous but far more directly involved in the meaning of Veterans Day — to share a few of those reminders.

As one of them suggested during a video presentation, the only adequate words for the war veterans is "Thank you."

That's true. But it's important to be reminded that our thanks should go beyond words. The generation that is now passing is leaving us with freedom, vast wealth, almost limitless possibilities.

Those are precious, fragile things. So the best way to demonstrate thankfulness is to vow to preserve and protect those things, even if it requires the same level of sacrifice.

***

Talk back to Taylor Armerding at tarmerding@andovertownsman.com

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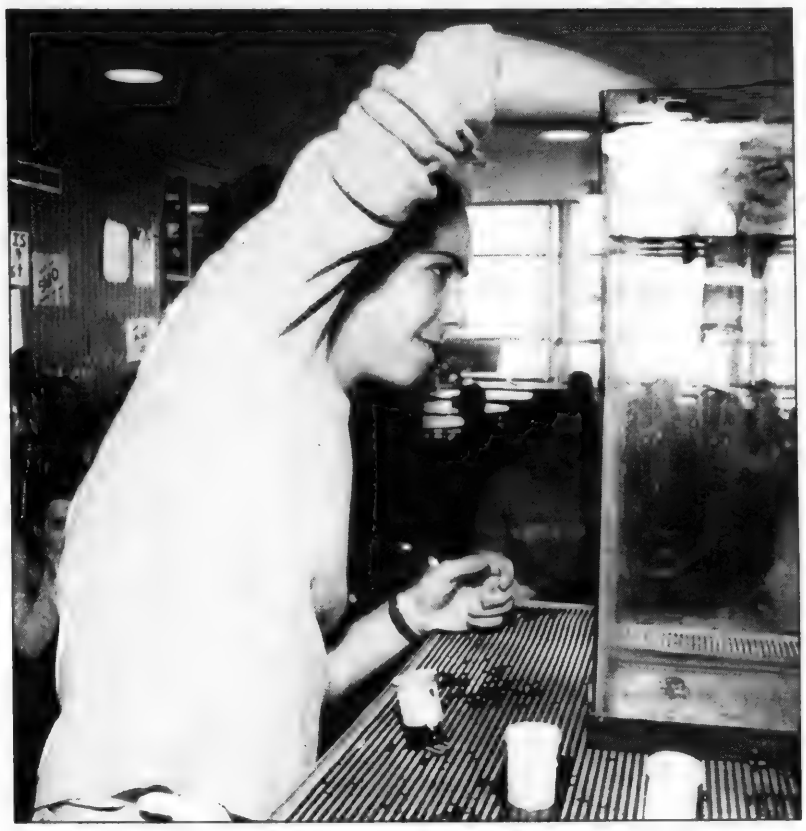
Education



Photos by Carol Van Doren

Think tanks — Lindsay Timko, left, built the most successful submarine in Todd Fawcett's eighth-grade science class. Her submarine rose and fell 22 times by changing it's density with the help of Alka Seltzer tablets. At right, the class awaits rising of a submarine as it lifts off the bottom of the tank.

West Middle gets that sinking feeling

To succeed at their latest science assignment at West Middle School, Todd Fawcett's students didn't just have to rise to the top, they had to sink and rise to the top again.

Fawcett's eighth-grade science class on density celebrated "Submarine Day" last week, complete with submarine sandwiches and a visit from a member of the U.S. Navy.

Student Lindsey Timko built the most successful submarine, which rose to the top of its tank and sank 22 times.

"It won by a lot," says Fawcett, who reports runners up were Dave Sheldon and Michael Viscosi.

The object of the assignment was to build a submarine that will change density in a tank of water enough to allow it to rise and sink repeatedly. Since Timko's submarine floated top to bottom the most times, she won movie tickets, her teacher says.

To make her submarine rise, she used Alka Seltzer tablets taped to the top that pushed water out the bottom, making it rise. When it hit the top, it flipped over, he says.

Student Todd Nordblum produced the most original design, Fawcett says, by freezing differently sized weights in ice which changed the density of the submarine when the ice began to melt.

The project was preceded by five lab sessions devoted to density, buoyancy and water, Fawcett says.

The third annual submarine day this year also included a viewing of The Hunt for Red October, a movie that includes a particularly accurate representation of a submarine, Fawcett says.

— Rebecca Lipchitz

Selectman says don't make school look like a school

By Rebecca Lipchitz

Selectman Larry Larsen had one bit of advice Monday night for members of the School Building Committee who presented preliminary plans for two new schools.

"If there's anything you can do to make it not look like a school building, do it," Larsen says.

He cites many "awful" school building in the area and pines for a more creative design.

He cited the CGS school in Methuen, which he says looks like a castle, and the new Sergeant School on Abbot Street in North Andover for the way it "blends in" to its site.

"Let the sky be the limit, even if it's going to cost us more money," Larsen said.

School Building Committee Chairman Mark Johnson said one specialty of architects Symmes, Maini & McKee, hired to design the two new schools, is a creative use of natural light.

One measure that reduced costs is combining some facilities in the school, Johnson said.

By designing the schools with a shared kitchen, faculty dining room, maintenance and loading areas, the project would cost $1.2 million less than if two completely separate buildings were built, Johnson said.

Johnson told selectmen Monday that the committee is preparing to make decisions about the materials used to build the school.

Architects brought samples of bricks to recent School Building Committee meetings for members to hold and examine.

"Choosing the materials is important, both from a cost and a maintenance standpoint," Johnson said.

Since the school site at Cross Street and High Plain Road is sloped, the middle school will be built on three floors and the elementary school on two floors, but the roofs will be the same height, Johnson said.

Part of the discussion at Wednesday's scheduled meeting will be roof design, Johnson says.

The School Building Committee, which has met more than 30 times since its inception, is scheduled to meet Wednesday night, and later with South School PRO members, and Doherty School PRO members.

The building committee will also be presenting plans to the Planning Board and Conservation Commission by the end of November.

The committee has held four "community meetings" to present information to the public and met with most PTOs in town and members of the Andover Senior Center.

LUNCH MENUS: Page 13 • SCHOOLTALK: Page 14

Special needs screening

The Andover Public Schools will conduct an Early Childhood screening to assist parents in identifying children who may have special needs. Parents who are concerned that their 3- or 4-year-old children may have delays in development, such as in speech and language, fine and gross motor, or behavioral or social skills are encouraged to call Virginia Champagne at the Shawsheen School (623-8858) to request a screening appointment for one of the following dates: November 19, 1999; January 21, 2000 or March 10, 2000.

Governor to visit South School

Gov. Paul Cellucci

Gov. Paul A. Cellucci is scheduled to visit South School on Friday. at 10 a.m.

Principal Eileen Woods says the Governor plans to speak to children about the importance of learning and working hard and respecting one another.

"It's going to be very child-centered," the Principal says.

Photos by Carol Van Doren

Who are you today? — Students celebrated Biography Day at Doherty Middle School last week. Above, Tim Smith (left) portrays Teddy Roosevelt with Seth Davidovits as Alexander the Great. At right, Alisa Torrisi is John Lennon. Not only are students required to dress the part, but also to prepare a report and give a presentaion about their character. Students also portrayed Dr. Elizabeth Blackwell, author Roald Dahl, Laura Ingalls Wilder, Sonny and Cher, Princess Diana, dancer Martha Graham, astronaut Krista McCauliffe.

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SCHOOL LUNCH MENUS

Here's what's for lunch at Andover public schools the week of Nov. 15-19:

Elementary schools

Monday: Rotini and meatballs, baked chicken nuggets, pizza, vegetable, fruit, milk.

Tuesday: Two taco Tuesday, french toast and sausage, pizza, vegetable, fruit, milk.

Wednesday: Fish and chips, chicken McSchool, pizza, vegetable, fruit, apple crisp, milk.

Thursday: Chicken parmesan with green beans, hot dog on a roll, pizza, vegetable, fruit, milk.

Friday: Pizza stick with soft pretzel, baked chicken nuggets, ham and cheese sandwich with chips, vegetable, fruit, milk.

Doherty Middle School

Monday: Barbecue chicken, chicken nuggets, stuffed crust pizza, vegetable, fruit, milk.

Tuesday: Two taco Tuesday, cheeseburger with fries, chicken McSchool, vegetable, fruit, milk.

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Thursday: Breakfast for lunch, two hot dogs with fries, nachos with taco meat, vegetable, fruit, milk.

Friday: Beef-and-cheese sub, chicken nuggets and puffs, stuffed crust pizza, vegetable, fruit, milk.

Secondary schools

Monday: Salisbury steak with mashed potatoes, pasta, stuffed crust pizza, vegetable, fruit, milk.

Tuesday: Egg McMuffin with ham, pasta, bagel pizza, vegetable, fruit, milk.

Wednesday: Two tacos with cheese, pasta with marinara sauce, stuffed crust pizza, vegetable, fruit, milk.

Thursday: Chicken, broccoli and ziti, pasta, bagel pizza, vegetable, fruit, milk.

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Menus subject to change.

6th annual Community Read-Along takes place next week

"Plant a Seed ...Read" is the theme of the sixth annual Community Read-Along, which will take place next week, beginning Monday, Nov. 15, in the Andover public elementary schools, the Pike School, St. Augustine School, and Andover School of Montessori.

The Read-Along is sponsored jointly by the League of Women Voters of Andover/North Andover and the Andover Townwide PTO. The event celebrates American Education Week and Children's Book Week, and is an opportunity to strengthen ties between the schools and the community.

In excess of 140 readers from many walks of life have volunteered to go into the classrooms to read stories or poems and to discuss with children the importance of reading.

Many readers will also talk about their work, hobbies, and the role books have played in their lives. The readers include government officials, educators, business leaders, representatives of non-profit organizations, and other citizens who wish to share their experiences with children.

"The enthusiastic response to this event shown by the readers and the schools is very gratifying. Our readers graciously take time out of their busy schedules to make the Read-Along a continuing success. In turn, the readers are met with tremendous appreciation on the part of the students, teachers, and administrators," said organizers.

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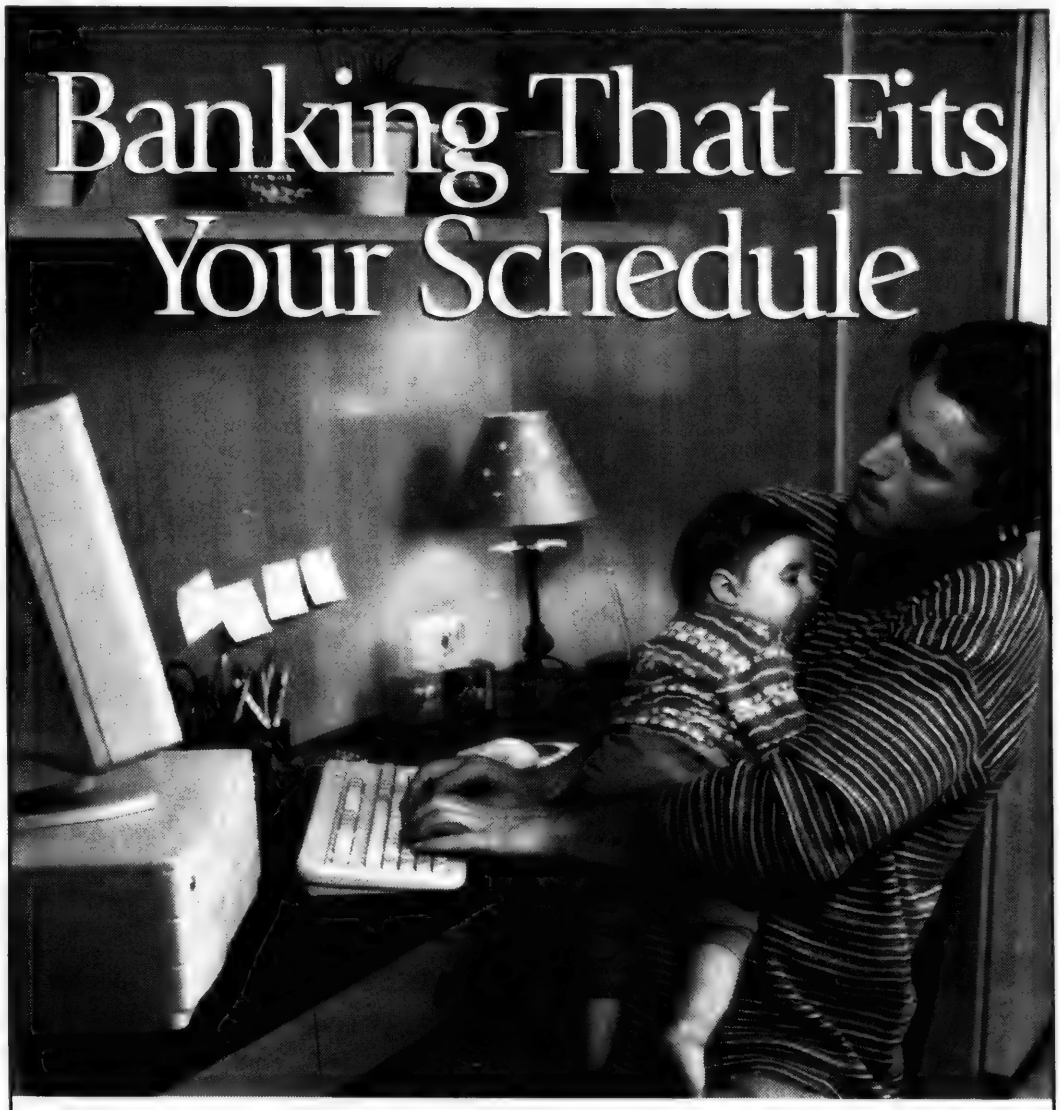

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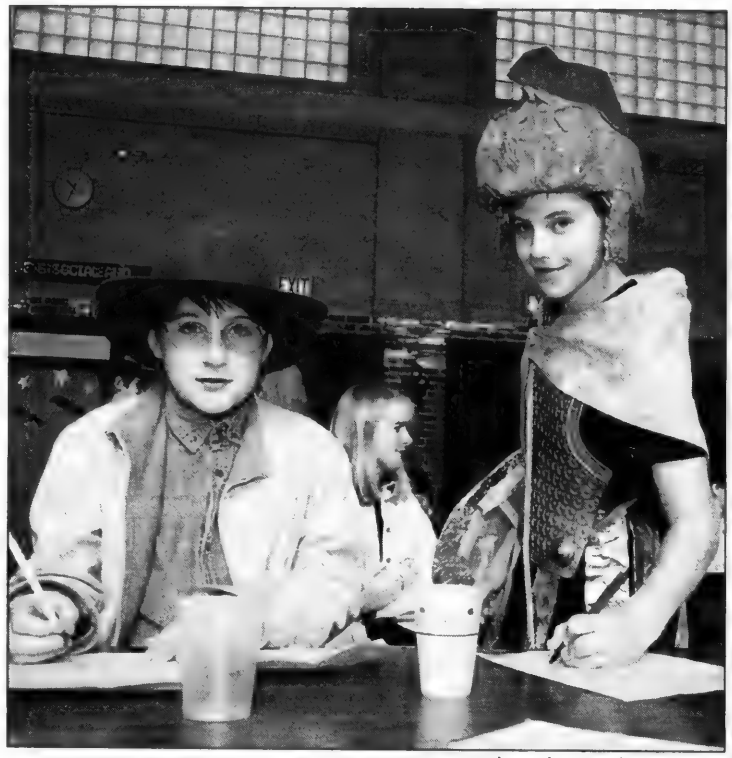

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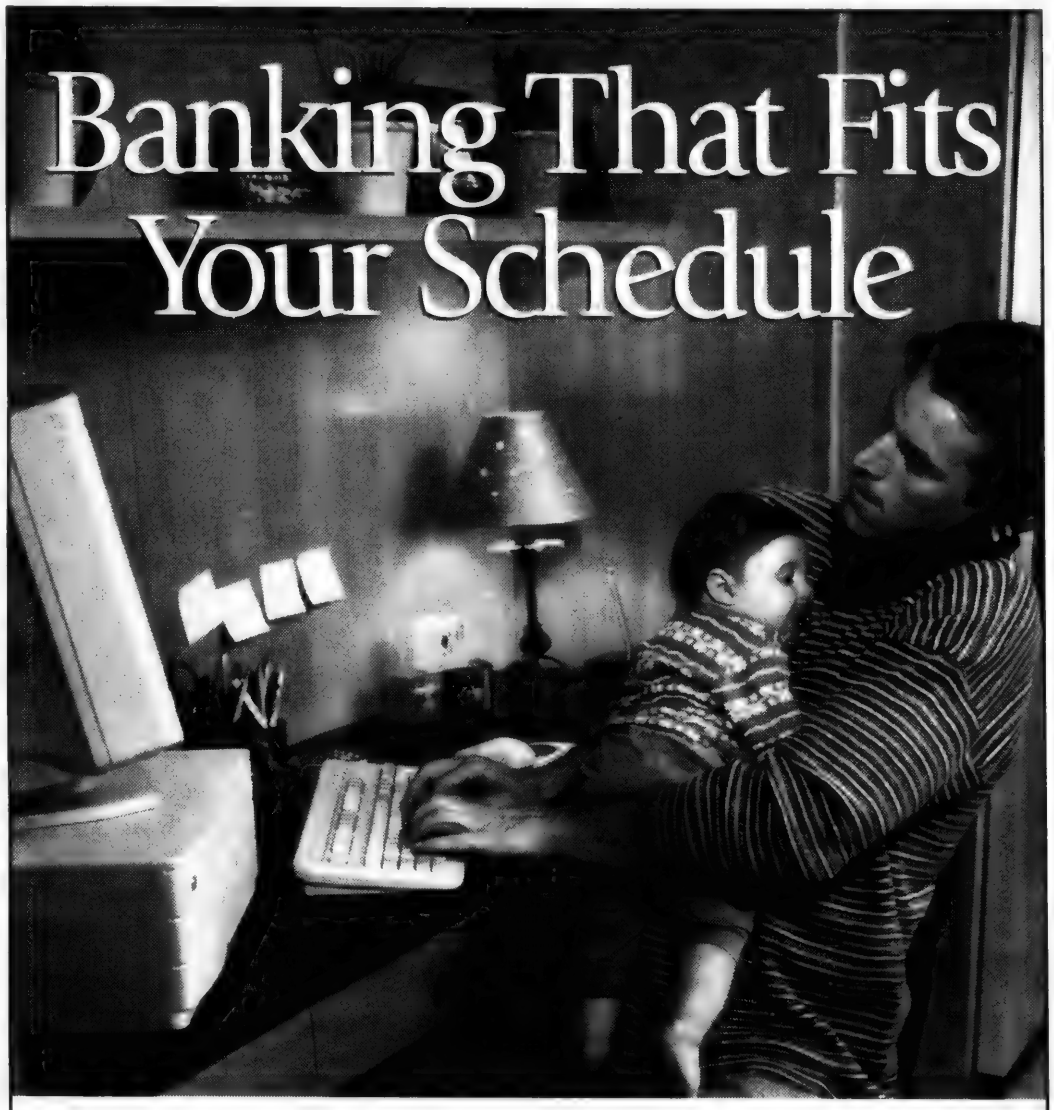

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SCHOOLTALK

The Bancroft School Improvement Council will meet Friday, Nov. 12, at 3 p.m. in **Bancroft School**. The primary focus of the meeting will be to discuss the council's presentation to the School Committee. For more information, call **Sharon Mason** at 474-4289.

* * *

Andover 766 PAC will hold its next meeting Wednesday, Nov. 17, at 7 p.m. on the third floor of the **School Administration Building**, behind **Town Offices**.

A representative from the **Federation for Children with Special Needs** will provide a workshop on the IEP (Individual Education Plan) process. The focus will be on standard-based education for all students.

* * *

Would you like to be involved in the production of a TV show?

MediaOne's Andover Public Access Channel will hold a television studio production workshop Wednesday, Nov. 17, and Thursday, Nov. 18, at the MediaOne studio at **Andover High School**. For more information, call **David Pierre** at 475-9723.

* * *

The Hat Trick Club of Andover will sponsor a Meet the Coaches Night on Monday, Nov. 22, at 7 p.m. The **Andover High** hockey coaches will discuss the upcoming season, and parents will have the opportunity to meet and talk to the team's coaches and captains.

The meeting will be held in the **Memorial Hall Room**, on the top floor of **Memorial Hall Library**.

Light refreshments will be served.

For more information, call **Steve or Mary Beth Dunn** at 794-2537.

* * *

Lauren Dalis and **"Tillie"** qualified for and participated in the **Massachusetts Horsemen's Council's** "Days of Champions" on Oct. 9, at **Mount Holyoke College** in South Hadley and the New England Equitation Championships on Oct. 22-24 at the Eastern States Exposition in West Springfield, as a member of the North Shore Horsemen's Association.

Dalis and Til' Tuesday, having participated in all five NSHA's horse shows for the 1999 season, are the 1999 year-end high point champions for the Hunter Pleasure Class, fourth in the Limit Equitation Division and third in the Open Equitation for 15- to 17-year-olds. In the hunter pleasure division, the rider to horse judging is 25 percent on the rider, 75 percent on the horse. In the Equitation divisions, judging is 80 percent on the rider and 20 percent on the horse, and there are two classes in each division: one in which the horse is ridden entirely "on the flat" and one in which the horse is ridden over at least 10 fences of varying heights and widths (up to 3'3" and 3' wide).

◀ Lauren Dalis riding Til' Tuesday. Dalis is a senior at Andover High School.

Members of Andover's Pack 100 enjoyed a fall hike at Charles W. Ward Reservation on Sunday, Oct. 24.

Dalis began riding nearly nine years ago at **Ironstone Farm**. She has had several trainers and has been at several barns over the years, but has been training with **Kathy Borylo** at **Spring Tide Farm/ Twisdenwood Farms** in Georgetown for the past five years.

* * *

Brooks School Theater will present *Lost in Yonkers tomorrow,* Thursday, Nov. 11 through Sunday, Nov. 14, at 7:30 p.m. in the **Black Box Theater** at Brooks.

The Tony Award and Pulitzer Prize-winning comedy written by **Neil Simon** is set in the 1940s during World War II. Two motherless boys go to live with their grandmother in Yonkers while their father works on the road as a salesman. The grandmother is a very austere woman who dominates her children. The story gains momentum when other family members enter the household, including Uncle Louie, a small-time gangster; Gert, who has a respiratory ailment that prevents her from finishing sentences; and Aunt Bella, a woman with the mentality of a child.

Admission to the presentation is free, but seating is limit-

(Continued on page 16)

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Photos by Carol Van Doren

BONJOUR! **— Andover High students visited students at Bancroft School last week, while Bancroft was celebrating French week. Above left, Andover High student John Ristuccia is labeled with French terms in Gayle Pinkowski's fifth-grade class. Looking on is Lina Lucaci-Vashee. In the middle photo, Andover High student Hiro Toyoda serves croissants to the class. Above right, the fifth-graders know what to do with them. In the front, from left are Becky Robichaud, Molly Ozimek-Maier and Brittany Weeks; behind them are Jon Christensen, Rob Abisi, Matt Reidy and Jessica Lightbown.**

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SCHOOL TALK

(Continued from page 14)

ed. Call **Michael L. Walczak**, head of the Brooks theater department, at 686-6101, Ext. 3340 for more information.

* * *

Shawsheen Elementary held its annual Harvest Picnic on Saturday, Oct. 23. The students' families participated in candy hunts, pie-eating contests, relay races and a pizza party.

It seemed everyone enjoyed the sunny but breezy afternoon, organizers said.

* * *

Several **Sanborn School** families spent the afternoon of Oct. 17 on the latest school building project, the Bachner Outdoor Classroom situated in the woods behind Sanborn. The memorial classroom, named after former kindergarten teacher **Candy Bachner**, is intended to encourage students to incorporate the natural world into their learning experiences. **Cub Scout Den 6 Pack 100** and their families provided much of the labor, while **Brownie Troop 643** donated funds toward the project. The work team built a rustic entrance archway, "walled off" the room with logs and brush, and built three log benches with oak logs donated by **Ferris Tree Service**. Sanborn is beginning to build a library of field guides and other resources to support the use of the classroom for nature discovery.

Organizers of Shawsheen Elementary's annual Harvest Picnic, held Saturday, Oct. 23, were (from left) Social Committtee members Cindy Garcia, Linda Benjamin, Linda Manning and Martha Hyslip. The students' families participated in candy hunts (second-graders are shown above right, at the start of their race); pie-eating contests; relay races; and a pizza party.

▲ Sanborn families line up for a photo after completing their building project. Members of the Bird, Buck, Elowe, Ferguson/Olander, McGovern, Mintz, O'Connell, Pechacek, Reczek and Skinner families participated.

Ryan Ferguson and Derek Bird swing axes and hatchets as they chip away at one of the classroom benches. ▼

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News

Ballardvale United reaches out to gays/lesbians

By Taylor Armerding

While the debate over whether the Bible condemns homosexuality continues to rage in churches across the country, it is over as far as Dr. David A. Yegerlehner is concerned.

It's essentially over as far as the congregation of the Ballardvale United Church is concerned as well. It was 1994 when the church voted to become a so-called "reconciling congregation," or one that welcomes gays and lesbians without urging them to seek to change their sexual preference.

And that was the theme of a weekend celebration held last month at Ballardvale United for about 15 reconciling congregations of the New England Conference of the United Methodist Church, where Yegerlehner was the keynote speaker.

Willard Robinson, of Summer Street, a Ballardvale United Church member who chairs the Committee on Reconciling Ministries for the New England Conference, says this is the second such conference.

"We had the first one to draw together the congregations that had made this decision," he says, "and this one was a chance to do that again, but also a place for those from other congregations who are considering studying the issue.

Yegerlehner, who has a doctorate in biblical studies from Boston University and was a United Methodist minister for 10 years, spoke on the topic, "Is the Bible really anti-gay?"

For Yegerlehner, a gay man, the answer is an emphatic "no." And he says he hopes society in general will come to that conclusion as well.

"Homosexuality as an illness is fading as a model," he says from his home in New York City. "Homosexuality as unnatural is also fading as a model. But the model that is going to fade the slowest is the sin model."

Yegerlehner, who summarized his lectures at Ballardvale United, says he takes a strategic approach to discussing the issue with those who are willing to listen. "I never begin by saying the Bible is wrong," he says. "Instead, I take the offensive. I ask them to show me the text (that declares homosexuality a sin), and then let's read it together.

"I also ask for a couple ground rules — to observe the rules of fair play, because every case where a Bible verse is used to call homosexuality a sin violates fair play; and to not be bound by English translations, which are notoriously off-base."

Yegerlehner says the Old Testament story about Sodom and Gomorrah does not condemn homosexuality, but rape.

"And it's the heteros who come off looking worse," he says, noting that Lot offered his daughters to the crowd outside his door.

In what he calls the "granddaddy" texts in Leviticus, which condemn homosexual practice on pain of death, Yegerlehner says he asks those who point to that text "to convince me that they consider Leviticus binding," since it is also filled with strict dietary laws, rules about animal sacrifice and other things that are no longer observed by Christians.

In the New Testament, Yegerlehner says he's willing to agree that St. Paul "disapproved of homoerotic acts." But he contends that Paul also disapproved of heterosexual marriage.

"I have a whole two pages of verses, where he (Paul) says things like 'It is better for a man not to touch a woman,' and if you're married, to act like you're not married.

"He's down on marriage and family," he says, adding that one of the reasons Paul allows for getting married is that it is better to do that than to "burn with lust."

"If a couple comes in for pre-marital counseling and says 'Father, we're horny,' do you think the church is going to look on that as a good reason to marry?" he asks.

Yegerlehner says he is convinced that Paul was speaking to the Roman culture of the time, not to every generation to follow. But beyond that, he says Paul was inconsistent. "He's contradictory," he says. "There are more than 200 different interpretations of what he wrote."

Does that then mean that it's not worth paying attention to anything in the Bible, since it's so open to interpretation?

Yegerlehner says he believes people should pay attention to the "major themes" of justice and compassion, rather than take certain teaching literally.

"If your pastor got up and recommended that we move back to slavery, what do you think people would say?" he asks.

And finally, he says the Bible's teaching on marriage is "the last thing anti-gay forces should use, since they have so obviously ignored the teaching on divorce."

Even the argument that children need a mother and father is flawed, he says. "Look at all the dysfunctional heterosexual families there are," he says. "The issue is not so much the gender of the parents as it is love."

Yegerlehner says most gays are not seeking special rights, but they don't want their spirituality denied, and they want equal treatment.

"What's the biggest gay and lesbian organization in the country? A church," he says, pointing to the Metropolitan Community Church.

He says he "came out" after going through a divorce and concluding he didn't want "a life where I have to lie."

"That's the strangest thing of all," he says. "The church will tolerate gay clergy as long as they keep quiet about it. Essentially they're saying 'Please lie to us.' It's the same as 'Don't ask, don't tell.'"

Yegerlehner says he and his husband, David Panpandozzi, have two grown children, and are featured in a book just published by Pilgrim Press called *When love lasts forever: Male couples celebrate commitment.*

***

Ballardvale United, which is affiliated with both the United Methodist Conference and the United Church of Christ, made the decision to welcome gays and lesbians on its own.

"The Methodist Church has been very conflicted over the issue," Robinson says, "but this (vote) is not something we've been directed to do or not to do."

He says, however, that the Methodist General Conference, the only body that speaks for the entire church, has voted to declare that homosexuality is "inconsistent with biblical teaching," and also passed legislation forbidding the ordination of practicing homosexuals, and from performing marriage or "holy union" ceremonies.

Therefore, the "reconciling" movement is not officially sanctioned by the Methodist General Conference. In fact, congregations are actually instructed not to use the term "reconciling," but to call themselves "welcoming" congregations instead.

"It remains a very hot issue," Robinson says.

Some Methodist congregations are part of a movement called "transforming" congregations. This means that gays and lesbians are welcome, but are urged to forsake homosexuality.

Robinson says after the 1994 vote, "a couple of families left." But since then, he says there has been general acceptance of the stance.

The current minister, Rev. Judith Kohatsu, was not here at the time of the 1994 vote, "but she supports it," Robinson says.

Is The Bible Really Anti-Gay?

The Bible has long been used to justify exclusion and persecution of gay men and lesbians. Learn why this message is actually a betrayal of Scripture.

- **Part One: Tuesday, November 17th**, 8:00 - 9:30 p.m. offers an in-depth look at the famous "sodomy" and "abomination" texts in Genesis and Leviticus.
- **Part Two: Tuesday, December 1st**, 8:00 - 9:30 p.m. focuses on the New Testament, especially the texts from St. Paul.

The Lesbian & Gay Community Center
One Little West 12th Street
NW Corner of Hudson Street, one block south of 13th Street

Spreading the word — David Yegerlehner, a former Methodist minister with a doctorate in biblical studies, says those who think the Bible condemns homosexuality are guilty of misinterpretation.

Selectmen approve AT&T takeover of MediaOne

Andover Selectmen voted unanimously Monday night to accept the name change of cable provider MediaOne to AT&T.

AT&T bought MediaOne, and will provide cable and Internet service as of January.

Andover Cable Advisory Chairman Jack Dempsey says the change, like all the changes before it, won't have much affect on cable viewing in Andover.

Cable providers to Andover have changed five times since 1986 says Bob Carr, head of government relations for MediaOne.

Andover's cable service has been provided by Rollins, Heritage, TCI, Continental, USWest and MediaOne before it will become AT&T Broadband Services.

Carr says senior citizens discounts offered by MediaOne will be available, if not increased, when AT&T takes over. Discounts may be available to a broader range of people, he says.

Selectmen added to their motion that by approving the name change they are not waiving the right to regulate the rates at which Internet connection providers are charged to use AT&T's cable to provide Internet, should that option become available.

Many towns are debating a so-called "open access" requirement, a law that would allow any Internet service provider, such as America Online, to use the fast, broadband cable facilities of a company like AT&T rather than a slower phone line, without having to pay for it.

Carr says he believes that if selectmen are to debate about whether or not to regulate broadband Internet service fees they should do it independently of the license renewal.

— Rebecca Lipchitz

Yerozolimsky ...

(Continued from page 1)

not provided. Along his two-week journey, he met many Russians who were willing to help soldiers get where they were going.

Then — The soldier in 1942.

"There was a high level of humanity and kindness. People were unified in purpose," he says, but adds that such sentiments did not prevent war.

"Germans were the enemy. It was really so. I don't idealize this time," he says.

After three years of studying physics at Moscow University, Yerozolimsky was sent to Jukovsky Academy, a scientific military school, to be trained in radar systems.

Drafted on June 20, 1941, Yerozolimsky was one of the first engineering graduates of the military academy. He spent three months at the fourth Ukrainian front in charge of the radar systems on 30 planes called Air Cobras — heavy American fighter planes designed to fire cannons at German bombers.

The altimeter on Air Cobras worked by radar, and was precise within 10 centimeters, Yerozolimsky says, noting that such accuracy was not possible before radar was invented.

A bit like the Maytag repairman, Yerozolimsky never had a chance to repair any radar systems on those planes since none of them needed work during his duty there.

But stationed at another base later in the war, Yerozolimsky worked on a B-29 bomber that had landed in Russia on its way to Japan.

"It was a miraculous combination of various techniques," he says of the B-29.

The Russian army had orders from Stalin to duplicate the bomber, which meant Russian manufacturers would have to begin producing things for the first time, such as vacuum tubes, resistors and capacitors. And they did it, Yerozolimsky says, with not one page from a manual or a word of instruction.

Stalin was smart to make such demands of the country, since the push led to expansion of the electronics field.

"It was so effective, it was a way to make a mighty jump for industry," says Yerozolimsky.

After the war he returned to Moscow University and graduated from in 1947 with a degree in nuclear physics.

He studied with Kurchatov, a famed nuclear scientist described as the Russian Oppenheimer, and went on to become a professor of nuclear physics.

After arriving in America in 1991, Yerozolimsky taught briefly at the University of Rhode Island, but most of his scientific work has been done on a volunteer basis in connection with Harvard University and the National Institute of Standards in Technology.

Veterans Day observances

Hilary Maguire, outreach program coordinator at the Veterans Northeast Outreach Center in Haverhill, will be the keynote speaker at Andover's Veterans Day ceremonies Thursday, Nov. 11.

She served in the U.S. Army from 1991 to 1993, and was honorably discharged as a non-commissioned officer.

Maguire attended the Army's Airborne School at Fort Benning, Ga., and holds the distinction of being only the second woman to become the enlisted honor graduate of her paratrooper class. She then served with the 782nd Maintenance Battalion, part of the 82nd Airborne Division.

Her job is to run programs designed to service veterans throughout the lower Merrimack Valley. Prior to that, she was a counselor at Harbor Schools and Family Service in Newbury. She has a master of education in counseling psychology from Cambridge College and has devoted most of the last seven years to working with fellow veterans.

Recently Maguire was sworn in as a member of the Governor's Advisory Committee on Women Veterans. She was nominated by Massachusetts Commissioner of Veterans Service Thomas Kelley, in recognition of her outstanding service to the state's veterans.

The schedule of Veterans Day ceremonies is as follows:

10 a.m. West Parish Cemetery

Tribute to veterans who have died during the last year; Benediction by Rev. Mark Welch, of West Parish; Reading of names of deceased veterans; Rifle salute: Honor Guard, American Legion Post #8.

11 a.m. Spring Grove Cemetery

GAR cannon firing: James Deyermond/Bruce Hale; National Anthem: Andover High School Band; Welcoming: John Doherty; Opening prayer: Rev. Linda Ricketts, Christ Church; Eulogy: Thomas P. Collins, American Legion Post #8; Hymn: Robert Johnston, Clan McPherson; Placing of wreaths: S/Sgt Joseph Bernard (U.S. Army Ret.) and Sgt. Joseph Horan (U.S. Army Ret.); Rifle salute: Honor Guard, American Legion Post #8; Taps: AHS band; Benediction: Rev. Ricketts

11:45 a.m. Ballardvale Green

Welcoming: John Doherty; National Anthem: AHS band; Opening prayer: Rev. Linda Ricketts; Hymn: Andover High School Chorus; Address: Hilary Maguire, program coordinator, Northeast Veterans Outreach, Haverhill, formerly paratrooper, 82nd Airborne Div.; Placing of wreaths: George Milne, VFW Post #2128, James Peters, DAV Chapter #18; Raising of POW/MIA flag: Ex-POWs Louis Heliotis and Joseph Horan, DAV Chapter #18; Hymn: Amazing Grace, Robert Johnston, Clan McPherson; Rifle salute: Honor Guard, American Legion Post #8; Taps: AHS band; Benediction: Rev. Ricketts.

Following the ceremonies, participants are invited to St. Matthew's Masonic Temple on High Street for a light lunch.

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Your Dental HEALTH

by Richard D. Hopgood, D.M.D., F.A.G.D.

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As unlikely as it may seem, recent research indicates that people with periodontitis (severe gum disease) are more likely to develop heart problems than those without gum disease. Periodontitis has also been linked with poor control of diabetes, a number of chronic respiratory conditions, the development of ulcers, and an increased risk of premature birth. Why? It seems that inflamed and infected gum and bone tissue provide bacteria residing in periodontal pockets with easy access to the bloodstream. From there, it is a simple matter of traveling to various locations in the body to carry out their destructive work. Keeping periodontal disease in check through regular checkups and treatment carries potential benefits that reach far beyond the mouth.

Keeping up with regular dental checkups will give your dentist the opportunity to keep an eye on any possible areas of developing gum disease. Of course, if you conscientiously follow your dentist's recommendations for at-home care, you'll probably have few potential periodontal problems to watch for. When was your last dental checkup? Now would be a good time to call for an appointment, especially if you would like to maximize your dental insurance benefits before the year ends. Call us at **475-2431** for an appointment at **296 Lowell Street, Rt 133** (with easy access off **Rt 93**).

P.S. According to a 1998 American Dental Association survey, more than 50% of the dentists polled said their patients underestimated the risk of periodontal disease.

Smokeout ...

(Continued from page 1)

Vandewalle says that while states claim they are winning settlements against tobacco companies, it is really the average smoker who will pay for the settlements in the form of higher prices.

"It's all taxes and unfair taxation just because some do-gooders want us to quit. What do they care? They don't pay for it," she says. "I don't ask other people to take care of their habits. I mind my own business. They're taking away our rights to give someone else their rights."

But if Vandewalle and others remain somewhat resentful of anti-smoking efforts, the Cancer Society is proud that adult smoking has declined from 35 to 24 percent since the Smokeout started in 1977. It believes it has helped the country become a healthier place to live.

Yet there is still plenty of reason for people to stop smoking, it says. One in five Americans still die every year from tobacco use, claims the Society, adding that 53,000 people die annually from second-hand smoke.

Children of parents who smoke suffer from increased ear infections and asthma, says Ginny MacDonald, a regional ACS communications executive. All of these are reasons for public outrage, she says.

But Vandewalle says she's heard such statistics before, and is unconvinced.

"I've raised two children, healthy as can be. If that were true, my sons would have been affected and they're not. I don't need any other proof," she says before laughing, "Plus, a lot of these people who are complaining would be dead."

"If people don't want to believe that, you can't make them believe it. But the data's very compelling," says Diane Pickles, Andover's Healthy Communities program director.

Pickles says that before a smoking ban was instituted in San Francisco, 74 percent of bartenders there reported having respiratory problems such as wheezing, shortness of breath or morning cough. After the ban was instituted, 23 percent of those who earlier had problems reported that they no longer did, she says.

"If second-hand smoke were merely an annoyance, boards of health would not be regulating it," she says. "Obviously, not everyone is going to get asthma or bronchitis, but studies consistently show that there's higher rates of those illnesses among those exposed to second-hand smoke."

Help available

While Vandewalle may argue the dangers of second-hand smoke, even she admits she's tried to quit in the past, because of the danger to herself — and because "they must have been after me at that time too."

"But I find it relaxes me," she says of smoking. "I gave up on trying to quit because I know I can't. It's too late for me to quit. If I'm going to die, I'm going to die of something. My day will come like anyone else's."

But the American Cancer Society says that stopping smoking has almost immediate benefits. After 24 hours of smoke-free living, a person's chance of a heart attack decreases, for instance.

A quick trip around the downtown during any brisk autumn afternoon reveals plenty of smokers on the steps of homes or under the awnings of businesses burning butts. Pickles indicates many want help in stopping.

"We're always seeing people looking to quit," says Pickles. "It's very hard to quit smoking. There's some people who will probably never quit. But I think there are other people who have tried many times to quit, and anything that serves as a reminder, or plants a seed with people is a good thing."

Healthy Communities will provide information on smoking cessation programs at both Town Offices and the school administration building on Nov. 18 for the Great American Smokeout. There will also be kits to help smokers keep their homes and cars smoke-free for others.

For more information call (978) 749-8999.

Town chooses new project manager

Town Manager Buzz Stapczynski announced Monday the hiring of Construction Project Manager Phillip Tuminelli.

Tuminelli replaces David Harding, who left in early October to be with his family in California.

The full-time temporary position calls for overseeing the senior center, school building and public safety center projects. Tuminelli will also serve as clerk-of-the-works during construction phases.

A search committee that included Stapczynski, Superintendent of Schools Dr. Claudia Bach, Inspector of Buildings Kaija Gilmore, Director of Elder Services Jeanne Madden, Police Chief Brian Pattullo, Schools Business Manager Bernie Tuttle, and Fire Chief Harold Wright chose Tuminelli from a pool of 10 finalists chosen from 39 applicants.

In a memo to the town manager, Director of Plant and Facilities Joe Piantedosi said Tuminelli is available to start November 29.

"Overall, Phil Tuminelli was the strongest candidate due to his excellent combination of progressive public construction project management experience with the state and the city of Boston along with his B.S. degree from Wentworth Institute in building construction technology," Piantedosi wrote.

— Rebecca Lipchitz

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EQUAL HOUSING OPPORTUNITY

Shkolnik ...

(Continued from page 1)

they recall the years of World War II as a time of great losses and victories, and a time of hard work.

Israil Shkolnik spoke through interpreter Alex Shkolnik, his grandson, who is a senior at Andover High School.

As a mechanical engineer in the Russian army, Shkolnik was rarely airborne, but saw bombings and destruction he says he will never forget.

He lost many friends in 1942, when the Germans bombed a dining hall in the airport where he was stationed.

Shkolnik worked as an engineer on bombers that often flew over Berlin after dark. Of the 72 planes in his division, 14 of them never returned, he says.

Russians were raised to believe in the strength of their army, Shkolnik says, and never questioned whether or not they would win the war. But more than a million of them died during the Siege of Leningrad, when Germans surrounded the city for 900 days until January of 1944. Residents died of disease and starvation, Russians say.

But once the Russians won their first battle after the siege ended, they truly believed they could win the war, he says.

Of all the devastation Shkolnik witnessed, one memory that is still painful today for himself and his family is the death of his wife's brother.

Ginda Shkolnik's brother and Israil Shkolnik attended Moscow University in 1939 at the start of World War II. Two months into his studies, Israil Shkolnik was drafted, and became a mechanical engineer working on bombers, stationed at several airports throughout the country.

Ginda's brother was drafted to fight in the Finnish War (also known as the Winter War), and died in battle as a member of the drum corps at the age of 18.

Shkolnik's own younger brother was drafted into the Russian army as a spy, He survived, and now lives in Israel.

Shkolnik says the help of his fellow soldiers and civilians sustained him through the war. He was once aboard a plane leaving an airport being attacked by Germans when the plane became stuck in the mud while trying to take off. Civilians in the village helped push the plane out of the mud. The airport was captured by the Germans two days later, Shkolnik says. If villagers hadn't freed the plane, Shkolnik says he probably would have been killed.

During one battle on the front, Russians were so close to enemy lines that Shkolnik's job was to shoot flares over the border to show Russian bombers where the boundary was to keep them from bombing their own territory.

Enemy lines were shifting as the Russians advanced and Germans retreated, but many soldiers at the front who helped push the lines forward were wounded, and carried back past those lines, Shkolnik says.

Many civilians, including Shkolnik's parents and sister, evacuated dangerous areas of the country. They were separated for a year and a half with no idea of each other's whereabouts before Shkolnik located them after the war through a former neighbor.

Not all civilians could get away from battle. Ginda Shkolnik recalls shoveling fire bombs off the roof of the factory where she worked near Siberia. Each day she spent six hours at a factory near Siberia producing ammunition, and six hours in class.

The Shkolniks, who recently celebrated becoming American citizens and gaining the right to vote, will also celebrate their 50th wedding anniversary this year.

They met after the war when both had returned to school, Israil to become an engineer, and Ginda to become a doctor.

Israil Shkolnik went on to become an engineer specializing in studies of energy, and Ginda Shkolnik practiced medicine in Russia for 40 years, she says. Despite being homesick, Ginda studies English at the Senior Center with a number of Russian-speaking friends from the Andover area.

Power ...

(Continued from page 1)

plumes.

"We continue to press the same issues and questions," Jordan says.

MVRE's Sheryl Poole of Andover says she saw few Dracut residents attending the hearings.

"I think a lot of people think this is a foregone conclusion, or they are fatigued by the process. It's difficult to maintain that level of energy. There's a lot of burnout," Poole says.

Poole and Jordan agree that Dracut selectmen were receptive to comments from MVRE.

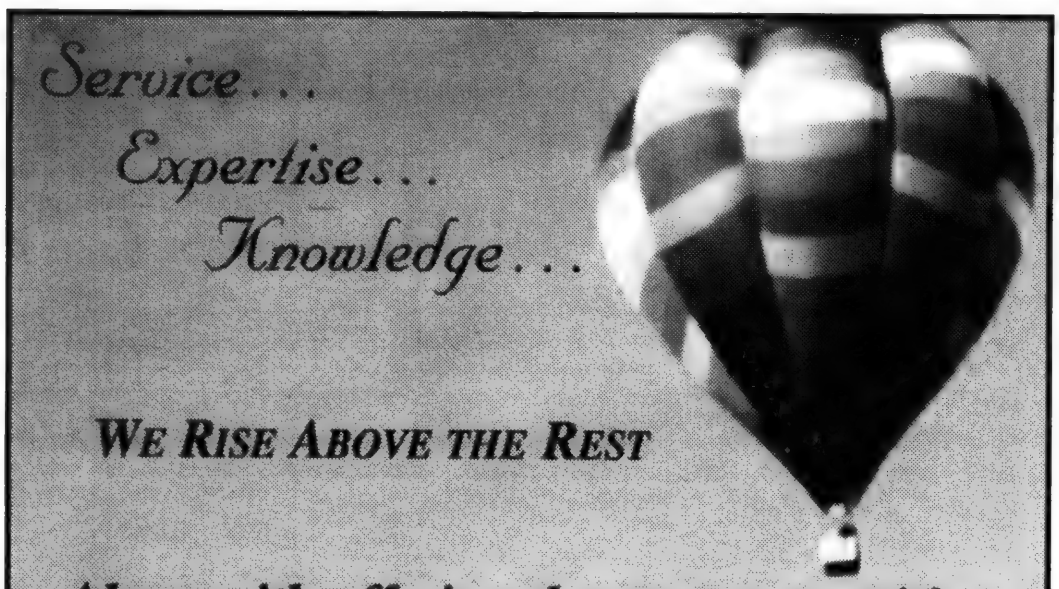
"We feel it's important for everyone in the community to be educated and participate," Poole says.

MVRE continues to testify as an intervenor at Energy Facilities Siting Board hearings with the state this month, Poole says.

The environmental group is planning a fund raiser in the near future, Jordan says. While many of the attorneys working with them are volunteering time, MVRE must pay expert witnesses and legal counsel with specialties in engineering and environmental issues to make their case.

"No matter how much research we do or time we spend working on understanding the issues or technology, our (testimony) doesn't have as much credibility without coming from someone with a degree in that field. We have to pay someone with a degree to argue what we already know," she says.

— Rebecca Lipchitz



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POLICE LOG

ARRESTS

Wednesday, Nov. 3 – At 11:35 a.m., Marcial Colon, 61, of 29 Fletcher St., Ayer, was arrested on River Road and charged on a warrant for failing to appear for driving with a suspended license.

At 8:26 p.m., Gina M. Arroyo, 41, of 76 Memorial Circle, Andover, was arrested at her home and charged on a warrant for threats.

Thursday, Nov. 4 – At 4:56 p.m., a 43-year-old Andover man was taken into protective custody on Elm Street, after a caller reported a man who appeared to be passed out on the grass.

At 8:18 p.m., Cynthia M. Brown, 42, of 34 Pasho St., Andover, was arrested and charged on a Woburn District Court warrant for larceny by check under $250.

Friday, Nov. 5 – At 2:33 a.m., Nelson Morell, 19, of 143 Union St., Lawrence, was arrested on River Road and charged with driving with a suspended license.

At 8:59 a.m., William G. Shea, 29, of 9 Shepley St., Andover, was arrested at home and charged on four default warrants for driving with a suspended license, using without authorization, larceny and trespassing.

At 3:38 p.m., Juan DeJesus, 31, of 383 Haverhill St., Lawrence, and John F. Murphy, 34, of 3500 Haverhill St., Lawrence, were both arrested and charged with shoplifting by concealing more than $100 in merchandise, after an employee at CVS reported the attempted shoplifting of more than $300 worth of goods. The two had dropped the merchandise on their way out of the store. Later, a manager advised that between $150 and $200 worth of goods were being concealed in a bag about 20 feet from the rear doorway, and when the two saw they were being watched, they fled.

At 11:05 p.m., two 17-year-old Andover males were taken into protective custody. They were later released to their parents after a sergeant requested backup for some kids drinking at Recreation Park.

Saturday, Nov. 6 – At 1:53 a.m., James Maher, 21, of 56 Wendy Road, Milford, Conn., was arrested by Merrimack College police, brought to the Andover station and charged with being a disorderly person and resisting arrest.

At 1:56 a.m., Hani T. Azzam, 62, of 15 Lucille Dr., Easton, Conn. was arrested on River Road and charged with driving under the influence of alcohol.

At 6:57 a.m., Lorenzo Calderon, 32, of 42 Dow St., Salem, was arrested on Federal Street and charged with driving with a revoked license and giving a false name or address to police.

At 9:34 p.m., Kimberly A. Cormier, 21, of 123 Pleasant St., Melrose, was arrested at the Grill 93 and charged on a Lowell District Court warrant for fines due from a motor vehicle violation.

Sunday, Nov. 7 – At 12:04 a.m., Ryan E. Dubasak, 18, of 686A Boston St., Lynn, was arrested at the Grill 93 and charged with using a false or stolen motor vehicle document.

At 7:25 p.m., Anne P. Halfpenny, 47, of 9 Whispering Pines Drive, Andover, was arrested at home and charged with assault and battery on a family member and giving a false name during booking, after there had been a report of screaming and glass breaking. A restraining order was served in hand to her the next evening.

Monday, Nov. 8 – At 5:42 p.m., Stephen J. Whicher, 48, of 198 Haverhill St., North Reading, was arrested on Jenkins Road and charged with driving under the influence of alcohol, driving negligently so as to endanger, driving with a suspended license and failing to stay in marked lanes.

INCIDENTS

Wednesday, Nov. 3 – At 12:38 a.m., an Andover caller requested police because a male was refusing to leave the home of a female. An officer reported the person left.

At 9:47 a.m., after an incident at Brooks Pharmacy in Shawsheen Plaza, police reported that trespassing papers would be drafted for an unwanted guest.

At 9:48 a.m., an Andover High School employee reported that a female student had skipped school.

Thursday, Nov. 4 – At 8:40 a.m., the fire department reported illegal dumping of leaves on Filter Bed Road, blocking access. An officer reported "leaves and twigs that are slightly

(Continued on page 44)

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Arts & Entertainment

Short cuts

Neil Fater

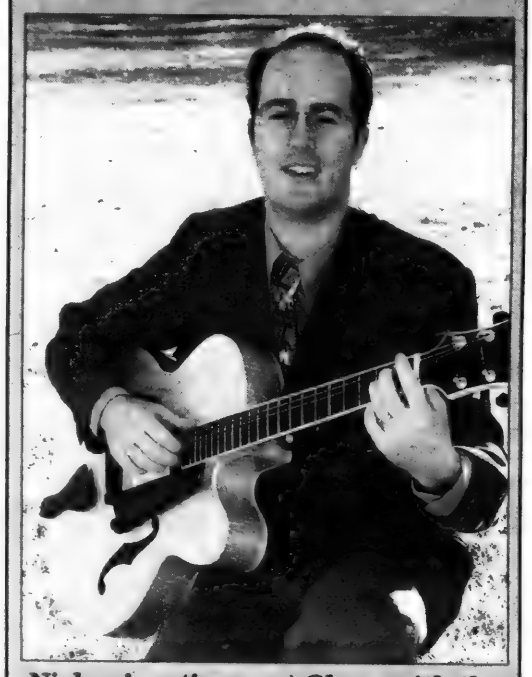
Two for the (jazz) show

When you're playing dinner music for people enjoying a sinful supper, there are certain songs — and phrases — you want to avoid.

So, even though musicians Troy Nielsen and Doug Leaffer like the blues, you won't hear them break into *300 Pounds of Joy* during their weekly jazz sessions at the restaurant Glory, at 19 Essex St.

But that doesn't mean the duo is just playing predictable jazz background music either.

Nielsen, an Andover guitarist, and Leaffer, a North Andover tenor saxophone player, draw on a range of interests and influences to sprinkle their jazz selections with bossa nova, blues and Latin beats.



Nielsen's rating — at Glory, with the other half of the duo, Doug Leaffer.

"We're not just sticking to standards. That's the way to get active listeners — you draw them in with that (variety)," says Nielsen, of Shawsheen Road.

"We start off generally with a dinner-music jazz set. But as the night goes on, we get a little more adventurous. The dynamic level comes up and we also pick up the tempo," says Leaffer. "At the end of the evening we open up a bit more."

Leaffer, for instance, might break out the conga, or an friend might join them on piano, as happened last Thursday night.

"It kind of fills both needs. If you have jazz ears, you'll be satisfied," says Nielsen. "You can get into this. But if you don't want to, you don't have to. It's not getting in the way. It's walking that fine line."

The music seems right for Glory, a restaurant that prides itself on a different kind of experimentation — its unique variety of

(GLORIOUS DUO continued on page 23)

Musical 'fiddling' a tradition for family

By Neil Fater

Performing in the Pentucket Players production of *Fiddler on the Roof*, a musical about tradition, has become part of a continuing tradition for the Parsons family of Andover.

Set designer Dorrie Parsons, husband Tom and their daughter have performed in many performances together, including *Annie, Music Man, Mame.*

Both Tom and Dorrie will combine again on *Fiddler*, a Pentucket Players show at Bradford College's production of Fiddler on the Roof, Nov. 18, 19 and 20 at 8 p.m., and Nov. 21 at noon. Call (978) 521-9259 for information.

But the Parsons aren't the only family involved. The musical is actually a families affair.

"You see lots of families, I would say there must be six in *Fiddler*," says Tom Parsons.

"The Pentucket Theater does a lot of shows that involve both kids and adults, so they do involve entire families," he explains. "*Fiddler* has a cast of close to 40 people and maybe 15 are kids. For most of the kids they're going to have at least one parent in the cast.

"The one who performs the most is probably my daughter, but my wife also designs sets," he says. "I would have to say I follow them."

Dorrie Parsons is actually an award-winning designing woman.

She says she enjoys set design because it combines two of her loves — interior design and theater.

Parsons was an interior designer in California before the Parsons moved to Andover, and currently teaches theater in the Lawrence school system.

Of course, there's a big difference between her budget for interior design and what she has to work with in community theater.

It takes village — In back (*from left to right*) are local actors Glen Macon of North Andover, and Tom Parsons and Morgan Jacobson, both of Andover; and in front Jamie Macon and Michael Shotter, both of North Andover, and Andover's Dorrie Parsons.

"What happens with community theater is they don't usually have a big budget for anything," she says. "You'll see a piece from lots of other shows that is cut up and reused."

But that technique actually works well for a production like *Fiddler*.

"*Fiddler on the Roof* takes place at a very poor village in Russia at the turn of the century. The people don't have a lot, except each other and tradition," she says. "I wanted to make sure the set reflected that feeling."

So Parsons and the other cast members have been trying to find the lousiest lumber they can get their hands on.

"It's become kind of a joke that people are grabbing things from the side of the road," she says. "This has been fun. It's become a mission for everyone to come up with old, rotten-looking wood.

"I wanted to give this sense that the village is falling apart, barely held together by nails and threads, but also strong enough (for a community)," she says.

In addition to designing the set, Dorrie Parsons will also play a Mamma from the village. Because she sees her sets as another character in the play, you might say she's responsible for two roles.

"I kid around that the actors and actresses are 'movable set pieces,'" she says. "It's sometimes difficult to cut apart and piece old set pieces because I get attached to them."

Around town: Concerts, solos, jazz bands

Twenty Andover students will take the stage as one of New England's oldest children's choruses kicks off its 25th anniversary season with a concert, "Sure on This Shining Night," Saturday, Nov. 13, at 7:30 p.m. at Rogers Center for the Arts at Merrimack College in North Andover.

Ticket are now available for all the Treble Chorus concerts and a subscription brochure is available. For tickets or more information, call the Treble Chorus office at 837-5461.

On their own, together

On Wednesday, Nov. 17 at 2 p.m. the Phillips Academy music department will present music students in a solo recital coordinated by music chairman Christopher Walter. The recital will take place in Cochran Chapel on the Phillips campus, 180 Main St.

The free program features PA students playing works including solos for organ, violin, flute, piano and harp.

North Andover: Coffee and she

Jenny Reynolds and Kerri Powers will play at the Crossroads Coffeehouse, North Parish Unitarian Universalist Church, 190 Academy Road, North Andover, beginning at 8 p.m. Tickets are $12. For more information call 687-3960.

Jenny Reynolds — 1999 Boston Music Award nominee

Funky-o-matic performance

On Friday, Nov. 19 at 6:30 p.m. the Phillips Academy music department will present the Academy Jazz Band under the direction of faculty member Peter Cirelli. The concert will take place in the Kemper Auditorium located on the Phillips Academy campus, 180 Main St.

The free program, open to the public, will feature traditional and modern jazz standards to include Dizzy Gillespie's *A Night in Tunisia*, Charlie Parker's *Yardbird Suite*, Sammy Nestico's *Hay Burner*, Bob Mintzer's *Nice and Easy Blues* and *Funk-o-Matic*. The newly formed Academy Jazz Septet will offer Juan Tizol's Perdido, Charlie Parker's *Scrapple from the Apple* and Herbie Hancock's *Maiden Voyage*.

For more information call Phillips' music department at (978)749-4263 or e-mail them at music@andover.edu.

Glory days

(GLORIOUS DUO from page 22)

French/Asian fusion dishes.

Both musicians laud the restaurant for opening the door to them and expanding the jazz it offers. The duo began playing there a few weeks ago, and will appear on Thursdays from 7:30 to 9:30 p.m.

"There's not too many places to play in Andover that have jazz. Backstreet (the restaurant that used to have Glory's space) had a lot of jazz, and it was a scene. We're trying to restore more of a vibrant jazz scene," says Nielson.

"When (Backstreet) disappeared and Glory took over, we thought it would be nice to reintroduce jazz into the format for Glory," agrees Leaffer.

Although the Glory gigs represent the first time Nielson and Leaffer have played together for an audience, both have experience playing in the area. Nielsen plays in Ten String Swing and Leaffer is a member of the group Synergy.

Nielsen says he enjoys the way he and Leaffer play off each other.

"I like playing with someone else because it's a musical exchange," he says. "When you play by yourself it's a craft. If you're having a bad night, you're having a bad night. If you're having a good night, it's a good night, but there's no one there to goad you on."

The duo plan on goading one another each Thursday, but Glory suggests people call it at (978) 475-4811 to confirm the duo's presence.

Andover

MHL's artist, Chamber-made music

Artist of the month at Memorial Hall Library is Linda K. Obremski, of Bedford, N.H., who uses her photographs of landscape, flowers and still life as a starting point for her creativity and expression in pastels.

Her goal is to convey a "semi-realism" in each painting that is traditional but not technical, by using the soft boundaries of shape and color within her subject.

Obremski has studied at the N.H. Institute of Art and at Sharon Arts Center, and with artists Anne Heywood, Elizabeth Mowry and Jeanne Lachance. She has won numerous awards in New Hampshire and Massachusetts.

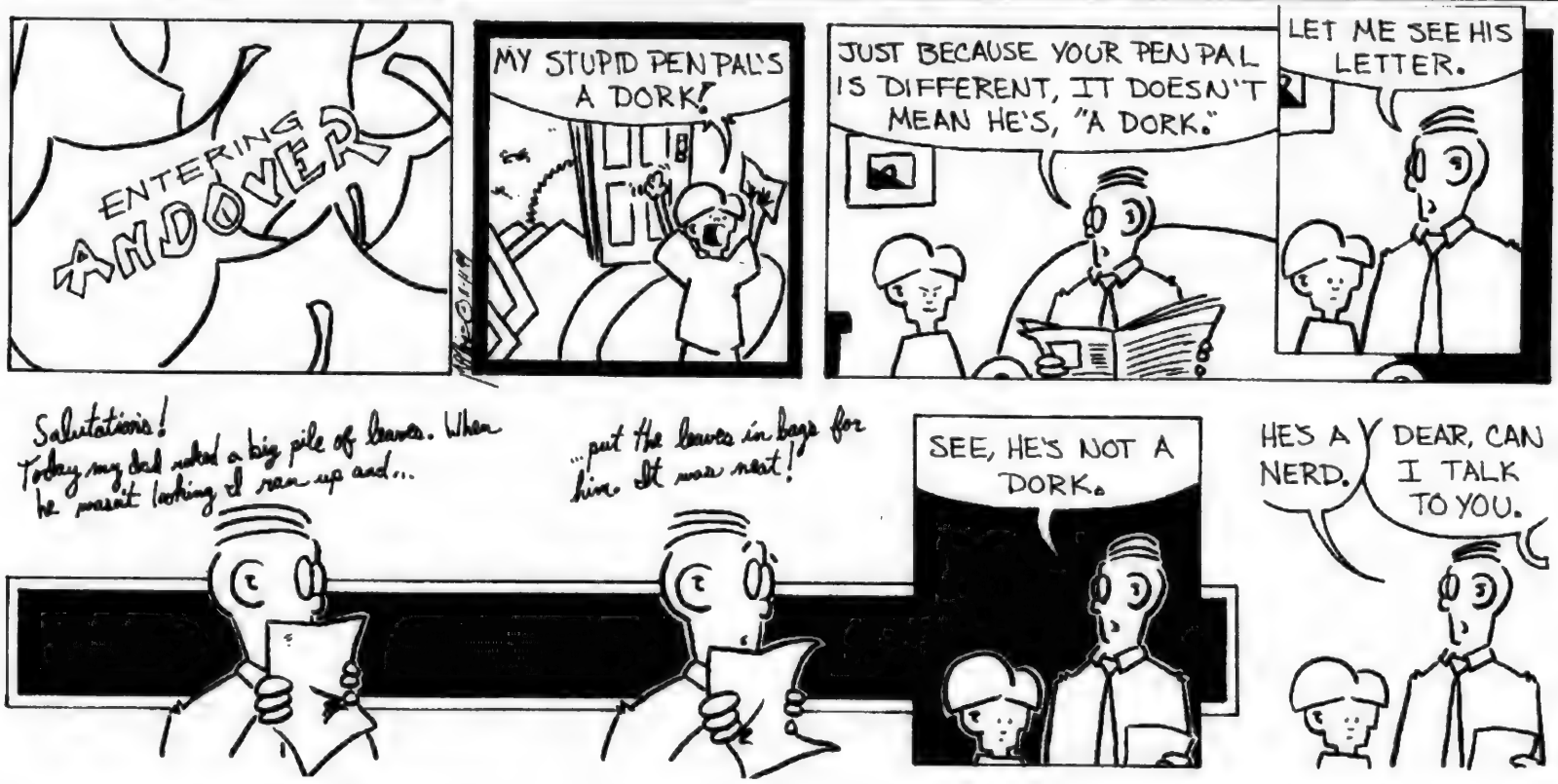
Obremski is vice president of Manchester Artists Association and a member of Nashua Artists Association, Andovers Artists Guild and Pastel Painters Society of Cape Cod.

Pastel painter – Artist of the month Linda Obremski

She continues to work in pastels while teaching adult classes in Manchester, N.H.

ENTERING ANDOVER

By Neil Fater and Don Mathias



Chamber 'Dreams' Nov. 21

The Andover Chamber Music Series will present *The Dreams and Prayers of Isaac the Blind*, a work by Osvaldo Golijov for Klezmer clarinet and string quartet, Sunday, Nov. 21, at 4 p.m. at West Parish Church.

Also on the program will be Ginastera's *Impresiones de la Puna* and Mozart's *Clarinet Quintet*.

A reception with the performers and composer will follow the concert. Tickets are $16 for adults and $12 for students and seniors. For more information, call 470-8874.

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South Lawrence East School is located on Crawford Street in Lawrence - parking in school lot.
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Gallery talk: Past meets present

A gallery talk with painter Laurie Hogin will take place at the Addison Gallery of American Art in the exhibition *Referencing the Past* on Sunday, Nov. 14 at 2 p.m. The free talk is open to the public.

Hogin is one of several artists in the exhibition whose work explores the current use of historical material in contemporary art. The five other artists or pairs featured in this exhibition are George Condo, Nicholas Kahn and Richard Selesnick, David McGee, John O'Reilly, and Elaine Reichek. "The artists appropriate, combine, and transform historical imagery and language into works that make contemporary statements... (and) investigate present-day issues of identity, ethnicity, truth, gender, and social relations," says a release from the Addison. "While each of these artists refer to the past, their work is entirely of the present. Lighthearted, playful, manipulative, and deadly serious, their messages encourage us to look at what has been and what is – even what could be – with a fresh perspective.

"Laurie Hogin mines the past for specific periods and styles to create allegories for contemporary life. The resemblance of her work to Old Master paintings, presented in traditional ornate gilt frames, allows the viewer a moment of complacency in which we believe we are seeing what we expect to see. Quoting Rubens and Flemish allegorical paintings, *Mercury in the Garden of Proserpine (Et in Arcadia Ego)* presents us with a lush, richly-colored animal painting. However, positioned around a pool in a rotting woodland, an albino alligator, a squirrel, and a bat mix it up with a snarling bunny. These subversive messages in her work serve to expose present-day attitudes toward nature, gender, money, and power.

"David McGee is drawn to the drama, color, breadth, and narrative quality of works by artists such as Diego Velazquez, Jesepe de Ribera, and Pablo Picasso. By inserting African-American figures into well-known works of art by these artists and others, his paintings comment on the exclusiveness of Western art history.

"In paintings such as *U.S. Mail*, McGee comments on cultural tensions suggesting the complexity of racial stereotypes and the ways in which they are perpetuated."

Elaine Reicheck employs literary and visual representations of Native Americans from the 19th century onwards. In *Ten Little Indians*, Reicheck addresses the mythologizing aspect of history by focusing on the unusual story of Grey Owl. Enthralled with romantic stories of Indians that he read as a child in Britain, Grey Owl, nee Archibald Belaney, emigrated to Canada in 1906 and adopted the persona of an Ojibway Indian. In this work, the artist has incorporated an image of Grey Owl with a row of vests she has fabricated from a pattern originally marketed by Grey Owl.

"Despite their beauty, the empty vests are an eerie reminder of the fate of Native Americans at the hand of white settlers, and underscore the distance between romantic versions of history and the facts," says the Addison.

Nicholas Kahn and Richard Selesnick blur the boundaries between past and present, truth and fiction. Their panoramic photographs have been antiqued to resemble 19th-century scientific field photography and are exhibited along with fabricated artifacts and journal entries.

John O'Reilly meticulously weaves images from art history and pop culture with Polaroid self-portraits into diminutive photomontages. The photomontages act as miniature stages on which are played out complex themes of life, death, love, religion, and sexual identity. For O'Reilly, fusing his image with art and artists from the past is a way to defend against feelings of isolation, to assert his place in the art world, and establish a connection to other artists. As can be seen in the way O'Reilly, Picasso, and an abstractly painted nude literally connect in a joyful dance in *Dancing with Picasso*.

In much of George Condo's work, tradition meets science fiction, fusing the real and imaginary. Condo's works range from the quasi-real, such as the beautiful red-haired maiden in Interchangable Reality whose fairy-tale quality is amplifed by the Hieronymus Bosch-like landscape she inhabits, to the alien-like creature in *Standing Blue Figure with Black Cape*.

Last weekend for Christmas floral show

The annual Christmas Floral Showcase held at Searles Castle in Windham, N.H., will end Friday, Saturday, and Sunday, Nov. 12, 13 and 14, from 11 a.m. to 4 p.m.

Proceeds benefit the Sisters of Mercy/Castle Restoration Fund, according to a release.

Windham-area florists will decorate the rooms of the historic castle in the spirit of the Christmas season, and visitors will have an opportunity to purchase items and order arrangements.

A bake sale also will be held and refreshments will be sold in the cafe.

Admission is $8, $5 for senior citizens and children under 12. Tickets will be sold at the door. A shuttle bus will operate between the parking lot and the castle on Saturdays and Sundays only.

There are 10 participating florists including McLay's Florist and Garden Center in North Andover, and Salutations at Freshwater Farms in Atkinson, N.H.

For information, call the castle manager at (603) 898-6597.

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EVENTS CALENDAR

WEDNESDAY, Nov. 10

Movie, sponsored by Northern Essex Community College, featuring ***El Norte***, 7 p.m., Auditorium, Lawrence Extension Campus, 78 Amesbury St., Lawrence; 738-7401.

Roundtable discussion, sponsored by Girl Scouts of Spar and Spindle Council, provide adults with innovative program resources when adapting their youth program for youth with disabilities, 7 to 9 p.m., 1740 Turnpike St., North Andover; 689-8015.

Registration, sponsored by Andover/North Andover YMCA, youth basketball league for boys and girls in grades 3-12, 6-9 p.m., $47 per child YMCA family and general members, $79 per child nonmembers; 165 Haverhill St.; Michael Stevens 685-3541.

Admissions open house, grades prekindergarten-8, 8:45 -10:15 a.m., Brookwood School, Manchester, Mass.; (978) 526-5400.

Antigone, sponsored by University of New Hampshire Department of Theatre and Dance, 7 p.m., $11, $8 senior citizens, Johnson Theatre, Paul Creative Arts Center, 30 College Road, Durham, N.H.; (603) 862-2290.

THURSDAY, Nov. 11

Harvey, featuring Top Notch Players, 8 p.m., $4, Top Notch Theater, Spurk Building, Northern Essex College, Haverhill Campus, Elliot Way, Haverhill; (978) 556-3360.

Meeting, Homebased Businesswomen's Network Inc., 7 p.m. $10, Village Green Restaurant, Route 1, Danvers; Diane (781) 861-6972 or Lorraine (978) 546-7969.

***Antigone**, see Wednesday, Nov. 10 entry.*

The Good Times are Killing Me, featuring the Lexington Players with Kyle Cox, Zachary Cox and Karen Jones of North Andover, 8 p.m., $10 in advance, $12, Museum of Our National Heritage, 33 Marrett Road, Lexington; box office (781) 863-9561.

Lost in Yonkers, presented by Brooks School Theater, 7:30 p.m., Black Box Theater, Brooks School, 1160 Great Pond Road, North Andover; Michael L. Walczak 686-6101, Ext. 3340.

FRIDAY, Nov. 12

Comedy Palace, featuring Jackie Martling, John Rizzo, Tom Briscoe, 9 p.m., Grill 93, River Road; 1-888-TO-LAUGH.

***Harvey**, see entry under Thursday, Nov. 11.*

Church fair, sponsored by Groveland Congregational Church, 4-9 p.m., 4 King St., Groveland; (978) 372-3463.

Christmas floral showcase, sponsored by Searles Castle at Windham, benefit Sisters of Mercy/Castle Restoration Fund, 11 a.m.-4 p.m., $8, $5 senior citizens, children under 12, 21 Searles Road, Windham, N.H.; castle manager (603) 898-6597.

New England Craft & Specialty Food Fair, sponsored by Castleberry Fairs & Festivals, noon-9 p.m., $3, children under 14 free, Rockingham Park Racetrack, Salem, N.H.; (603) 755-2166.

Turkey cheer, sponsored by Sacred Heart Parish, raffles of turkeys, hams, cheer, fruit baskets, 7 p.m., 321 South Broadway, Lawrence; Irene Potvin 686-5712.

Hansel and Gretel, by Merrimack Junior Theatre, tickets available at Strawberry Tree, Department of Community Services, cast members, 7:30 p.m, $7, Doherty Middle School Auditorium, Bartlet Street; Corinne Gediman 475-3422.

Witch slayers — Ned Berger and Katie Smidt are Hansel and Gretel.

Firemen's ball,by Andover Firemen's Relief Association, cocktails 6:30 p.m., dinner 7:30, $25 donation per ticket, Andover Country Club; 475-1281.

***Antigone**, see Wednesday, Nov. 10 entry.*

Meeting, Bancroft School Improvement Council, 3 p.m, Bancroft School, Bancroft Road; Sharon Mason 474-4289.

***The Good Times are Killing Me**, see entry under Thursday, Nov. 11.*

***Lost in Yonkers**, see Thursday, Nov. 11 entry.*

SATURDAY, Nov. 13

Comedy Palace, 8 and 10:30 p.m., *see entry under Friday, Nov. 12.*

Concert, featuring Jenny Reynolds and Kerri Powers, 8 p.m., $12, Crossroads Coffeehouse, North Parish Unitarian Universalist Church, 190 Academy Road, North Andover; 687-3960.

Parish fair, sponsored by St. Andrew's Church, 10 a.m.-7 p.m., ham-and-bean supper 4:30-6:30 p.m., 90 Broadway (Route 28), Methuen; 689-0463.

***Hansel and Gretel**, see Friday, Nov 12 entry.*

Concert, featuring Treble Chorus of New England, 7:30 p.m., $10, Rogers Center for the Arts, Merrimack College, Routes 114 and 124, North Andover; (978) 837-5461.

Christmas bazaar, sponsored by Our Lady of Hope Parish, 9 a.m.-early evening, Linebrook Road, Ipswich; Martha Varrell (978) 356-4250.

***Harvey**, see entry under Friday, Nov. 12.*

Girls hoop clinic, sponsored by Lady River Hawks, grades 1-8, 3:30-5:30 p.m., 5-6:30 p.m., swimming and pizza party, $15, participants receive free admission to exhibition game at 7 p.m., University of Massachusetts Lowell; Kathy Kelly (978) 934-2326.

Workshop for teachers, sponsored by Massachusetts Agriculture in the Classroom, highlights embryology, activities for raising chickens in the classroom and growing and harvesting Christmas trees, 9 a.m.-3 p.m., $25, 5 professional development points, Smolak Farm, Dale Street, North Andover; Debi Hogan (508) 336-4426.

Chamber music concert, sponsored by St. John's Preparatory School, featuring the Essex Baroque Players, benefits men's chorus trip to Rome,

(Continued on page 26)

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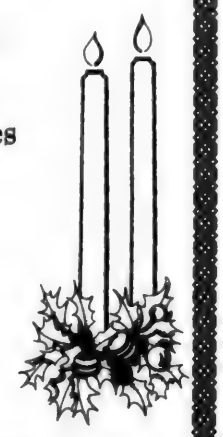

WHITTIER COURT (off Chestnut St.)

CALENDAR

(Continued from page 25)

wheelchair accessible, 7:30 pm., $10, Spring and Summer streets, Danvers; (978) 774-1050, Ext. 376.

Cat show, sponsored by Minuteman Feline Fanciers and Southern Rhode Island Cat Fanciers, 10 a.m.-4 p.m., $5 adults, $4 seniors, $3 children under 12, Ramada Rolling Green, 311 Lowell St.; Melinda Webster (781) 259-0882 or Lauren June Jacobs (617) 739-0277.

Christmas floral showcase, *see Friday, Nov. 12 entry.*

New England Craft & Specialty Food Fair, 10 a.m.-6 p.m., *see Friday, Nov. 12 entry.*

Antigone, 8 p.m., *see Wednesday, Nov. 10 entry.*

The Good Times are Killing Me, *see entry under Thursday, Nov. 11.*

Pottery studio sale, with demonstrations and refreshments, by Purple Sage Pottery, 10 a.m.-5 p.m., 3 Mechanic St., Merrimac; (978) 346-9978.

Shaping up — yet going to pot, at Purple Sage Pottery.

Lost in Yonkers, *see Thursday, Nov. 11 entry.*

Concert, featuring Don White/Ed Jurdi, 8 p.m., West Elementary School Auditorium, Beacon Street; (603) 770-7097.

Bringing it all back home —Ed Jurdi's looking ahead to his first Andover concert in five years.

SUNDAY, Nov. 14

Gallery talk, sponsored by Addison Gallery of American Art, featuring exhibition artist Laurie Hogin, 2 p.m., Phillips Academy campus, Main Street; Julie Bernson 749-4017.

Concert, featuring the Fidelo Society of Phillips Academy, including soprano Alicia Wagner, alto Hannah Goldstein and bass Andrew DeLollis, all of Andover, 3 p.m, $8, Winchester Town Hall, Winchester; Thomas Ruggles (978) 369-5879.

Concert, sponsored by Temple Emanuel and Temple Isaiah of Lexington, in memory of Lois Edelstein, donations of canned goods at door, 2 p.m, 470-1563.

Organ concert, sponsored by Trinitarian Congregational Church, 3 p.m., Elm Street, North Andover; 686-4445.

Hansel and Gretel, 2 p.m., *see entry under Friday, Nov. 12.*

Concert, sponsored by Friends of Memorial Hall Library, featuring Opera Aperta, 4 p.m., Elm Square; 623-8400.

Open house, 1-4 p.m., The Clark School for Creative Learning, 487 Locust St., Danvers; (978) 777-4699.

Chef's Tasting and auction, sponsored by Holy Family Hospital, March of Dimes benefit, participants include chefs from Wyndham Andover, Tripoli's Bakery, Andover Inn, The Vineyard, Mango Grille, Harrows, Pasta for You, 4:30-8 p.m., $25, $200 per table of 10, Wyndham Andover, River Road; Bridget McCarthy (781) 762-4747, Ext. 116.

Cat show, *see entry under Saturday, Nov. 13.*

Christmas floral showcase, *see Friday, Nov. 12 entry.*

New England Craft & Specialty Food Fair, 10 a.m.-5 p.m., *see Friday, Nov. 12 entry.*

Antigone, 2 p.m., *see Wednesday, Nov. 10 entry.*

Antigone — Not all Greek to her.

Magic show, sponsored by UMass Lowell Athletics, featuring The Spencers, 2 and 4 p.m., $9; box office (978) 934-4444, Monday-Friday, 10 a.m.-noon, 1-4 p.m.

Spencers for hire — After Sunday they disappear.

Reading, sponsored by The Book Rack, featuring author Andre Dubus III, 1:30 p.m., 52 State St., Newburyport; (978) 462-8615.

Pottery sale, noon-5 p.m., *see Saturday, Nov. 13 entry.*

Lecture and book signing, sponsored by Division 8, AOH, LAOH, The Irish Foundation of Lawrence and Friends of Heritage State Park, featuring author Joseph Blanchette on the history of Shanty Pond, 2-4 p.m., Heritage State Park, 1 Jackson St., Lawrence.

Hike, sponsored by Appalachian Mountain Club, Ward Reservation, meet 1:30 p.m., parking lot on Prospect Street; Alex Chanler 470-1550.

Lost in Yonkers, *see Thursday, Nov. 11 entry.*

MONDAY, Nov. 15

Art show, sponsored by Amesbury Playhouse, 6-9 p.m., 194 Main St., Amesbury; Carl Crocker (978) 346-4477.

TUESDAY, Nov. 16

Talk, sponsored by Northern Essex Community College, featuring Esmeralda Santiago, author of *When I Was Puerto Rican*, 7 p.m.,

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CALENDAR

(Continued from page 26)

Auditorium, South Lawrence East School, 165 Crawford St., Lawrence; 738-7401.

Jazz, sponsored by Casa Vecchia Restaurant, featuring The Joe Mulholland Sextet, wheelchair accessible, 7:30-10:30 p.m., $5 cover charge, Route 97, Salem, N.H.; (603) 893-6553.

Open house, Discover Preschool, 7-8 p.m, 129 Reservation Road; 475-9706 or Lisa Yasi 685-9655.

Meeting, Jewish Family Service of the Merrimack Valley, The Rev. Thomas Casey, O.S.A., chairman of Merrimack College's Religious Studies Department, will discuss "Dangerous Thinking of the Millennium – Promoting Tolerance in a Diverse World," 7 p.m., Memorial Hall Library, Elm Square; 683-6711.

Workshop, Alzheimer's disease awareness and sensitivity training for first responders, including police officers, firefighters, emergency room directors and emergency medical technicians, 8:15 a.m., Marland Place, 15 Stevens St.; Elder Services 1-800-892-0890.

WEDNESDAY, Nov. 17

Movie, sponsored by Northern Essex Community College, featuring *La Familia*, 7 p.m., Auditorium, Lawrence Extension Campus, 78 Amesbury St., Lawrence; 738-7401.

Television studio production workshop, by MediaOne, MediaOne Studio, Andover High School, Shawsheen Road; David Pierre 475-9723.

Lecture, sponsored by Solomon Schechter Day School of the Merrimack Valley, "The Miraculous Jar of Oil: A Creative Celebration of Hanukkah," 7-9 p.m., Temple Emanu-el, 514 Main St., Haverhill; (978) 372-4140.

Piano recital, sponsored by Phillips Academy music department, 2 p.m., Cochran Chapel, Phillips Academy campus; 749-4265.

THURSDAY, Nov. 18

Meeting, sponsored by Learning in Retirement Association, an organization for retirees and semi-retired, local architect will discuss restoration and preservation of historically significant buildings, 1-3 p.m., Fox Hall, Room 501, UMass-Lowell north campus, Lowell; (978) 934-3135.

Auction, sponsored by Wilmington Rotary Club, 7-11 p.m., Knights of Columbus Hall, Middlesex Avenue, Wilmington; (978) 658-3805.

Meeting, Appalachian Mountain Club, speaker David Brown, naturalist, refreshments, $2 donation, Memorial Hall Library, Elm Square; (978) 352-2250.

Meeting, College Club of Greater Lowell, featuring talk by Dracut author Jane Brox, 7 p.m., National Park Visitor's Center, Market Street, Lowell; (978) 453-3403.

Fiddler on the Roof, 8 p.m, $15 at door, $12 advanced sale, $10 students/seniors, Kemper Theatre, Denworth Hall, Bradford College, Bradford; (978) 521-9259.

FRIDAY, Nov. 19

Poetry reading, sponsored by Northern Essex Community College, featuring Latino poets, 7 p.m., Atrium, John R. Dimitry Building, Lawrence Extension Campus, 45 Franklin St., Lawrence; 738-7401.

Sleigh Bell holiday gift boutique, sponsored by Wenham Museum, 10 a.m.-4 p.m, $4, $3.50 seniors, $2 children ages 3 and over; 132 Main St., Wenham.

Jazz concert, sponsored by Phillips Academy music department, featuring the Academy Jazz band, 6:30 p.m., wheelchair accessible, Kemper Auditorium, Phillips Academy campus; 749-4265.

Swing into Action, sponsored by Commonwealth Motors, benefit for Family Service, $25, North Andover Country Club, Great Pond Road, North Andover; (978) 693-9505, Ext. 14.

Fiddler on the Roof, *see Thursday, Nov. 18 entry.*

SATURDAY, Nov. 20

Sleigh Bell holiday gift boutique, *see Friday, Nov. 19 entry.*

Concert, featuring singer/songwriter Connie Kaldor, 8 p.m., $12, New Moon Coffeehouse, Universalist Unitarian Church, Junction Routes 110 and 125, Haverhill; (978) 373-9259.

Con, artist — Connie Kaldor at New Moon.

Holiday craft fair, sponsored by St. John's Preparatory School, 9 a.m.-3 p.m., $1, Memorial Gymnasium, 72 Spring St., Danvers.

Holiday fair, sponsored by Cape Ann Waldorf School, 9 a.m.-4 p.m.; (978) 927-8811.

Arts- and crafts fair, sponsored by Middlesex Community College, 10 a.m.-4 p.m., Bedford campus, Springs Road, Bedford; Brenda Loucks (781) 280-3511.

Holiday fair, sponsored by New England Pediatric Care, 10 a.m.-4 p.m., 78 Boston Road (Route 3A), North Billerica; (978) 667-5123.

Fiddler on the Roof, *see Thursday, Nov. 18 entry.*

SUNDAY, Nov. 21

Sleigh Bell holiday gift boutique, noon-4 p.m. *see Friday, Nov. 19 entry.*

Cradle Rock, by Temple Emanuel Nursery School, hands-on workshop for 3-, 4- and 5-year olds focusing on the celebration of Hanukkah, 9 a.m., $5, Temple Emanuel, Haggetts Pond Road; RSVP 470-1356.

Showing, sponsored by Margot Gallery, a folk art and furniture gallery; 683-6333.

Auditions, *Simpatico*, 7 p.m., Quannapowitt Players, 55 Hopkins St., Reading; Jim Murphy (781) 270-0869.

Hike, sponsored by Appalachian Mountain Club, Georgetown-Rowley State Forest, meet noon, end of Pingree Farm Road; Steve Davis (978) 352-2250.

(CALENDAR continued on page 28)

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CALENDAR

(Continued from page 27)

Santa photo day, sponsored by MSPCA Nevins Farm and Equine Center and MSPCA Small Animal Shelter, 11 a.m.-3 p.m.; Ray Denis 687-1150 or Callie Towne 685-9475.

Fiddler on the Roof, noon, *see entry under Thursday, Nov. 18.*

ONGOING

Museums and Historic Homes

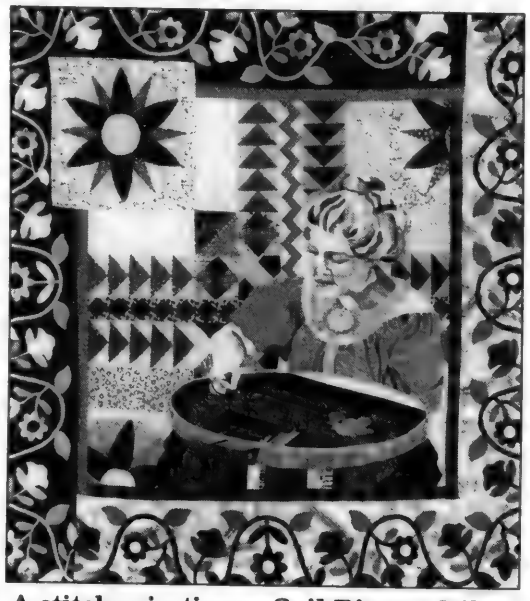
Addison Gallery of American Art, *Referencing the Past: Six Contemporary Artists*, through Jan. 2, 2000, Phillips Academy campus, Tuesday-Saturday, 10 a.m.-5 p.m., Sunday, 1-5 p.m; (978) 749-4015

American Textile History Museum, *Dressed for the Part: Hollywood Costumes from the Silver Screen*, Nov. 16-March 12, 2000, wheelchair accessible, Tuesday, Wednesday, Friday, 9 a.m.-5 p.m.; Saturday, Sunday and holidays, 10 a.m.-5 p.m., Thursday, 9 a.m.-8 p.m., $10 adults, $7, seniors, students, group members; free for children under 6, 491 Dutton St., Lowell; (978) 441-0400.

Andover Historical Society permanent exhibit Amos Blanchard House and Barn Museum, containing period rooms from 1820s to 1840s, with 19th-century farm and woodworking tools, library and office hours 9 a.m.-5 p.m., Tuesday-Friday, 9 a.m.-3 p.m., Saturdays, Mondays by appointment; $4 adults, $2 children, members free; Andover Historical Society, 97 Main St., 475-2236.

North Andover Historical Society, 153 Academy Road, North Andover, maintains two sites that feature museum galleries: 1789 Johnson Cottage, an artisan's home and workshop, and 1715 Parson Barnard House, depicting life from 1715-1830, 179 Osgood St. Thursdays, 2-4 p.m., permanent and changing exhibits highlight local life from the 17th- to the 20th century, library and archive, $3 adults, $1 children, $2 seniors, Johnson Cottage, tours Tuesday-Friday 10 a.m.-noon and 2-4 p.m., $5 adults for a combined tour of both properties; 686-4035.

New England Quilt Museum, *Collectors as Quilters: Gail Binney-Stiles, Bernice McCoy Stone*, through Dec. 31, 10 a.m.-4 p.m. Tuesday-Saturday, noon-4 p.m. Sundays, $4, $3 students/senior citizens, 18 Shattuck St., Lowell; (978) 452-4207.



A stitcher in time —Gail Binney Stiles' *The Quilt Lady.*

American Textile History Museum, Tuesday-Friday, 9 a.m.-4 p.m.; Saturday, Sunday and holidays, 10 a.m.-4 p.m., $5 adults, $3, seniors, students, includes general museum admission, free for children under 6 and museum members, 491 Dutton St., Lowell; (978) 441-0400.

Boott Cotton Mills Museum, *The Working City at Play*, exhibit recalling the pastimes and leisure activities of Lowell residents from the 19th century until today, through November, 400 Foot of John Street, Lowell; (978) 970-5000.

Lowell National Historic Park, history of the American Industrial Revolution, guided tours of cotton and textile mills, canals, trolley rides, Pawtucket Canal Tour; Working People Exhibit at Patrick J. Mogan Cultural Center; Boott Cotton Mills Museum, open daily, 9:30 a.m.-5 p.m., $4 adults, $2 youth 6-16 and students, senior discount, free children 5 and under; (978) 970-5000.

Canal tours, sponsored by Lowell National Historical Park, Lowell National Historical Park Visitor Center, 246 Market St., Lowell; RSVP (978) 970-5000.

Exploring Lowell, join a ranger for a 30- to 90-minute program exploring a variety of Lowell-related topics, all tours are free, 1 p.m., Lowell National Historical Park Visitor Center, 246 Market St., Lowell; 970-5000.

Peabody Essex Museum, *The Real Witchcraft Papers, The Saltonstall Family Portraits, A Folk Art Sampler*, all ongoing, *Odyssey: A Journey Into World Art*, through fall 2001, *Gold Coast Treasures*, through Jan. 31, 2000, Monday-Saturday 10 a.m.-5 p.m.; Sunday noon-5 p.m. $8.50 adults, $7.50 seniors, students, $5 children ages 6-16, free, children 5 and under, $20 family rate, Phillips Library, Monday, Tuesday, Wednesday, Friday, 10 a.m.-5 p.m., Thursday 1-8 p.m. Liberty and Essex streets, Salem; (978) 745-9500 or (800) 745-4054.

Custom House Maritime Museum, *Coping with Crisis: Cushing Shipping and Diplomacy, The Newburyport Waterfront: Pasts and Futures*, through Dec. 23, Monday-Saturday 10 a.m.-4 p.m., Sunday, 1-4 p.m., $3 adults, $2 seniors and children ages 5-17, members free, operated by Newburyport Maritime Society, 25 Water St., Newburyport; Cynthia Novotny (978) 462-8681.

Cushing House Museum, Tuesday-Friday, 10 a.m.-4 p.m., Saturdays, 11 a.m.-2 p.m., $4 adults, $1.50 children under 12, members free, 98 High St., Newburyport; (978) 462-2681.

Salem 1630, Pioneer Village, a recreation of the first English settlement in Salem, Mass., through November, $5 adults, $3 children, Forest River Park, Salem, Mass.; (978) 744-0991.

Wenham Museum, *Les Petites Dames de Mode*, through Jan 9; *Wenham Ice Industry*, through February, *What's Next: Artist's View of the Next Millennium*, through Feb. 6 *Please Be Seated: Fine Furniture Making in America*, Jan. 22-April 16, Tuesday-Sunday, 10 a.m.-4 p.m., $4, $3.50 seniors, $2 children 3 and over, handicap accessible, 132 Main St. (Route 1A), Wenham; (978) 468-2377.

Art Exhibitions

Andovers Artists Guild, 32 Andover and North Andover artists display work at Stevens Memorial Library meeting room, Main Street, North Andover; Suburban Health Care Center, Doctor's Park I; Old Town Hall, 20 Main St.; and Bishop's Restaurant, Lawrence; James Cassidey 688-0633 or Carol Boileau 683-9933.

David Broudo Gallery of Art, works of faculty of Endicott College Division of Art and Design, through Nov. 22, Monday-Friday, 9 a.m.-5 p.m., Endicott College, 376 Hale St., Beverly; (978) 232-2250.

Brush Art Gallery, Vassilios "Bill" Giavis: Survey of a Copley Master, Nov. 14-Jan. 16, Tuesday-Saturday, 11 a.m.-4 p.m., Sunday, noon-4 p.m., 256 Market St., Lowell; (978) 459-7819.

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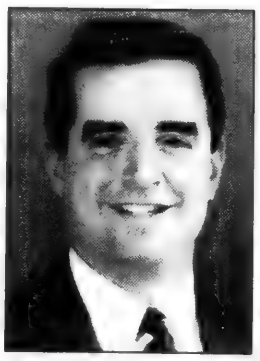

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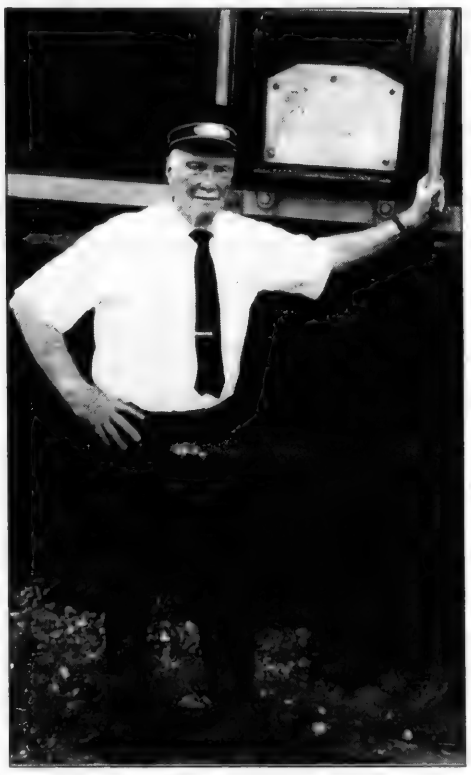
Living

All aboard! Talk is on model railroads, toy train collection and train memorabilia

Ben Merry, train curator at the Wenham Museum, will present a program at Memorial Hall Library called "From Tom Thumb to Thomas," a talk on model railroads, toy train collection and train memorabilia. The Wednesday morning program takes place Nov. 17 at 9:30 a.m.

The railroad historian has been a builder of model railroads for more than 60 years, and a collector of contemporary and antique toy trains for more than 40 years. Now retired, he has been a conductor, trainman and brakeman for the Conway Scenic Railroad in North Conway, N.H. He is a member of the Train Collectors Association, Toy Train Operating Society, National Model Railroad Association and Boston and Maine Railroad Historical Society.



Ben Merry, train enthusiast

The event is sponsored by Friends of Memorial Hall Library.

Merry and Rob Flanagan will be at the library Nov. 16, 23 and 30 from 2 to 4 p.m. and 5:30 to 8:30 p.m. to answer train questions. "Come into the circulation desk area and watch the trains and hear some tales about the rails," organizers said.

Quota Int'l. of Andover sets its annual theater night fundraiser Thursday, Dec. 2

Quota International of Andover will hold its annual theater night fundraiser Thursday, Dec. 2, at Merrimack Repertory Theater in Lowell. The evening at the theater will begin at 6:30 with a catered dinner by the Best of Thymes. The play *The Rainmaker* will be presented following a raffle drawing for a weekend at Mt. Cranmore and other prizes. The all-inclusive cost is $50. Proceeds will be used to fund the club's service projects that benefit disadvantaged women and children as well as the hard-of-hearing and speech-impaired. For reservations or to make a contribution, call Jean at 475-0328 by Nov. 15.

Jewish Family Service of the Merrimack Valley plans annual meeting Tuesday

Jewish Family Service of the Merrimack Valley will hold its annual meeting Tuesday, Nov. 16, at 7 p.m. at Memorial Hall Library on Elm Square.

Rev. Thomas Casey, O.S.A., chairman of Merrimack College's Religious Studies Department, will speak on "Dangerous Thinking of the Millennium – Promoting tolerance in a diverse world." The event is open to the public. Light refreshments will be served.

Jewish Family Service of the Merrimack, a non-profit, non-sectarian, charitable organization with a community-based board of directors, is located at 805 Turnpike St., North Andover. JFSMV's programming and services include senior social programs, English as a second language classes, counseling, special events and information and referral to the Jewish community and others living in the Merrimack Valley.

Established in 1955 as Jewish Family Service of Greater Lawrence and incorporated in 1961, JFSMV has a mission to strengthen and preserve the quality of family life by providing services to those in need, regardless of ability to pay.

For more information, call 683-6711.

Cradle Roll: A Hanukkah program for preschoolers

Cradle Roll is a celebration and learning experience for Jewish families. The Nursery School at Temple Emanuel will offer a hands-on workshop focusing on the celebration of Hanukkah for 3-, 4, and 5-year-olds and their parents Sunday, Nov. 21, at 9 a.m. The hour will include craft projects, storytelling, singing and a snack. There will be a $5 materials fee which may be paid at the door.

To make a reservation, call the Temple office at 470-1563 by next Thursday, Nov. 18. Due to limited supplies, drop-ins will not be accommodated.

Archaeology meeting Tuesday

The Northeast Chapter of the Massachusetts Archaeology Society and the Robert S. Peabody Museum of Archaeology at Phillips Academy will co-sponsor a meeting on Tuesday, Nov. 16 at 7:30 p.m. at the Robert S. Peabody Museum, Main Street.

The program, "King Philip's War Club: Its history and the story of its loss and retrieval" is open to the public free of charge.

(SOCIAL NOTEBOOK continued on page 39)

News for Seniors

By Pat Becker

Here are some of the activities planned at the Andover Senior Center.

Computer users group

The computer users group will meet Monday, Nov. 29, at 1:30 p.m. at the drop-in center on the first floor of Old Town Hall. Call Don Sagaser at 475-6116 for more information.

Christmas in Newport

The center will sponsor a trip to Newport Wednesday, Dec. 1. The $35 cost includes a tour of two mansions, luncheon and bus transportation. Payment is due at the time of reservation.

Hearing screening

A few slots remain for a free hearing screening by certified audiologists from Northeast Rehabilitation Health Network on Wednesday, Dec. 1. Call the center for an appointment.

Movie matinee

The Out-of-Towners, starring Steve Martin and Goldie Hawn in a remake of Neil Simon's comedy about the misadventures of couple visiting New York City, will be show Monday, Nov. 22, at 1 p.m. Andover Video sponsors the movie days at the center.

Friday forum

Dr. Fred Davis, chief of anesthesiology at Lahey Clinic, will speak on anesthesia and seniors Friday, Dec. 3, at 9:30 a.m. There is no charge and refreshments will be served. Call the center if you would like to attend.

Brown bag lunch

Suteko Stockwell will demonstrate Japanese flower arranging this Wednesday at noon. Bring a bag lunch, the center will supply beverages and dessert. reservations are $2.

November $1,000 club winners

Dorothy Sullivan won $1,000; David, $100; and Lillian Haskell, Millie Waldie, Francesca Rouff and Hiltrault Sheehan, $50 each. Agent awards went to Charles Waldie.

Fix-it shop

The fix-it shop will be open Tuesday, Nov. 16, from 1:30 to 3:30 p.m.

Creative cooking class

Ed Alessi will be back for his monthly cooking class Wednesday, Nov. 17, at 9 a.m. The $5 fee includes recipes and lunch. Preregistration is necessary.

Men's breakfast

The men's group will meet Friday, Nov. 19, in the second-floor meeting room of Memorial Hall Library at 9:30 a.m. A panel presentation on "Savvy Senior Traveling" will give the inside scoop on what travel professionals know and include visiting Web sites of interest to travel-savvy seniors. Reservations may be made by calling the center. There is no charge for this program.

Visiting artist

Tom Gill, a founding member of the Brush Art Gallery in Lowell, will conduct a demonstration/workshop Tuesday, Nov. 16, from 9:30 to 11:30 a.m. He also has a studio at the Whistler House Art gallery. Cost is $5. Call the center to reserve a spot.

Sanborn School festival

The Sanborn School invites all seniors to its Harvest Festival Monday, Nov. 22, at 10 a.m. The program will include entertainment, refreshments and a guest speaker. Transportation will be provided. Call the center and leave your name and phone number.

Supper club

The supper club will travel to Old Oaken Bucket in Westford on Wednesday, Dec. 9. The bus will leave the center around 4:15 p.m. Menu choices are posted at the center. Make reservations early. Cost is $20 and includes dinner, gratuity and transportation.

Holiday fair

The Senior Center holiday fair will be held this Saturday, Nov. 13, from 9 a.m. to 3 p.m. Please stop in.

News for Seniors runs each week.

OBITUARIES

Dr. Ibrahim Bahrawy

Lived and practiced psychiatry in Andover and North Andover since 1977

Dr. Ibrahim Bahrawy of North Andover died Tuesday, Nov. 2, at home.

Dr. Bahrawy was born in Port Said, Egypt. He attended Cairo University and received his medical degree from the Royal College of Surgeons and Physicians in London, England. He came to the United States in 1963.

Dr. Bahrawy completed his psychiatric training in Boston and was a diplomat of the American Board of Psychiatry and Neurology.

He lived and practiced psychiatry in Andover and North Andover since 1977. He was affiliated with Lawrence General Hospital, Hale Hospital and Holy Family Hospital, where he was chief of psychiatry for six years.

Dr. Bahrawy was actively involved in the Private Practice Committee of the Massachusetts Psychiatric Society. He was a member of American Medical Association, Massachusetts Medical Association, American Psychiatric Society, Massachusetts Psychiatric Society, American Academy of Clinical Psychiatry and American Association of Geriatric Psychiatry. He was a Rotarian and a member of Holy Family Men's Guild.

Members of his family include his wife of 47 years, Lisa (deSerbine) Bahrawy of North Andover; sons, Ramsey Bahrawy of North Andover and Jens Bahrawy of Sandwich and his wife, Susan Bahrawy; daughter and son-in-law, Dina and Christopher Blackburn of Ithaca, N.Y.; sister, Fawzia Bahrawy of Port Said; and three grandchildren.

Burial was in Ridgewood Cemetery.

Arrangements were by Dewhirst & Conte Funeral Home in North Andover.

Memorial contributions may be made to American Cancer Society.

Mary Jo Bassilakis

Principal, secretary/treasurer of Grey Fox Technology

Mary Jo (Woodin) Bassilakis of Andover died Tuesday, Nov. 2, in Massachusetts General Hospital in Boston.

Mrs. Bassilakis was born in Watervliet, N.Y., and was a graduate of Catholic Central High School in Troy, N.Y.

She was employed by the Internal Revenue Service in Andover from 1985 to 1996 before she became principal and secretary/treasurer of Grey Fox Technology.

Members of her family include her husband, Constantine A. Bassilakis of Andover; sons, Harry Bassilakis of Glastonbury, Conn., and his wife, Janet Bassilakis, and Jason R. Bassilakis of Boston; daughters, Kathy Bassilakis of Alexandria, Va., and Karen Olson of Andover and her husband, Jim Olson; brother-in-law and sister-in-law, George and Betsy Bassilakis of Newington, Conn.; and five grandchildren.

She was the mother of the late Constance Bassilakis.

The funeral on Saturday from Farley-Sullivan Funeral Home in Glastonbury, Conn., was followed by a Mass of Christian Burial in St. Augustine Church in South Glastonbury.

Memorial contributions may be made to American Cancer Society, 45 Wintonbury Ave., Bloomfield, CT 06002.

Emmie W. Penney

Former resident enjoyed knitting, sewing, crocheting

Emmie W. (Bishop) Penney, 92, of Plaistow, N.H., died Tuesday, Nov. 2, at Lawrence General Hospital.

Mrs. Penney was born in Bay Roberts, Newfoundland, Canada, and educated in Newfoundland schools.

The former Andover resident was a member of Calvary Temple Assembly of God Church in Lynnfield and enjoyed knitting, sewing and crocheting.

Members of her family include her daughters, Linda A. Berube of Plais-

(Continued on page 31)

Obituaries are a free service of the *Andover Townsman*

OBITUARIES
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Mary L. Currier, 80
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Richard V. Kilinski, 45
Timothy J. Lane, 57
Emmie W. Penney, 92
Dr. Carter Rudy, 76
William F. Sherlock, 79
Barbara Wescott, 82

Deaths Elsewhere

SHERLOCK – William Francis Sherlock, 79, of North Anover died Wednesday, Nov. 3, at Prescott House Nursing Home in North Andover.

Members of his family include his daughter, Barbara Sherlock of Andover.

Late Deaths

DALY – Martin W. Daly, 79, of Andover died Monday, Nov. 8, at Holy Family Hospital.

He was a postal clerk, retiring after 33 years of service, in 1979.

Members of his family include his wife, Dorothy (Cederberg) Daly of Andover; two sons; a daughter; two grandchildren; and many nieces and nephews.

Calling hours are scheduled for Thursday, Nov. 11, from 2 to 4 p.m. only, at Burke Funeral Home, 390 N. Main St.

A funeral Mass will be said Friday, Nov. 12, at 10:30 a.m. at St. Augustine Church.

Burial will follow in Ridgewood Cemetery, North Andover.

Memorial contributions may be made to Bread and Roses, 58 Newbury St., Lawrence, MA 01840; or to the charity of one's choice.

A complete obituary will be published next week.

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OBITUARIES

Emmie W. Penney

(Continued from page 30)

tow and Melva D. Maccioli of Bennington, Vt., and her husband, Joseph Maccioli; sons, George Penney of Zephyr Hills, Fla., and his wife, Verlie Penney, David L. Penney of Gilmanton, N.H., and his wife, Rebecca Penney, and Edward Penney of Derry, N.H.; stepdaughters and their husbands, Ruth and Carl Murray of New Port Richey, Fla., Lorraine and Arthur Neilson of Brooksville, Fla., and Shirley and Harry Opal of Agawam; stepsons and their wives, John C. and Leika Penney of New Port Richey and the Rev. John S. and Janet Penney of Middleton; brother, Bendix Bishop of St. Johns, Newfoundland; 12 grandchildren; 15 great-grandchildren; and several nieces and nephews.

Mrs. Penney was widow of John S. Penney.

Funeral services were held in New Life Christian Assembly of God Church in Haverhill. Burial was in West Parish Cemetery.

Dr. Carter Rudy

Professor at Tufts Dental School lived here before he retired

Dr. Carter Rudy, 76, of Chatham died Thursday, Oct. 28, at home.

Dr. Rudy was born in Pottstown, Pa. He earned a B.S. degree from Franklin & Marshall College and graduated from Temple University School of Dentistry in 1950.

Dr. Rudy was a Navy lieutenant J.G. on the *U.S.S. Flint* in the Pacific during World War II. With his dental degree, he was chosen for a dental internship in the U.S. Army and was stationed at Fitzsimons Army Hospital in Denver, Colo. He practiced as an oral surgeon and became head of an Army Hospital Dental Clinic at Fort Devens. He retired from the Army as a full colonel after 20 years of service.

Dr. Rudy became a professor at Tufts Dental School in Boston.

He lived in Andover before he retired and moved to Chatham.

Members of his family include his wife of 51 years, Nancy (Spearel) Rudy of Chatham; son, Jeffrey Rudy of Methuen; daughters, Pamela McElroy of Barrington, R.I., and Allyson Rudy of Wayzata, Minn.; and four grandchildren.

A memorial service will be held Saturday, Nov. 20, at 1 p.m. in First United Methodist Church, 16 Cross St., Chatham.

He was buried with full military honors at Massachusetts National Cemetery.

Arrangements were by Cremation Society of Massachusetts.

Memorial contributions may be made to Hospice Association of Cape Cod, 923 Route 6A, Yarmouthport, MA 02675, or to The Multiple Myeloma Research Foundation, 11 Forest St., New Canaan, CT 06840.

Mary L. Currier

Former resident enjoyed spending time with family, traveling

Mary L. Currier, 80, of Exeter, N.H., died Saturday, Nov. 6, at home.

Mrs. Currier was born in Portsmouth, Ohio.

The Brown University graduate had lived in Newburyport and Andover before moving to Exeter in 1997.

Mrs. Currier was a past president and board member of the directors of the YWCA of Lawrence, a member of the November Club of Andover, Newburyport Garden Club, Historical Society of Newbury, and the board of directors of Newburyport YWCA, a former member of the board of directors of Lawrence General Hospital Aid Association, and a past president of the Merrimack Valley United Way.

For several years she helped with the Among Friends soup kitchen at St. Paul Church in Newburyport.

She enjoyed spending time with her family and traveling.

Members of her family include her daughters and sons-in-law, Mary Louise and Roger Gagnon of Newburyport and Gretchen C. and Richard Allen of Wickenburg, Ariz.; sisters, Joan Levinson of Asheville, N.C., and Barbara Kuhlman of Richmond, Ind.; three grandchildren; three nieces, one nephew; and several cousins.

She was the widow of Willard Currier.

Her funeral was held Monday at Simplicity Burial & Cremation Services in Newburyport. A graveside service was held Tuesday at West Parish Cemetery.

Memorial contributions may be made to Newburyport YWCA, 13 Market St., Newburyport, MA 01950.

Barbara Wescott

Active member of South Church lived in Andover since 1947

Barbara (Harlow) Wescott, 82, of Andover died Tuesday, Nov. 2, at MI Nursing & Restorative Center in Lawrence.

Mrs. Wescott was born and educated in Turners Falls and attended the University of Maine.

She lived in Andover since 1947.

Mrs. Wescott was a member of South Church and active with its Two and One Club and APC. She contracted polio in 1955 and became a key coordinator of the association of polio patients treated at the former Haynes Memorial Hospital in Brighton.

Mrs. Wescott volunteered for experiments at Boston University during the 1960s to help polio researchers learn about the potential of polio-damaged muscles.

She and her husband, Emery Wescott of Andover, wrote and published the Harlow Happenings Newsletter for many years.

Besides her husband, members of her family include her sons and daughters-in-law, Donald H. and Jacqueline Wescott of Richmond, Robert E. and Gretchen Wescott of Andover, and Gerald R. and Deborah Wescott of Jacksonville, Fla.; sister, Ann Blanker of Greenfield; five grandchildren; four great-grandchildren; one niece; and two nephews.

Arrangements were by Charles Dewhirst, Edgerley & Bessom Funeral Home.

A memorial service at South Church will be announced.

Memorial contributions may be made to South Church, 41 Central St., Andover 01810; Lazarus House, 48 Holly St., Lawrence; or Essex County Chapter of the March of Dimes.

Richard V. Kilinski

Was a consultant for Arthur Anderson and Price Waterhouse Coopers

Richard V. Kilinski, 45, of Andover died Wednesday, Nov. 3, at Holy Family Hospital and Medical Center in Methuen.

Mr. Kilinski was born in Chicago, Ill., and raised in Cleveland Heights, Ohio. He graduated from the University of Chicago where he lived until he moved to Andover in 1995.

Mr. Kilinski was a consultant for Arthur Anderson and Price Waterhouse Coopers.

Members of his family include his mother, Mary Alma (Wells) Kilinski of Tallahassee, Fla.; daughter, Megan A. Kilinski of Chicago; and sister, Andrea Randell of Tallahassee.

Arrangements were by Dewhirst & Conte Funeral Home.

A memorial service will be held at the convenience of the family.

OBITUARIES

The *Townsman* will publish obituaries of Andover residents without charge.

The paper also will publish without charge a short announcement of those people who died and did not live here, but are related to someone who lives in Andover. This listing will include the name of the deceased, where he or she lived, when he or she died, and names of relatives in Andover. Questions? Call Jack Grady or Taylor Armerding at 475-7000.

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Business

Business briefs ...

Challenge Unlimited included in philanthropy catalog

Andover-based Challenge Unlimited at Ironstone Farm has been selected to be included in the 1999 *Catalogue for Philanthropy*. The catalog, conceived and supported by the Ellis L. Phillips Foundation with help from other foundations and corporations, profiles 100 Massachusetts' outstanding educational, environmental and human services agencies. Challenge Unlimited was chosen from an application pool of more than 270 organizations.

The catalog was first published in 1997 as a way of increasing the number and level of charitable gifts made by individuals. The first two issues raised more than $700,000.

IRS summaries of the nation's income tax returns show that New England as a whole and Massachusetts in particular are among the least charitable in the country, despite an outstanding high average annual income. The catalog's "Generosity Index," which compares rankings in average itemized charitable deduction and average adjusted gross income, reported Massachusetts ranked 48 for 1997, the last year reported.

According the **George McCully**, publisher of the catalog, people are twice as likely to give to charity if properly informed abut the organization and presented with giving options.

McCully said, "Since the last 45 days of the year are the most productive time to request money, and since mail order catalogs are one of the most cost-effective sales, the Ellis L. Phillips Foundation created a charitable catalog to be mailed to selected household in November. The catalog is designed to be a showcase for Massachusetts' philanthropy and a one-stop-shop for a family's charitable giving. A single check or stock transfer can be allocated to as many charities as the donor pleases. Because this experiment is sponsored by Massachusetts' grant makers, 100 percent of each donor's contributions go to designated charities."

Challenge Unlimited was chosen after review by senior professional grant makers in the charity's region. "Charities are chosen for general excellence, cost-effectiveness, and general interest to the public," McCully said.

Local residents ride to help Lung Association

The American Lung Association of Massachusetts announced that Andover residents **Susan Russell, Leslie Ganky, Leslie Russell** and **Lani Arnzen** participated and helped to raise money for ALAM's 1999 Autumn Escape Bike Trek held Sept. 17-19.

For 15 years, cyclists have embarked on this three-day, 160-mile adventure from Plymouth to Provincetown supporting the fight against lung disease.

Susan Russell stays busy with family, friends, biking, beekeeping, quilting and spending time outdoors. She said her goal was to reach the finish line in Provincetown and that she was also committed to raising money for the Lung Association.

Ganky is a licensed social worker and a full-time mom to two daughters, aged 3 and 6.

"I got involved in bike trekking through neighbors and friends. We wanted to improve our fitness and at the same time raise money and awareness for the Lung Association. I also want to be a positive role model for my daughters," she said.

Leah Russell is a 13-year-old eighth-grader at Doherty Middle School. Instead of watching television, she reads, paints, swims, camps, goes fishing and plays the piano. Her new challenge is biking.

"I learned about the trek through friends and thought it would be fun. I wanted to get in shape and raise money for lung disease," she says. "Three relatives have asthma and I want to help them."

Arnzen stays busy with family, hiking and gardening.

"I've been biking with a group of friends for the exercise each morning before work. We decided the trek would be a focus for our training and at the same time would contribute to helping others."

The American Lung Association fights lung disease through education, community service, advocacy, and research and is the largest voluntary organization in the country. Call 1-800-

(Continued on page 34)

Riding the Web revolution wave

Ed Flannery was born at a very good time to not only witness, but take part, in the computer revolution.

The Andover resident graduated from St. Anselm's in 1977. He got involved in computers in 1980, working for a company that had Western Union as a client.

"They were transmitting data at 50 bits per second," he recalls. "Now, businesses are running at terabits (more than a trillion). So yes, I guess I've seen the whole thing."

And Flannery wants to see a lot more as well. He is the founder and CEO of Opticom Inc., a developer of Web-based business software, which just moved from Manchester, N.H. into new corporate offices at One Riverside Drive, and is "growing exponentially," he says.

"I started with myself, then I hired one more person, and now we're up to 45," he says, adding that the company will occupy about 16,000 square feet now, and take over that much space again by next summer.

The business, he says, is one of the exploding opportunities offered to entrepreneurs by technology and the Web.

"A funny thing has happened with technology," he says. "For a long time, it was only technology that technical people needed to use."

But now that it has essentially taken over the workplace, it has also invaded the lives of business executives who want to be running a business, but find that they have to be computer experts as well.

"Traditional businesses are now having to use electronic commerce to market and sell their products," he says, "and the executives that run those businesses are not used to having to deal with technical issues."

Flannery, who launched the business in April 1997, says a number of things "got my attention" about technology and business.

"If you went into a company like Liberty Mutual, you'd have six or seven (computer) management platforms, for things like asset management, systems performance, things like that.

Photo by Lisa Adelsberger

Growing, growing — Ed Flannery, founder and CEO of Opticom, poses outside the company's new headquarters.

"My vision was to ask, why put money and resources into all these parallel systems? Why not design one that can do it all."

So far, he's been able to take that vision from design to actual product without any venture capital. "We've done it all on receivables and sales revenues," he says.

In public relations jargon, a press release says that "Opticom develops Web-based executive-level reporting software that tightly integrates with existing management platforms to simplify infrastructure management and add valuable executive reporting."

In somewhat plainer English, Flannery says his Executive Information Systems (EIS) software not only ties all those streams of information together, it also "offers business solutions," by managing Web sites, comparing vendors, tracking assets and the like.

"We can keep track of a client's assets worldwide — track when they bought something and depreciate it so they know what it's worth today. The software also spots trends, so an executive can tell if he's going to run out of capacity in three months in a particular area."

"Nobody else in the industry is doing this," he says.

And if nobody else gets into this game, Flannery says the possibilities are practically limitless.

"The market for this technology is about $25 billion," he says, "so there is a huge potential developing over the next five to ten years. Businesses (that are moving to the Web) are going to need tools like ours."

And for anyone who wants to jump on the Opticom bandwagon, Flannery says the company is now putting the systems in place to go public. "We're hoping for an IPO (initial public offering) at about this time next year," he says.

Opticom can be reached on the Internet at www.opticominc.com.

— Taylor Armerding

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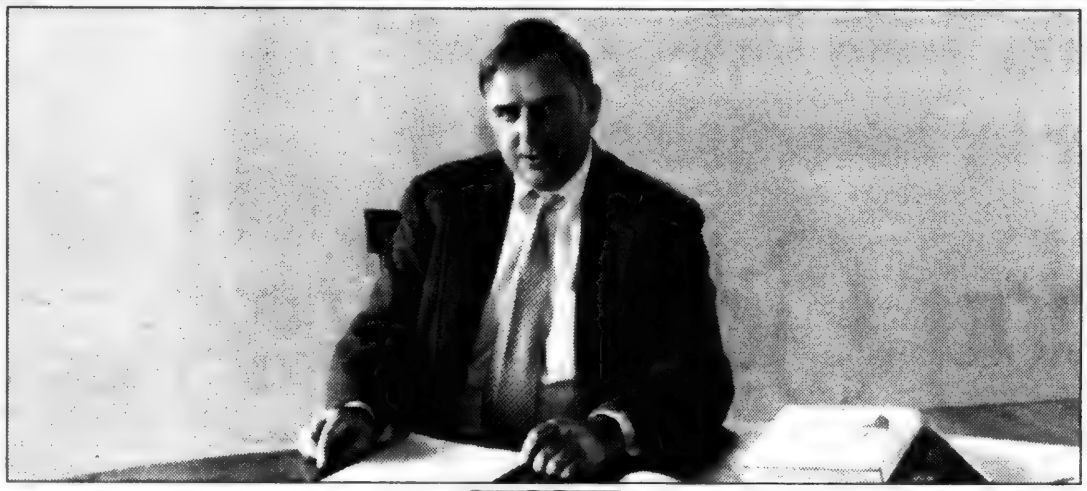

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Inquiries and applications for programs during the 1999-2000 academic year are now being accepted. Enrollment is limited. Visit their Web site: **beavenandassociates.com** or email: **prbeaven@aol.com**

Beaven & Associates is located at 91 Main St., Andover. Telephone (978) 475-5487. *5/27/99 Laurie Levy*

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BUSINESS

(Continued from page 32)

LUNG-USA for more information.

apps4biz.com opens headquarters at Brickstone

apps4biz.com, a provider of e-business application software for smaller businesses and manufacturers, today announced the global expansion of the company with the opening of its new corporate headquarters at Brickstone Square, Andover.

The new 6,400-square-foot corporate headquarters follows the creation of offices in Torino, Italy and the appointment of Luciano Balma as vice president, European Sales.

"We are committed to expanding our corporate presence globally, as small businesses orldwide are ideally suited for the product suite we offer," said **Mory Bahar**, president and CEO of apps4biz.com.

"There is a plethora of small businesses and manufacturers that are searching for a single software application provider that will allow them to automate their business operations and access the global business opportunities via the Internet and e-commerce capabilities. They are currently supported by fragmented local or regional vendors who are incapable of keeping up with the rapid change in our industry."

***

The company also announced that it has named **Peter Lopes** vice president of worldwide marketing. "Peter has a proven track record in marketing and selling business software as well as launching start-up organizations for success," said Bahar.

Prior to joining apps4biz.com, Lopes served as vice president, sales and marketing, and managing director for Psipenta USA Inc. He was responsible for establishing the company in the U.S. and for its company-wide go-to-market strategy. Through his efforts, Lopes succeeded in getting Psipenta established in the U.S. and acknowledged as one of the top 100 manufacturing software companies by *Manufacturing Systems* magazine and on the "Hot" technology list of *Start Magazine*. Before joining Psipenta, Lopes held numerous executive positions at Tetra International Inc., where he was responsible for establishing a direct sales channel in the U.S., expanding the company's existing reseller channel, as well as managing the marketing and pre-sale consulting resources for North America.

"The opportunity to take my experience and apply it to expanding the worldwide corporate marketing operations for apps4biz.com is extremely challenging and exciting," said Lopes.

Keller joins Alliance for Affordable Services

Kevin A. Keller, of Andover, has joined The Alliance For Affordable Services (AAS) as a small business adviser.

Originally founded in 1981 as the National Council of Coalitions, AAS is based in Washington, D.C., and lobbies for the rights of small businesses. The not-for-profit organization is a national organization made up of approximately one million small business owners and the self-employed.

Keller assumes the responsibility for marketing affordable health care benefits and other related business services that are attained through the group-buying efforts of the AAS to the small business community in Eastern Massachusetts.

Keller has been a resident of Andover for five years and was previously marketing manager for Salomon, N.A. of Georgetown.

New Boston refinances 6 Campanelli Drive

New Boston Fund Inc., a Boston-based real estate investment, development and management firm, announced it has refinanced seven office properties located in Greater Boston and Metro West areas for $30.8 million, including 6 Campanelli Drive in Andover.

Joe Harris, chief financial officer of New Boston Fund, stated that the loan was placed with Worcester-based Allmerica Asset Management for a five-year term at a rate of 7.3 percent.

"We're pleased about having the financing of these properties remain local," Harris said. "Partnering with Allmerica shows that both our organizations are committed to sustaining strong commercial properties in our region."

Based in Boston, New Boston Fund is a private real estate investment, development and management firm. Founded in 1993 by the Rappaport family of Boston, New Boston Fund owns and manages more than six million square feet of commercial real estate.

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Nov. 18	Nov. 19	Nov. 12
Nov. 25	Nov. 26	Nov. 17
Dec. 2	Dec. 3	Nov. 24
Dec. 9	Dec. 10	Dec. 1
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1/2-page hor.	7 cols. (10¾") x 6¼"	7 cols. (10¾") x 7"	3,445.31
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1/8-page vert.	1¾ cols. (2½") x 6¼"	2 cols. (2⅞") x 6¼"	869.25
1/8-page hor.	3½ cols. (5¼") x 3"	3 cols. (4 5/16") x 3"	759.88

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Sports

Warriors fall below .500 with another heartbreaking loss

By Rick Harrison

ANDOVER — Just when the Andover High varsity football team thought it had seen it all — from Lowell High running back Raunny Rosario — along came Chelmsford High's Chris Piscione.

In a game equally frenetic and frenzied as the 34-33 loss to Lowell a week earlier, Piscione dominated with close to 400 yards total offense as the undefeated Lions squeezed out a 28-21 Merrimack Valley Conference triumph under the lights at Lovely Field.

Piscione, in a performance that rivaled Rosario's 293-yard, three-TD effort, ran for 237 yards and two TDs on 35 carries. He also returned a kickoff 85 yards for another score, and won the game with a 15 yard interception return of an AHS screen pass with 6:22 left as Chelmsford erased a 21-20 deficit.

Coach Ken Maglio's Golden Warriors, who appear to have cornered the market on heartbreaking losses, dropped their third straight and fell to 4-5 overall.

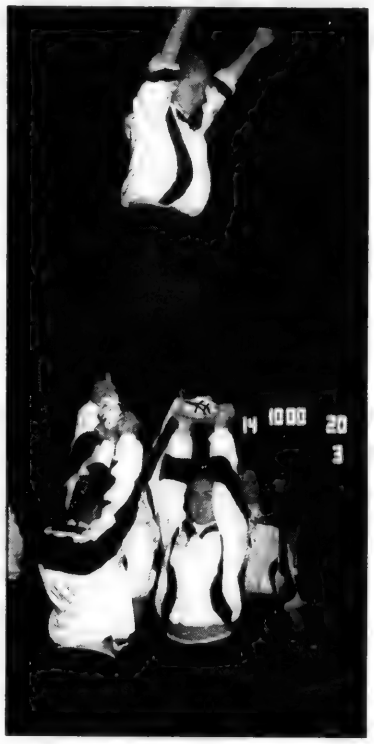
The win kept the Lions tied for first in the MVC with a 6-0 league record (8-0 overall).

AHS kept the game tight despite managing only 118 total yards, 39 net on the ground and 79 through the air.

Several sacks by Chelmsford had Andover posting negative rushing numbers in the second half.

But Mike Giles set what is believed to be a school record when he returned a fumble 97 yards for a touchdown in the third period, completely changing the complexion of the game at the time.

The stubborn CHS defense limited Giles to just 26 yards rushing, and put



◀ Leading the cheers for the Golden Warriors are Dana Sussman, held aloft by (from left) Lindsay Rosen, Napura Camarillo and Priscilla Dias.

Photo by Carol Van Doren

enough pressure on senior quarterback Chris Rogers that he completed only 5-of-19 passes (one interception) for 52 yards.

Maglio reached into his bag of tricks, and Giles showed his versatility by pitching a 27-yard option pass to Charles Murnane for a second-quarter touchdown.

It was Giles' first scoring toss of the season and Murnane's team-high fifth touchdown catch.

* * *

After a scoreless first quarter, Eastern Mass. Division 2 scoring leader Piscione (24 TDs, 144 points) put the visitors ahead with a four yard touchdown run 3:19 into the second period. Placekicker Eric Mounsey's 27th PAT of the season made it 7-0.

The breakthrough TD was set up when the Lions' Ryan Farley blocked an Andover punt.

Giles and Murnane hooked up a short time later on the option pass, and the first of Charles Murnane's three conversions tied the score 7-7.

The Lions came right back to regain the upper hand, 14-7, as Piscione knifed across from the two and Mounsey booted the extra point with 1:45 left in the half.

Piscione set up that tally with a 64 yard run before Giles hauled him down.

Rogers responded with a 24 yard TD run on a keeper — his third this fall — with just eight seconds left in the half.

The scramble for six points capped a quick 11-play, 80-yard drive that took just 97 seconds off the clock. It was a two-minute drill worked to near perfection.

Murnane's kick split the uprights to make it 14-14.

Piscione, however, gathered up the ensuing squibbed kickoff at his own 15, broke loose at the 40, and raced 85 yards to put Chelmsford ahead for the third time.

Mounsey's kick was blocked on the final play of the half, but the Lions went to the locker room with a 20-14 lead.

Chelmsford was driving for another score late in the third quarter when the speedy Giles, who twice caught Piscione from behind, scooped up Piscione's fourth-down fumble at the AHS three and sprinted 97 yards to tie the game with 1:27 left in the period.

Murnane gave the locals their first lead, 21-20, with his 17th PAT kick of the season.

That's how it stayed until the omni-present Piscione stepped in front of a Rogers' pass at the Golden Warriors' 15 and returned the ball for the winning touchdown.

That capped a wild game full of twists, turns and returns.

* * *

• This was only the second close game for the Lions, hoping for a Thanksgiving Day showdown with Billerica for the league title and Super Bowl berth, who have blown away every other opponent except Central Catholic (whom they beat 21-13).

Chelmsford is averaging 30.5 points per game while allowing 8.8.

Piscione leads Eastern Mass. Divi-

(Continued on page 36)

FOOTBALL

CHELMSFORD 28, ANDOVER 21
at Lovely Field

Chelmsford	**0**	**20**	**0**	**8**	**—**	**28**
Andover	**0**	**14**	**7**	**0**	**—**	**21**

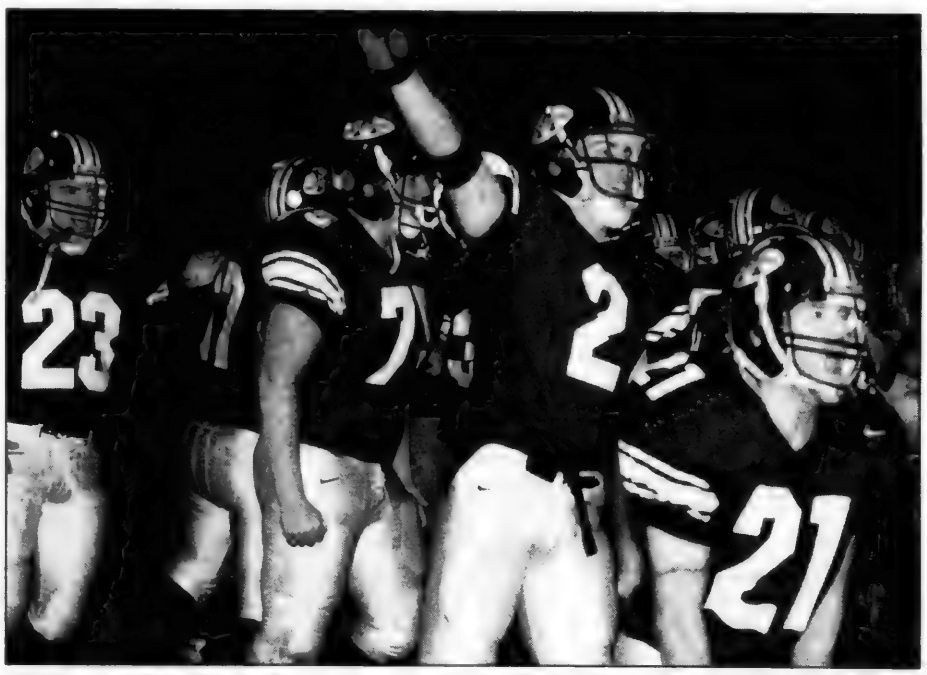
C: Chris Piscione 4 run (Eric Mounsey kick)
A: Charles Murnane 27 pass from Mike Giles (CMurnane kick)
C: Piscione 2 run (Mounsey kick)
A: Chris Rogers 24 run (CMurnane kick)
C: Piscione 85 kickoff return (kick blocked)
A: Giles 97 fumble return (CMurnane kick)
C: Piscione 15 interception return (Mike Smith pass from Brian Maguire)

Team Statistics

First Downs: Andover 9; Chelmsford 15.
Rushes/Yards: Andover 16-39; Chelmsford 45-267.
Passing: Andover 6-20-1, 79 yards, TD; Chelmsford 4-7-0, 61 yards.
Total Yards: Andover 118 yards, Chelmsford 328.
Scrimmage Plays: Andover 42; Chelmsford 58.
Records: Andover 4-5, Chelmsford 8-0.

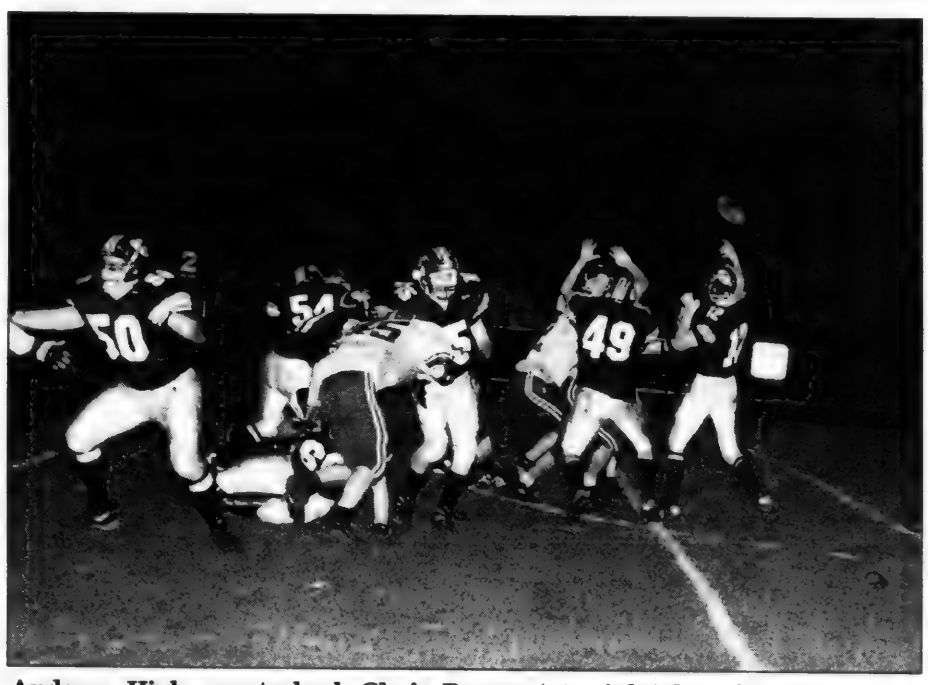
Individual Statistics

Rushing: A, Mike Giles 9-26; Charles Murnane 1-14; Chris Rogers 6-(-1), TD. C, Chris Piscione 35-237, 4 TDs; John Kydd 4-33; Tom Tran 1-2; Brian Maguire 3-(-5).
Passing: A, Chris Rogers 5-19-1, 52 yards; Mike Giles 1-1-0, 27 yards, TD. C, Brian Maguire 4-7-0, 61 yards.
Receiving: A, Charles Murnane 3-46, TD; Pat Murnane 2-32; Mike Giles 1-1. C, Jon Bertolami 2-35, Jeff Smart 1-13, Matt Coddaire 1-13.
Interceptions: A, None. C, Chris Piscione 1.
Fumble Recoveries: A, Mike Giles.



Andover High football players cheer for Mike Giles after he scooped up a fumble and returned it 97 yards for a touchdown to give Andover a 21-20 lead in the third quarter of game with undefeated Chelmsford. Among those whooping it up are (from left) Corey Dennis (23), Marc Baraby (75), Jason Crabbe (2) and Dan Nolan (21). Unfortunately for the Golden Warriors, Chelmsford (8-0) scored midway through the fourth period and escaped with a 28-21 victory.

Photos by Carol Van Doren



Andover High quarterback Chris Rogers (12, right) lets fly with a pass towards the sidelines during the Golden Warriors' 28-21 loss to undefeated Chelmsford. Among those doing the pass blocking are Mike Burnett (50), Sam Dadd (54), Dave Guertin (66), Mike Giles (15) and Mike Zizzo (49). Rogers, who has thrown for 11 touchdowns and more than 1,200 yards this season, had a rare tough night as the hard-charging Lions' defense held him to five completions for 52 yards.

AHS ROUNDUP: Tournament play begins for AHS girls volleyball, boys soccer and girls soccer teams

By Rick Harrison

The remarkable 1999 fall season has spilled over into Division 1 North Tournament play for the Andover High girls volleyball, boys soccer and girls soccer teams.

* * *

The AHS girls varsity volleyballers continue to roll on undefeated, as the North top seed advanced to the Sectional Tournament semifinals with consecutive 3-0 sweeps of Lowell and Westford Academy.

The Lady Warriors, 22-0 and three wins shy of a state title, return to the court Friday when they host Merrimack Valley Conference Division 1 champ Chelmsford (18-4) at the Dunn Gymnasium (7 p.m.).

The teams met once during the regular season, on Oct. 13, with AHS registering a rare win over the Lions by a 2-0 score.

"There's extra pressure being the undefeated No. 1 seed," said coach George Sullivan. "We put a lot of it on ourselves."

The burden of being the team to beat has shown occasionally in short stretches of nervous tourney play — before the Lady Warriors' talent takes over and wears down opponents.

* * *

In two strikingly similar games at Lovely Field, the host AHS boys soccer team slipped past Division 1 North first-round foe Framingham, 2-1 in sudden-death overtime, and quarterfinal opponent Acton-Boxboro, 2-1 in sudden-death overtime, as the Bellacqua brothers led the way.

MVC Player of the Year Paul Bellacqua scored the game-winning goal in both games, each coming during the sixth minute of a scheduled 10-minute overtime period.

Junior goalkeeper Dan Bellacqua made eight saves in each game, including a pair of dramatic breakaway stops against Framingham early in the extra session.

Those victories moved the No. 3 seed Golden Warriors to the final four in Division 1 North, and also brought the locals within four wins of a first-ever state title.

Andover returns to action tonight in a North semifinal game at the neutral Woburn High field against familiar foe Central Catholic.

Central (12-3-5) registered earlier tourney shutout wins over Medford (3-0) and No. 2 seed Beverly (4-0).

Central goalkeeper Matt Gagne has 14 shutouts in 20 games this fall, including a 2-0 win over Andover on Sept. 18.

The locals came back to salvage a split of the season series with a 2-0 whitewash of their own Oct. 11.

The winner of last night's game is tentatively scheduled to play for the Division 1 North title on Saturday with the site, time and opponent determined after *Townsman* presstime.

The state semifinals and championship game are next week.

* * *

The top-seeded and unbeaten Andover girls soccer juggernaut also won its tourney opener, 2-1 in sudden-victory overtime, with goals by Lisa Tisbert and Allison Corey providing the scoring punch against MVC archrival Billerica under the lights at frigid Lovely Field.

AHS returns to action Friday night in the semifinals, battling No. 4 seed Newton North (16-1-3) at a neutral site.

No. 2 Winchester (17-2) and No. 6 Acton-Boxboro (14-4-3) are also still alive in the North Sectionals and will meet in the other semifinal.

Friday 's survivors will battle for the North title with the day, time and site to be determined.

* * *

The Merrimack Valley Conference dual-meet champion Andover girls swim and dive team finished a close second to Chelmsford in the annual MVC Championship Meet.

The Lady Warrior divers — led by Jen Busby, Krit Kearins and Kristen Elsmore — ruled the day while Sally Brown, Connie Brown and Holly Boucher posted their usual double wins.

* * *

In cross country, junior Tim Galebach placed second and Sheena Patel was fifth in their respective divisions of the Merrimack Valley Conference Championship Meet.

The Andover girls finished third and the boys eighth in the team standings.

* * *

The composite won-lost-tied record of the nine AHS fall varsity sports teams through Tuesday is an impressive 97-28-11.

GIRLS VOLLEYBALL

The Lady Warriors made short work of both Lowell and Westford Academy, two teams they had beaten twice by 2-0 scores during the regular season.

Coach George Sullivan and Art Iworsley's undefeated team, now 22-0, has 21 sweeps in its 22 matches.

TOURNAMENT
FIRST ROUND
Andover 3
Lowell 0

The locals set the tone with a 15-3 romp in the opening game at the Dunn Gym, and completed the shutout with 15-9 and 15-11 wins.

MVC Division 2 runner-up Lowell, which finished the season 13-9, had

(Continued on page 37)

AHS FOOTBALL

(Continued from page 35)

sion 2 in touchdowns (24) and scoring (144 points), and he now has 1,305 yards rushing. He has scored four TDs in each of the last four games.

• Chelmsford has now won 10 straight games and 13 of 14 over the past two years.

Andover defeated the Lions 35-33 in a wide-open shootout last November. The Golden Warriors have won three of the last five against Chelmsford after losing nine straight between 1986 and 1994.

Since 1980 Chelmsford holds a 13-4-1 series edge (two years with no game).

* * *

Andover should get a much-needed breather tomorrow night when they host struggling Haverhill (1-8) at Lovely Field.

The Hillies, who were blitzed 30-0 by Billerica last weekend, are dead last in the conference (1-8) and have lost five straight since a 12-0 interstate victory over New Hampshire Division 2 school Bishop Guertin of Nashua.

The season wraps up against two-time reigning MVC and Eastern Mass. Division 2 Super Bowl champion Central Catholic (4-3) on Thanksgiving morning at Veterans Memorial Stadium in Lawrence (10 a.m.).

* * *

For the season, Rogers is now 78-for-166 passing (47 percent) for 1,249 yards (seven interceptions).

Pat Murnane has 27 receptions for 418 yards, Charles Murnane 26 for 448 yards, Mike Giles 13 for 158 yards, and Bruce Brown six for 142 yards.

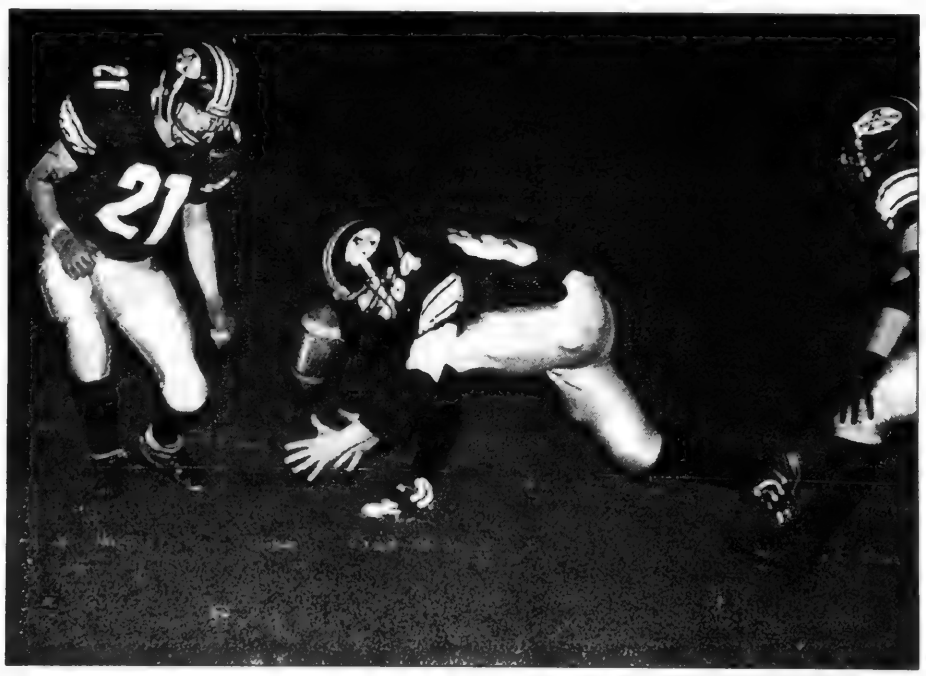
Giles has 582 yards rushing on 104 carries (5.6 average).

ANDOVER SCORING

FOOTBALL
(9 games)

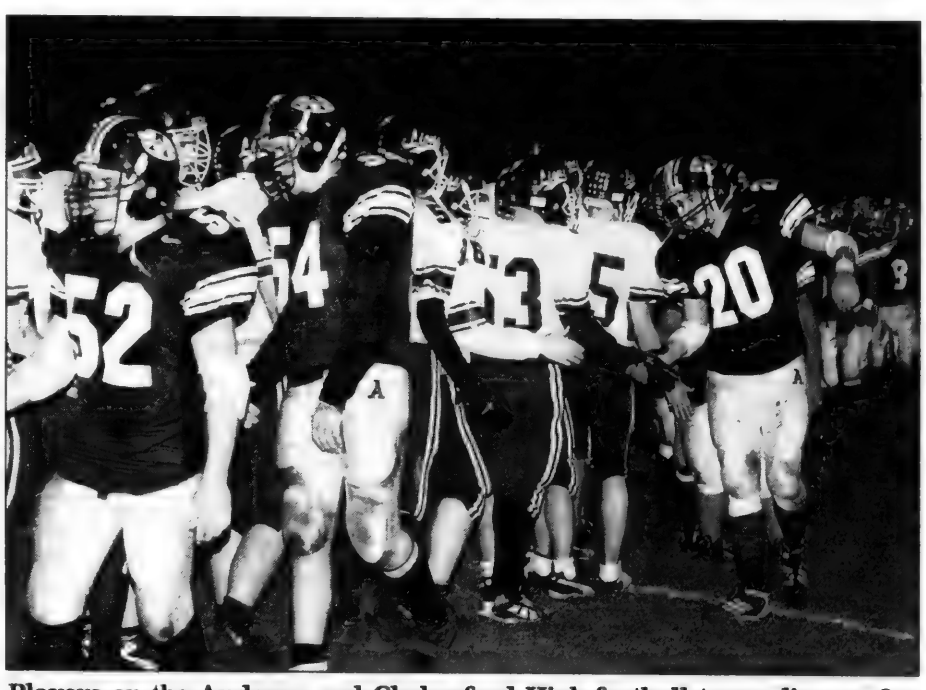
	TD	PA	Pts.
Mike Giles	12	0	72
x-Charles Murnane	5	17	50
Pat Murnane	4	2	26
Chris Rogers	3	0	18
Ben Perkins	1	0	6
Jon Martin	0	2	2
Casey Rillahan	0	1	1

x = kicked 1 field goal
TD Passes: Chris Rogers 11, Mike Giles 1.
TD Receptions: Chuck Murnane 5, Pat Murnane 4, Mike Giles 3.
Top Rusher: Mike Giles, 582 yards.



Photos by Carol Van Doren

Pat Sullivan (64, center) tries to scoop up a loose ball while Dan Nolan (21) moves in to help out during action in Andover High football team's tough 28-21 loss to undefeated Chelmsford at Lovely Field. AHS led 21-20 midway through the fourth quarter but couldn't hold on, dropping its third straight game and falling to 4-5. The Golden Warriors host Haverhill Friday night at Lovely Field (7 p.m.).



Players on the Andover and Chelmsford High football teams line up for the traditional game-ending handshake after the undefeated Lions pulled out a pulsating 28-21 come-from-behind victory in their Merrimack Valley Conference game. Andover players include (from left) junior guard/linebacker Andy Gallagher, senior two-way interior lineman Sam Dadd (54) and sophomore running back/linebacker Chris Barry (20). Chelmsford improved to 8-0 as a co-leader of the MVC while Andover fell to 4-5 overall.

AHS ROUNDUP

(Continued from page 36)

advanced to this first round match with a 3-2 triumph over Somerville in preliminary round play the night before.

"We made 14 service errors, had 13 bad hits and several mental lapses allowed the ball to drop between players," said coach Sullivan. "But part of the reason for the mistakes is we hit the ball hard. We've been serving and hitting hard all season, That's why we're 22-0. We keep going right after opponents the entire match."

MVC Division 2 Player of the Year Robin Young finished with a team-high eight kills, Julie Marvin added seven and Michelle Danis had four blocks.

Shannon Sweeney played an all-around fine match and Leah Spires was a top back-row defender.

"We faltered slightly in the third game — losing our composure briefly," said Sullivan. "But we got it all back together quickly and closed out the match.

"We're trying some high-tech stuff, like crosses, and for the most part it's working well. This is the first time I've had the courage to do some sophisticated moves with the girls — and they're having a lot of fun," said Sullivan.

Leading the way for Lowell were Christy Ouk (six digs), Ashley Cote (six kills, three blocks) and setter Meaghan Keefe (10 assists).

REGULAR SEASON
Andover 2
Lexington 0

"We started an all-senior lineup and they played well," said Sullivan, whose team rolled to the 15-8, 15-6 sweep.

The loss left the visiting Minutemaids, a top team in the North Shore League, at 14-5 overall.

Spires played strong defense and went 7-for-7 serving, while Capt. Pearson had a strong match hitting (4-for-5, one kill), setting and on defense.

Capt. Danis was 11-for-14 hitting with six kills, Kristen Sweeney passed well and was 3-for-4 hitting, and Kate Gurry was a defensive standout.

Top underclass performers were juniors Robin Young and Michelle Leahy, along with sophomores Julie Marvin and Shannon Sweeney.

Young was 8-for-8 serving and 8-for-8 hitting, with three kills and one ace. Sophomore Shannon Sweeney 7-for-8 serving (four aces) and 3-for-3 hitting. Marvin 4-for-4 serving with two aces and Leahy 12-for-14 serving with eight aces.

"Leahy was very tough with her serve," said Sullivan. "It was a terrific serving match for the whole team."

* * *

The Andover JVs completed their own perfect season, finishing 19-0 after a 2-0 sweep of Lexington in the prelim.

Leading the way to the 15-4, 15-1 victory were Andrea Manners, Amanda Camelio and Maura McCurdy.

Andover 2
Central Catholic 0

The visiting Raiders, although hovering around .500 for the season, once again gave AHS a tough time in the first game.

The Lady Warriors eventually pulled out a 15-13 victory, and then cruised to a 15-2 triumph to complete the sweep.

"The first match against Central was a struggle (2-1 win on Sept. 30), and tonight the first game was a real tug-of-war," said coach Sullivan.

"We didn't make any dramatic errors, but we didn't play smart and our passing was way off early in the match.

"Once we got in the groove we were awesome," said Sullivan. "Michelle Leahy's serving was excellent and Robin Young played tremendous defense in the second game."

Leahy finished 15-for-15 serving, with eight of her nine aces in the second game, and she was 6-for-6 hitting with two kills.

Young, who also passed well, was 12-for-12 hitting (six kills) and 4-for-4 serving.

Julie Marvin, who injured a shoulder diving for a ball in practice the day before, had five aces in the first game and finished 9-for-11 serving and 8-for-10 hitting with five kills.

Michelle Danis was 7-for-9 hitting (one kill) and she blocked well, while Shannon Sweeney went 4-for-6 hitting and 2-for-3 serving.

Lindsey Pearson finished 5-for-6 serving, with two aces, and 2-for-2 hitting.

Also contributing were Leah Spires (2-for-2 serving, 1-for-1 hitting) and Kristen Sweeney.

* * *

The AHS junior varsity rolled to a 2-0 win by game scores of 15-3 and 15-11. Playing well were Hillary Cohen (setting), Courtney Gatlin (7 service aces) and Amanda Camelio (10 aces, 20-for-20 serving).

The Andover JV-B team finished at 6-0-1 with a come-from-behind 2-1 triumph. Central won the first game in overtime, 17-15, before AHS rallied for 15-7 and 15-2 victories.

Sparking the effort were Kelly Couture, who had 12 straight service aces in game two, Lauren Fitzgerald (five aces in game one) and Liz Godek (defense).

Andover 2
Lowell 0

The regular season finale at the MVC Volleyball Night wasn't the Lady Warriors' finest hour — but they'll take the win.

"We've played better," said coach Sullivan. "The girls may have been pushing too hard — knowing they were 19-0 and hoping for 20-0. They were a little jittery at the start.

"It was also a different atmosphere. There were two matches going on at once and it was prety noisy."

AHS produced the sweep with 15-9 and 15-8 victories.

Julie Marvin finished 12-for-15 hitting and 10-for-13 serving, with three kills and six aces. Her sixth ace closed out the second game.

Michelle Danis was 13-for-13 hitting, with five kills, and 3-for-5 serving.

Robin Young went 10-for-13 hitting, with two kills, and a perfect 15-for-15 serving with four aces.

Shannon Sweeney contributed 6-for-10 hitting and 8-for-8 serving, with two kills and two aces.

Lindsey Pearson was 4-for-4 hitting (one kill) and 7-for-9 serving (one ace), while Michelle Leahy's stats were almost identical with 4-for-4 hitting (one kill) and 6-for-9 serving (two aces).

Leah Spires chipped in 2-for-2 hitting and 1-for-2 serving.

Lowell (12-8, 7-7 league) was led by Tabitha Hebert (seven defensive digs, three aces) and sophomore setter Meaghan Keefe (13 assists), while Estrella Kuilan and Ashley Cote combined for eight kills and four blocks.

There was no JV match.

CROSS COUNTRY

After losing only one dual- and tri-meet race for the Andover High boys cross country team during the regular season, Tim Galebach placed second to Brian Griffin of Central Catholic in a field of 65 runners at the annual Merrimack Valley Conference Championship Meet hosted by Chelmsford High.

Junior Sheena Patel also made a strong showing with her fifth-place finish for the third-place AHS girls.

* * *

Patel, Emily Pfeil and Lindsey Durkin finished 2-3-4 as the Lady Warriors sloshed past host Lowell and Haverhill in a rain-soaked Merrimack Valley Conference tri-meet at Shedd Park.

Patel and Pfeil followed up with a 1-2 finish as the Lady Warriors wrapped up the 1999 campaign with a 21-40 victory over visiting Notre Dame Academy of Tyngsboro.

The AHS boys were not as successful, completing their regular season with a double dip against Lowell and Haverhill.

Those results left the AHS girls with a final 8-2 second while the boys closed at 2-7.

Schedule

The Eastern Mass. Division Championships are this Saturday at Franklin Park in Boston, and the season-ending All-State Meet is Nov. 20 in Gardner.

State Coaches Meet

Tim Galebach finished seventh in the Division 1 boys junior/senior race at Franklin Park, covering the 3.1 mile course in 16:39.

Emily Pfeil was the top AHS finisher in the Division 1 girls race. crossing in 21:53 for 36th place.

The other top Lady Warrior was Caitlin Woo (46th, 22:16).

In the sophomore race, Lindsay Durkin finished 19th in 21:27 and Laura O'Connell was 36th in 22:08.

MVC Championship Meet

Galebach ran Chelmsford's 5K course in 16:52 for second place, only a few strides and eight seconds behind winner Brian Griffin of Central Catholic (16:44).

Galebach handed Griffin his only loss when the talented pair hooked up in a dual meet earlier this season.

The Andover boys placed eighth in a nine-team field with 171 points. Lowell won the team title with 60 points and Lawrence was second at 68.

Other scorers for the Golden Warriors were junior Brendan Ahern (33rd, 18:11), senior Capt. Greg Stamm (37th, 18:22), Brian Gosselin (46th, 18:50) and freshman Andy Pfeil (53rd, 19:41).

Also competing for Andover were junior Bobby Filbin (54th, 19:43) and Chris Brown (56th, 20:10).

* * *

The AHS girls finished with 118 points, trailing only runaway winner Tewksbury (33) and second place Chelmsford (77) in the team standings.

Sheena Patel was fifth in the 5K race with a 21:14 clocking.

Kerri Aherne of Tewksbury won the race by 26 seconds with her 19:53 finish.

Also scoring for the Lady Warriors were junior Emily Pfeil (24th, 22:11), sophomore Lindsey Durkin (26th, 22:17), sophomore Laura O'Connell (28th, 22:21) and senior Capt. Dorothy Stowe (35th, 22:47).

Others running were senior Laura Schrader (38th, 22:59) and junior Caitlin Woo (42nd, 23:03).

* * *

Andover girls 21
Notre Dame Academy 40

Sheena Patel completed Andover's 3.0-mile home course in 22:30, and Emily Pfeil made it a 1-2 finish with a 22:53 clocking in the

(Continued on page 38)

BOYS CROSS COUNTRY

MVC CHAMPIONSHIP MEET
at Chelmsford High
5K course
Team Scores

1. Lowell 60 pts; 2. Lawrence 68; 3. Haverhill 101; 4. Chelmsford 118; 5. Billerica 120; 6. Methuen 126; 7. Central Catholic 138; 8. **ANDOVER** 171; 9. Tewksbury 267.

Andover Placers

2. Tim Galebach 16:52; 33. Brendan Ahern 18:11; 37. Greg Stamm 18:22; 46. Brian Gosselin 18:50; 53. Andy Pfeil 19:41. **Other AHS Runners:** 54. Bobby Filbin 19:43; 56. Chris Brown 20:10.

Regular Season
LOWELL 18, ANDOVER 43
HAVERHILL 22, ANDOVER 37
LOWELL 17, HAVERHILL 41
at Shedd Park, Lowell, 2.8 miles

1. Chris Gonsalves (L) 15:25; 2. Pat Morasse (L) 15:28; 3. Tim Galebach (A) 15:30; 4. Eddie Kane (L) 15:35; 5. Matt Theodoros (L) 15:36; 6. Matt Germain (H) 15:38; 7. Larry Fowle (H) 15:42; 8. Randy Brodeur (L) 15:43; 9. Joe Sargent (L) 15:46; 10. Ryan Surette (H) 15:55; 11. Greg Stamm (A) 16:01; 12. Jom Soraghan (H) 16:03; 13. Marty LaFlamme (H) 16:05; 14. Brendan Ahern (A) 16:08; 15. Julio Otero (L) 16:12.
Final Record: Andover 2-7.

ANDOVER 18, TEWKSBURY 42
CENTRAL CATHOLIC 24, ANDOVER 31
CENTRAL CATHOLIC 17, TEWKSBURY 44
at Andover, 3.0 miles

1. Tim Galebach (A) 17:30; 2. Brian Griffin (CC) 18:06; 3. Joe Dooling (CC) 19:34; 4. Chris Grange (CC) 19:44; 5. Greg Stamm (A) 19:53; 6. Steve Traynor (CC) 19:58; 7. Andy Pfeil (A) 20:02; 8. Andrew MacKenzie (T) 20:03; 9. Brian Gosselin (A) 20:03; 10. Dan Sarsfield (T) 20:08; 11. Mike Hoye (CC) 20:09; 12. Brendan Ahern (A) 20:14; 13, Dave Cordima (A) 20:15; 14. Adam Johnson (CC) 20:24; 15. Jim Remmes (CC) 20:26.

ANDOVER 15, DRACUT 48
BILLERICA 26, ANDOVER 30
BILLERICA 15, DRACUT 50
at Billerica, 3.0 miles

1. Tim Galebach (A) 15:58; 2. Ryan Gough (B) 16:20; 3. Sachin Gupta (B) 16:41; 4. Dave Falvey (B) 16:46; 5. Brendan Ahern (A) 17:05; 6. Tom Lane (A) 17:06; 7. Greg Stamm (A) 17:19; 8. BGobby Jones (B) 17:35; 9. Mike Fidler (B) 17:39; 10. Devin Hagan (B) 17:47; 11. Andy Pfeil (A) 17:59; 12. Brian Gosselin (A) 18:04; 13. Andy Jones (B) 18:07; 14. Dave Horsman (B) 18:17; 15. Jared Long (D) 18:21.

GIRLS CROSS COUNTRY

MVC CHAMPIONSHIP MEET
at Chelmsford High
5K course
Team Scores

1. Tewksbury 33; 2. Chelmsford 77; 3. **ANDOVER** 118; 4. Methuen 119; 5. Central Catholic 149; 6. Haverhill 159; 7. Lowell 161; 8. Lawrence 192; 9. Billerica 205; 10. Notre Dame Academy 212; 11. Dracut 244.

Andover Placers

5. Sheena Patel 21:14; 24. Emily Pfeil 22:11; 26. Lindsey Durkin 22:17; 28. Laura O'Connell 22:21; 35. Dorothy Stowe 22:47. **Other AHS Runners:** 38. Laura Schrader 22:59; 42. Caitlin Woo 23:03.

Regular Season
ANDOVER 21, NOTRE DAME ACADEMY 40
at Andover, 3.0 miles

1. Sheena Patel (A) 22:30; 2. Emily Pfeil (A) 22:53; 3. Katie DesBois (NDA) 23:03; 4. Tracey Sarro (NDA) 23:18; 5. Laura O'Connell (A) 23:27; 6. Lindsey Durkin (A) 23:51; 7. Caitlin Woo (A) 24:09; 8. Katie McKain (A) 24:21; 9. Laura Schrader (A) 24:36; 10. Dorothy Stowe (A) 24:40.
Final Record: Andover 8-2.

ANDOVER 17, LOWELL 46
ANDOVER 25, HAVERHILL 31
HAVERHILL 18, LOWELL 38
at Shedd Park, Lowell, 2.8 miles

1. Elizabeth Corcoran (H) 19:05; 2. Sheena Patel (A) 19:12; 3. Emily Pfeil (A) 19:38; 4. Lindsey Durkin (A) 19:48; 5. Sarah Schena (H) 19:53; 6. Nancy Stronach (L) 20:00; 7. Meghan Darbier (H) 20:03; 8. Laura O'Connell (A) 20:07; 9. Tara Lynch (H) 20:10; 10. Dorothy Stowe (A) 20:12; 11. Caitlin Woo (A) 20:21; 12. Katie Roche (H) 20:48; 13. Laura Schrader (A) 20:51; 14. Keri Colameta (L) 20:58; 15. Kerry Stronach (L) 21:02.

ANDOVER 22, CENTRAL CATHOLIC 33
TEWKSBURY 25, ANDOVER 30
TEWKSBURY 19, CENTRAL CATHOLIC 36
at Andover, 3.0 miles

1. Kerri Aherne (T) 20:55; 2. Shelly Bacigalupo (T) 21:50; 3. Kristen Sidie (CC) 22:15; 4. Sheena Patel (A) 22:36; 5. Emily Pfeil (A) 23:02; 6. Laura O'Connell (A) 23:07; 7. Stephanie Starling (T) 23:08; 8. Candice Marcotte (T) 23:19; 9. Maura Foster (CC) 23:25; 10. Caitlin Woo (A) 23:34; 11. Jenna Grady (T) 23:42; 12. Laura Schrader (A) 23:49; 14. Sarah Ouellette (CC) 23:58; 15. Kendra Bower (CC) 24:01.

ANDOVER 21, BILLERICA 40
ANDOVER 17, DRACUT 46
BILLERICA 19, DRACUT 44
at Billerica, 3.0 miles

1. Lisa Geary (B) 20:06; 2. Emily Pfeil (A) 20:27; 3. Sheena Patel (A) 20:46; 4. Laura O'Connell (A) 20:55; 5. Kate Canole (D) 21:09; 6. Caitlin Woo (A) 21:31; 7. Lisa McLay (B) 21:43; 8. Laura Schrader (A) 22:08; 9. Dorothy Stowe (A) 22:11; 10. Kaitlin Stolberg (A) 22:17; 11. Danielle Vinciguerra (B) 22:17; 12. Melissa Yee (A) 22:30; 13. Sarah Patriquin (B) 22:33; 14. Christine Allosso (B) 22:38; 15. Jessica Wellum (B) 22:47.

AHS ROUNDUP

(Continued from page 37)

final dual meet of the fall.

Also scoring for the locals were Laura O'Connell (5th, 23:27), Lindsey Durkin (6th, 23:51) and Caitlin Woo (7th, 24:09).

Others placing in the top 10 were Katie McKain (8th, 24:21), Laura Schrader (9th, 24:36) and Dorothy Stowe (10th, 24:40).

Andover girls

The Lady Warriors earned the sweep with an 18-38 win over Lowell and 25-31 triumph over Haverhill.

Junior Sheena Patel covered Lowell's 2.8-mile Shedd Park course in 19:12 to finish second, seven seconds behind individual race winner Elizabeth Corcoran of Haverhill (19:05).

Junior Emily Pfeil (19:38) and Lindsey Durkin (19:48) were next in line, while other scorers were sophomore Laura O'Connell (8th, 20:07) and senior Capt. Dorothy Stowe (10th, 20:12).

Also finishing top 15 for the locals were junior Caitlin Woo (11th, 20:21) and senior Laura Schrader (13th, 20:51).

Andover boys

The Golden Warriors dropped a 22-37 decision to Haverhill and lost 18-43 to Lowell.

Sophomore Tim Galebach had a rare non-win, placing a close third behind Lowell sophomores Chris Gonsalves and Pat Morasse in the tightly-bunched field.

Galebach finished in 15:30 while Gonsalves crossed first in 15:25 and Morasse second in 15:28.

Andover placed only two other runners in the top 15, senior Greg Stamm 11th in 16:01 and junior Brendan Ahern 14th in 16:08.

GOLF

The Andover High golf team completed the 1999 season with a 10-2 romp over Central Catholic in a recent Merrimack Valley Conference makeup match at Indian Ridge CC.

The Golden Warriors, six-time MVC champs dethroned by Methuen (11-3-2) this fall, finished the season third in the MVC at at 9-5-2 overall.

* * *

The future looks bright as only senior Capts. Alex Berger (possibly headed to Rollins College next fall) and Mark Russo will graduate from this 1999 team that also featured three juniors, five sophomores and two freshmen.

Schedule

Although the team did not qualify, sophomore J.J. Herling played for the state individual title at Holden Hills GC on Monday.

The 1999 Junior Rogers Tournament champ was team medalist at the sectionals, shooting an 80 at Beverly Golf & Tennis Club to beat the cutoff (81) by one stroke.

All-Stars

J.J. Herling and Jon Ofria were named to the Merrimack Valley Conference All-Star team.

Breakup dinner

The team breakup dinner is scheduled for this Sunday, Nov. 14 at a restaurant in Reading.

Andover 10
Central Catholic 2

Medalist Peter Burbank carded a two-over 38 in the season finale, winning his match easily, 3-and-2.

Other individual victors for the Golden Warriors were sophomore Dan Lentz (2-up), junior Nick Berger (1-up), freshman Andy Haak (3-and-2) and junior Jon Ofria (3-and-1).

Halving their matches for AHS were freshman Brian Alberico and sophomore Derek Barenboim.

Andover swept all four best ball points behind the J.J. Herling/Lentz, Berger/Haak, Alberico/Barenboim and Burbank/Ofria tandems.

Ofria also shot a crisp 39.

GIRLS SWIM & DIVE

The Andover High girls swim and dive team swept the top three places in the one-meter diving — and touched first in 10 of the 11 races.

Sounds like a winning formula, but AHS had to settle for second place overall among five teams in the two-day Merrimack Valley Conference Division 1 Championship Meet.

The diving was held at Lowell High and the swimming at Haverhill High.

It was strictly a two-school battle for team honors, Chelmsford finishing with 485.5 points and the Lady Warriors a close runner-up at 467.

Haverhill was a distant third (215.5), Nashua fourth (129) and Lowell fifth (80).

"When you're scoring 12 places depth really counts," said AHS coach Marilyn Fitzgerald, whose team recently completed a perfect 12-0 dual-meet season. "Chelmsford had more depth this time.

"I was trying some lineup things for the (North) Sectionals and State Meet," added Fitzgerald without elaborating. "Hopefully we'll catch Chelmsford in those two."

The Lady Warriors produced an impressive 47 state- and 25 additional sectional-cut times this season.

Schedule

The annual Division 1 North Sectionals are this Saturday at Regis College in Weston (diving at 9 a.m., swim races at 2 p.m.).

(Continued on page 40)

GIRLS SWIM & DIVE

MVC CHAMPIONSHIP MEET
Diving at Lowell High
Swimming at Haverhill High
DIVISION 1
Team Scores

1. Chelmsford 485.5; 2. **ANDOVER** 467; 3. Haverhill 215.5; 4. Nashua 129; 5. Lowell 80.

Individual Events
(Andover Placers)

200 MEDLEY RELAY: 3. Andover A (Caitlin Hamer, Dana Medaglio, Lauren Harlow & Erica Douvadjian), 2:00.71; 4. Andover B (Lauren Kapelson, Hillary Schofield, Monika Eghbalian & Beth Couture), 2:05.03
200 FREE: 1. Harlow 1:59.44; 2. Caitlin Geary 1:59.77; 9. Edie Muller 2:09.44; 10. Alexis Caselle 2:10.82
200 IM: 1. Sally Brown 2:11.78; 9. Schofield 2:28.52; 11. Eghbalian 2:28.70
50 FREE: 1. Holly Boucher 24.81; 7. Douvadjian 26.72; 8. Couture 26.79
1-METER DIVING: 1. Jen Busby 251.50 pts; 2. Krit Kearins 234.65 pts; 3. Kristin Elsmore 228.95 pts; 5. Gretchen Fuhr 180.40 pts; 6. Becky Hass 177.15 pts; 8. Erin Daly 157.85; 10 Mairen Neri 153.35 pts
100 BUTTERFLY: 1. Connie Brown 58.07; 3. Harlow 1:02.81; 4. Holly Hinds 1:03.28; 10. Eghbalian 1:06.90; 12. Medaglio 1:08.79
100 FREE: 1. SBrown 54.38; 7. Muller 59.15; 8. Douvadjian 59.43; 10. Couture 1:01.16
500 FREE: 1. Geary 5:15.09; 7. Hamer 5:39.91; 12. Ellie Browne 5:51.19
200 FREE RELAY: 1. Andover A (SBrown, Geary, Boucher & CBrown), 1:38.86; 5. Andover B (Couture, Schofield, Douvadjian & Hinds), 1:49.85
100 BACKSTROKE: 1. CBrown 1:00.19; 10. Kapelson 1:09.74; 12. Hamer 1:10.41
100 BREASTSTROKE: 1. Boucher 1:08.45; 4. Hinds 1:14.47; 5. Medaglio 1:14.49; 6. Schofield 1:15.21; 11. ACaselle 1:19.54
400 FREE RELAY: 1. Andover A (Harlow, Hamer, SBrown & CBrown), 3:40.16; 3. Andover B (Muller, Hinds, Geary & Boucher), 3:47.28

Regular Season
ANDOVER 100.5, CHELMSFORD 85.5
at Gr. Lawrence Tech

200 MEDLEY RELAY: 1. Andover (Connie Brown, Holly Boucher, Sally Brown & Caitlin Geary), 1:49.25; 2. Chelmsford (Katie Sullivan, Brianne Tully, Stacey Allberg & Andrea Li), 1:56.78; 3. Andover (Lauren Harlow, Eric Douvadjian, Beth Couture & Holly Hinds), 1:58.78
200 FREE: 1. SBrown (A) 1:54.62; 2. Geary (A) 1:59.38; 3. Kerryn Palmer (C) 2:02.00
200 IM: 1. Harlow (A) 2:14.09; 2. Suzie Wilson (C) 2:15.86; 3. Stephanie Chang (C) 2:16.00; 4. Hinds (A) 2:20.19
50 FREE: 1. Boucher (A) 24.38; Laura Miscowski (C) 24.92; 3. Li (C) 25.72; 5. Douvadjian (A) 26.19
1-METER DIVING: 1. Kristen Elsmore (A) 234.68 pts; 2. Jen Busby (A) 224.70 pts; 3. Jenn Casanova (C) 214.58 pts; 4. Krit Kearins (A) 209.93 pts.
100 BUTTERFLY: 1. CBrown (A) 56.31; 2. Palmer (C) 1:02.40; 3. Wilson (C) 1:02.47; 5. Monika Eghbalian (A) 1:06.72
100 FREE: 1 SBrown (A) 53.22; 2. Katie Gatti (C) 56.84; 3. Heather Ryder (C) 57.00; 5 Hinds (A) 57.91
500 FREE: 1. Geary (A) 5:13.88; 2. Harlow (A) 5:20.97; 3. Sullivan (C) 5:27.97; 4. Caitlin Hamer (A) 5:32.49
200 FREE RELAY: 1. Chelmsford (Miscowski, Li, Ryder & Wilson), 1:41.50; 2. Andover (Couture, Hinds, Douvadjian & Boucher), 1:43.06; 3. Chelmsford (Meghan O'Connell, Sarah Braunsweiger, Gatti & Sarah Zombek, 1:44.72
100 BACKSTROKE: 1. CBrown (A) 57.22; 2. O'Connell (C) 1:02.10; 3. Sullivan (C) 1:03.60; 5. Hamer (A) 1:07.77
100 BREASTSTROKE: 1. Boucher (A) 1:08.53; 2. Chang (C) 1:10.40; 3. Tully (C) 1:14.37; 4. Dana Medaglio (A) 1:14.65; 5. Hillary Schofield (A) 1:15.95
400 FREE RELAY: 1. Andover (Geary, Harlow, SBrown & CBrown), 3:36.93; 2. Chelmsford (Miscowski, Palmer, Ryder & Wilson), 3:44.62; 3. Chelmsford (Braunsweiger, Shauna McHugh, Gatti & Li), 3.50 69
Final Records: Andover 12-0, 9-0 MVC; Chelmsford 10-1, 8-1 MVC.

ANDOVER 104.5, DRACUT 76.5
at Gr. Lowell Tech, Tyngsboro
(Andover Placers)

200 MEDLEY RELAY: 1. Melissa Griffin, Holly Hinds, Dana Medaglio & Beth Couture, 2:20.87; 2. Lauren Kapelson, Kelly O'Brien, Monika Eghbalian & Christina Caselle, 2:21.28
200 FREE: 1. Edie Muller 2:09.43; 2. Ellie Browne 2:14.69; 3. Nina Conn 2:34.75
200 IM: 2 Jessica Greene 2:51.55; 3. Michelle Zaiter 2:56.54; 4. Cara Chiaraluce 3:07 03
50 FREE: 1. Caitlin Geary 26.28; 2. Lauren Harlow 26.46
1-METER DIVING: 1. Kristen Elsmore 225.65 pts; 2. Becky Hass 178.70 pts; 3. (tie) Bahaar Massihzadegan 153.20 pts
100 BUTTERFLY: 1. Beth Couture 1:10.38; 2. Browne 1:11.16; 3. Alexis Caselle 1:12.94
100 FREE: 1. Katie Buckley 1:06.91; 4. Ali Munroe 1:11.70; 5. Rosanna Webb 1:16.47
500 FREE: 1. Katya Yerozolimsky 6:31.19; 2. Angie Kearney 6:53.15; 4. Greta Kaminski 7:00.44
200 FREE RELAY: 2. Jen Borden, Kaitlin Haugh, O'Brien & Hass, 2:10.95
100 BACKSTROKE: 2. Kapelson 1:07.87; 3. Caitlin Hamer 1:09.70 **(sectional qualifier)**; 4. Kaitlin O'Malley 1:23.00
100 BREASTSTROKE: 1. Hillary Schofield 1:15.07 **(state qualifier)**; 2. ACaselle 1:19.26; 3. O'Neill 1:22.07
400 FREE RELAY: 1. Hinds, Chiaraluce, Greene & O'Neill, 4:36.62; 2. Buckley, Conn, Hamer & Kearney 4:41.60

ANDOVER 102, BILLERICA 64
at Shawsheen Tech, Billerica
(Andover Placers)

200 MEDLEY RELAY: 1. Holly Hinds, Dana Medaglio, Connie Brown & Lauren Harlow, 1:58.34; 2. Holly Boucher, Jessica Greene, Monika Eghbalian & Erica Douvadjian 2:05.66
200 FREE: 1. Ellie Browne 2:13.92; 2. Krissy O'Neill 2:18.95; 4. Kaitlin O'Malley 2:33.38
200 IM: 2. Alexis Caselle 2:25.88; 3. Beth Couture 2:33.83; 4. Christina Caselle 2:43.36
50 FREE: 3. Caitlin Hamer 27.30; 4. Katie Buckley 29>04
1-METER DIVING: 1. Jen Busby 245.80 pts; 2. Kaitlin Doyle; 3. Mairen Neri.
100 BUTTERFLY: 1. Medaglio 1:07.18 **(sectional qualifier)**; 2. Christiana Kuipers 1:09.31 **(sectional qualifier)**3. Katya Yerozolimsky 1:13.24
100 FREE: 1. (tie) Edie Muller 58.53 **(state qualifier)**3. Hamer (59.04 **(sectional qualifier)**; 5. Hillary Schofield 1:03.22
500 FREE: 1. Hinds (A) 5:42.88 **(sectional qualifier)**; 3. Eghbalian 6:01.31
200 FREE RELAY: 1. Harlow, Caitlin Geary, Boucher & CBrown, 1:42.93; 3. Muller, ACaselle, Ashley Hargadon & Freene, 2:00.17
100 BACKSTROKE: 1. Geary 1:09.95; 3. Greta Kaminski 1:19.31; 5. Ali Munroe 1:24.01
100 BREASTSTROKE: 1. CBrown 1:11.66 **(state qualifier)**; 2. Harlow 1:12.75 **(state qualifier)**; 4. Kerry O'Brien 1:26.22
400 FREE RELAY: 1. Muller, O'Neill, Yerozolimsky & Douvadjian 4:11.44; 2. Boucher, Buckley, Couture & Schofield 4:13.68

ANDOVER 103.5, METHUEN 74.5
at Gr. Lawrence Tech
(Andover Placers)

200 MEDLEY RELAY: 1. Holly Boucher, Sally Brown, Connie Brown & Caitlin Geary, 1:54.81; 3. Lauren Kapelson, Krissy O'Neill, Ellie Browne & Monika Eghbalian, 2:13.16
200 FREE: 1. Lauren Harlow 2:00.84; 2. Hillary Schofield 2:13.15; 4. Kaitlin O'Malley 2:35.56
200 IM: 1. Erica Douvadjian 2:26.56 **(sectional qualifier)**; 2. Edie Muller 2:29.94 **(sectional qualifier)**; 3. Nina Conn 2:57.56
50 FREE: 1. CBrown 24.09 **(state qualifier)**; 2. Beth Couture 26.38 **(state qualifier)**; 4. O'Neill 29.94
1-METER DIVING: 1. Kristin Elsmore 238.26 pts; 3. Gretchen Fuhr 176.85 **(sectional qualifier)**; 5. Erin Daly 147.98 pts.
100 BUTTERFLY: 1. SBrown 1:01.47; 3. Katya Yerozolimsky 1:13.13; 4. Caitlin Hamer 1:13.97
100 FREE: 1. Geary 1:00.97; 2. Ali Munroe 1:12.94; 4. Katie Newman 1:17.47
500 FREE: 1. Boucher 5:31.13; 2. Ellie Browne 5:56.13 **(sectional qualifier)**
200 FREE RELAY: 1. Holly Hinds, Schofield, Harlow & Douvadjian 1:49.94; 2. Christina Caselle, Jen Borden, Katie Buckley & Namphoung Nguyen 2:02.97
100 BACKSTROKE: 2. Kapelson 1:09.07; 3, Dana Medaglio 1:09.60 **(sectional qualifier)**; 4. Jessica Greene 1:17.94
100 BREASTSTROKE: 1. Hinds 1:14.13 **(state qualifier)**; 2. Alexis Caselle 1:19.00; 4. Kaitlin Haugh 1:30.10
400 FREE RELAY: 1. Couture, CCaselle, Eghbalian & Muller 4:18.47; 3. O'Malley, Conn, Borden & Greta Kaminski 4:50.25

ANDOVER 113, LOWELL 68
at Riddick Field House, Lowell
(Andover Placers)

200 MEDLEY RELAY: 1. Lauren Harlow, Holly Boucher, Sally Brown & Hillary Schofield, 1:59.45; 2. Connie Brown, Erica Douvadjian, Monika Eghbalian & Caitlin Geary, 2:00.54
200 FREE: 1. SBrown 1:59.61; 2. Douvadjian 2:11.49 **(sectional qualifier)**; 3. Caitlin Hamer 2:12.75
200 IM: 1. CBrown 2:12.27 **(state qualifier)**; 3. Eghbalian 2:29.48 **(sectional qualifier)**; 4. Alexis Caselle 2:30.40 **(sectional qualifier)**
50 FREE: Boucher 25.26 **(state qualifier)**; 2. Geary 26.96 **(sectional qualifier)**; 4. Jessica Greene
1-METER DIVING: 1. Krit Kearins 212.70 pts. **(state qualifier)**; 2. Becky Haas 156.05 pts; 4. Mairen Neri 115.05 pts.
100 BUTTERFLY: 1. Harlow 1:02.99 **(state qualifier)**; 3. Dana Medaglio 1:10.66; 4. Ellie Browne 1:12.66
100 FREE: 2. Beth Couture 1:00.86 **(judge's decision)**; 3. Katie Buckley 1:08.66; 4. Cara Chiaraluce 1:16.57
500 FREE: 1. Schofield 6:08.95; 2. Katya Yerozolimsky 6:12.26; 3. Christina Caselle 6:27.89
200 FREE RELAY: 1. Holly Hinds, Hamer, Schofield & Couture, 1:52.38; 3. Dana Henderson, Kaitlin Haugh, Ashley Hargadon & Jen Borden 2:09.00
100 BACKSTROKE: 1. Hinds 1:09.05 **(sectional qualifier)**; 3. ACaselle 1:14.50; 4. Kerry O'Brien 1:21.24
100 BREASTSTROKE: 1. Krissy O'Neill 1:19.49; 2. Lauren Kapelson 1:22.19; 4. Ali Munroe 1:30.19
400 FREE RELAY: 1. Hamer, Yerozolimsky, Hinds & Harlow, 4:07.45; 3. Greene, Haugh, Greta Kaminski & Medaglio 4:33.64

ANDOVER 114.5, READING 68.5
at Gr. Lawrence Tech pool
(Andover Placers)

200 MEDLEY RELAY: 1. Connie Brown, Holly Boucher, Holly Hinds & Sally Brown 1:52.41; 3. Ellie Browne, Dana Medaglio, Katya Yerozolimsky & Beth Couture 2:10.06
200 FREE: 1. Caitlin Geary 2:03.50; 4. Lauren Kapelson 2:21.66
200 IM: 1. CBrown 2:08.56; 2. Boucher 2:15.53; 5. Krissy O'Neill 2:37.92
50 FREE: 1. SBrown 24.79; 4. Caitlin Hamer 27.50
1-METER DIVING: 1. Krit Kearins 182.78 pts; 2. Erin Daly 160.95 **(sectional qualifier)**; 3. Becky Haas 152.48; 4. Bahaar Massihzadegan 140.40 pts.
100 BUTTERFLY: 1. Hinds 1:03.09; 3. Monika Eghbalian 1:05.60; 5. Browne 1:13.63
100 FREE: 1. CBrown 52.60 **(state cut)**; 3. Couture 1:01.88; 4. Alexis Caselle 1:03.15
500 FREE: 1. Lauren Harlow 5:19.16; 2. Edie Muller 5:50.09 **(sectional cut)**; 4. Hillary Schofield 5:57.97 **(sectional cut)**
200 FREE RELAY: 1. CBrown, Boucher, Geary & SBrown 1:53.12; 3. O'Neill, Yerozolimsky, Katie Buckley & Couture 1:56.87
100 BACKSTROKE: 2. Christiana Kuipers 1:16.59; 4. Kerry O'Brien 1:19.25; 5. Ali Munroe 1:20.56
100 BREASTSTROKE: 1. Boucher 1:08.93; 5. Ashley Hargadon 1:26.25
400 FREE RELAY: 1. Geary, Hinds, Harlow & SBrown 3:52.22

ANDOVER 111, HAVERHILL 67
at Gr. Lawrence Tech pool
(Andover Placers)

200 MEDLEY RELAY: 1. Connie Brown, Erica Douvadjian, Lauren Harlow & Sally Brown 1:54.72; 2. Holly Boucher, Dana Medaglio, Holly Hinds & Beth Couture 1:57.50
200 FREE: 1. SBrown 1:59.60; 2. Caitlin Geary 2:06.63; 3. Alexis Caselle 2:10.19 **(sectional qualifier)**
200 IM: 1. Harlow 2:14.81; 2. Hinds 2:20,41; 4. Hillary Schofield 2:28.47 **(sectional qualifier)**
50 FREE: 1. Boucher 24.44; 2. Couture 26.47; 3. Douvadjian 26.94
1-METER DIVING: 1. Kristen Elsmore 195.45 pts. **(state qualifier)**; 2. Krit Kearins 190.95 **(state qualifier)**; 3. Jen Busby 187.95 **(state qualifier)**
100 BUTTERFLY: 1. CBrown 56.53; 3. Monika Eghbalian 1:05.56; 4. Katya Yerozolimsky 1:13.13
100 FREE: 1. Boucher 54.09; 2. Hinds 57.90; 3. Edie Muller 59.41
500 FREE: 1. Geary 5:16.88; 2. Harlow 5:17.31; 4. Caitlin Hamer 5:49.09 **(sectional qualifier)**
200 FREE RELAY: 1. SBrown, Couture, Douvadjian & Hinds 1:47.44; 2. Schofield, Muller, Eghbalian & Krissy O'Neill 1:55.10
100 BACKSTROKE: 1. CBrown 58.03; 3. Lauren Kapelson 1:08.94; 4. Ellie Browne 1:12.65
100 BREASTSTROKE: 1. SBrown 1:11.06; Medaglio 1:14,16; 5. Ali Munroe 1:29.56
400 FREE RELAY: 1. Harlow, Geary, Boucher & Brown 3:49.85; 3. Couture, Muller, Hamer & Douvadjian 4:10.32

ANDOVER 99, NOTRE DAME ACADEMY 82
at Gr. Lowell Tech pool
(Andover Placers)

200 MEDLEY RELAY: 1. Connie Brown, Holly Boucher, Holly Hinds & Sally Brown 1:53.16; 3. Lauren Harlow, Erica Douvadjian, Beth Couture & Caitlin Geary 2:00.57
200 FREE: 1. Boucher 1:59.98 **(state qualifier)**; 3. Caitlin Hamer 2:12.55; 4. Alexis Caselle 2:13.00
200 IM: 1. SBrown 2:09.63; 2. Melissa Lague (NDA) 2:10.36; 3. Geary 2:20.90 **(state qualifier)**
50 FREE: 2. Hinds 26.41; 4. Couture 26.94; 5. Douvadjian 27.16
1-METER DIVING: 2. Jen Busby 224.15 pts; 3. Kristen Elsmore 2:04.95 pts; 4. Krit Kearins 198.35 pts.
100 BUTTERFLY: 1. CBrown 58.40; 3. Hinds 1:05.00; 4. Monika Eghbalian 1:08.02
100 FREE: 1. Boucher 55.10; 2. Harlow 56.56 **(state qualifier)**; 4. Douvadjian 1:01.19
500 FREE: 1. SBrown 5:14.50; 2. Geary 5:25.72; 4. Ellie Browne 5:57.28
200 FREE RELAY: 1. Couture, Douvadjian, SBrown & Boucher, 1:43.18
100 BACKSTROKE: 1. CBrown 58.50; 3. Harlow 1:05.31; 5. Edie Muller 1:11.39
100 BREASTSTROKE: 2. Dana Medaglio 1:13.86; 4. Hillary Schofield 1:18.97; 5. Krissy O'Neill 1:20.10
400 FREE RELAY: 1. Geary, Hinds, SBrown & Hamer, 4:04.91; 2. Muller, Katya Yerozolimsky, Lauren Kapelson & ACaselle 4:22.79

ANDOVER 111, NASHUA 66
at Gr. Lawrence Tech pool
(Andover Placers)

200 MEDLEY RELAY: 1. Holly Boucher, Erica Douvadjian, Beth Couture & Hillary Schofield 1:58.87; 3. Lauren Kapelson, Krissy O'Neill, Katya Yerozolimsky & Christiana Kuipers 2:13.09
200 FREE: 1. Alexis Caselle 2:10.13; 3. Michelle Zaiter 2:38.06; 4. Ali Munroe 2:39.19
200 IM: 1. Boucher 2:15.56; 3. Kuipers 2:38.66; 4. Ashley Hargadon 2:52.50
50 FREE: 2. Yerozolimsky 29.65; 5. Jessica Greene 30.22
1-METER DIVING: 1. Krit Kearins 198.45 pts; 2. Becky Haas 187.15 pts; 3. Gretchen Fuhr 161.30 pts.
100 BUTTERFLY: 1. Sally Brown 59.75; 3. Greta Kaminski 1:16.57; 5. Zaiter 1:22.72
100 FREE: 2. Couture 1:00.41; 3. O'Neill 1:04.03; 5. Cara Chiaraluce 1:18.07
500 FREE: 1. Schofield 5:56.57; 2. ACaselle 5:59.62; 5, Nina Conn 6:58.94
200 FREE RELAY: 1. Yerozolimsky, Couture, Boucher & SBrown 1:48.22
100 BACKSTROKE: 1. (tie) Kapelson 1:09.56; 3. Kaminski 1:17.56; 4. Greene 1:20.53
100 BREASTSTROKE: 1. Douvadjian 1:13.84; 2. O'Neill 1:22.78; 3. Yerozolimsky 1:27.87
400 FREE RELAY: 1. SBrown, ACaselle, Couture & Edie Muller 4:03.85; 3. Katie Buckley, Hargadon, Kaitlin Haugh & Kapelson 4:39.56

SOCIAL NOTEBOOK

(Continued from page 29)

The speaker, Michael Volmar, is an archaeologist and the curator at the Fruitlands Museum in Harvard, Mass., the present home of the artifact known as King Philip's War Club. He has conducted research, both prehistoric and historic, throughout New England and is a member of the Massachusetts Archaeology Society.

The Massachusetts Archaeology Society — Northeast Chapter, meets the third Tuesday of the month, September through June. Membership to the Massachusetts Archaeology Society and the Northeast Chapter is open to all those who interested in furthering their study of archaeology and Native American cultural history. Call the Museum at 749-4490, for additional information concerning chapter membership or monthly programs.

Sacred drum and dance circle

There will be a sacred drum and dance circle Friday, Nov. 19 at the Unitarian Universalist Congregation, 6 Locke St. Bring a percussion instrument or come to dance, organizers said.

The workshop starts at 7:30 p.m., with the drumming and dancing at 8. For more information, call Susan Foster at 470-1134.

Project Bread gearing up for holidays

Each year, Massachusetts' families and children's groups join Project Bread's Children's Holiday Kitchen to decorate and sell wooden spoons to help feed hungry people. Decorating spoons is a fun way to teach children about hunger and the importance of giving back to the community. The spoons are ideal tree ornaments or "package-toppers" for the holiday season. Barry and Eliot of Jordan's Furniture will double every dollar raised by spoonmakers. To learn how to get involved, call Project Bread at (617) 723-5000.

Turkey cheer Friday benefits Sacred Heart Parish

Sacred Heart Parish will hold at turkey cheer Friday, Nov. 12, in the Church Hall, 321 South Broadway, Lawrence, starting at 7 p.m. There will be raffles of turkeys, hams, cheer, and fruit baskets. All proceeds benefit the parish. Refreshments will be available and the hall is handicap accessible.

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EQUAL HOUSING LENDER

AHS ROUNDUP

(Continued from page 38)

The season-ending All-State Meet is Sunday, Nov. 21 at Wellesley College (diving at 9 a.m., swim races at 2 p.m.).

MVC Championship Meet

Sally Brown, Connie Brown and Holly Boucher were double winners again, and the locals totally dominated the diving competition.

Junior Jen Busby won the diving with a season-, personal- and career-best total of 251.50 points.

Capt. Krit Kearins was not far behind with a career-high 234.65 points, and sophomore Kristin Elsmore placed third with 228.95 points.

Junior Gretchen Fuhr contributed an impressive fifth-place finish (180.40 points) off the one-meter board, sophomore Becky Hass was sixth (177.15), junior Erin Daly eighth (157.85) and sophomore Mairen Neri 10th (153.35).

Sophomore Sally Brown posted easy victories in the 200-yard IM (2:11.78), which she won by three seconds, and the 100 freestyle (54.38) with a two-second triumph.

Freshman Olympic hopeful Connie Brown was equally impressive in winning the 100 butterfly (58.07) by nearly four seconds and the 100 backstroke (1:00.19) by almost three seconds.

Sophomore standout Boucher sped to triumphs in the 50 free (24.81) and 100 breaststroke (1:08.45), winning the sprint by a half-second and the breast by almost 2 1/2 seconds.

Adding individual wins were freshman Caitlin Geary in the 500 free (5:15.09), by 13 seconds, and freshman Lauren Harlow in the 200 free (1:59.44) as she outkicked teammate Geary (1:59.77) by half a body length.

The Andover A 200 free and 400 free relays also won. The 200 crew consisted of Geary, Boucher and the Brown sisters (1:38.86), while the 400 quartet of Harlow, Hamer and the Browns (3:40.16) cruised to a five-second victory.

Third place relays were the 200 medley A squad of Hamer, freshman Dana Medaglio, Harlow and sophomore Erica Douvadjian (2:00,71), along with the 400 free B foursome of sophomore Edie Muller, freshman Holly Hinds, Geary and Boucher (3:47.28).

The 200 medley B relay of juniors Lauren Kapelson, Hillary Schofield, Beth Couture and freshman Monika Eghbalian placed fourth (2:05.03), while the 200 free B team of Couture, Schofield, Douvadjian and Hinds was fifth (1:49.85).

Muller finished ninth (2:09.44) and Capt. Alexis Caselle 10th (2:10.82) in the 200 free.

Schofield placed ninth (2:28.52) and Eghbalian was 11th (2:28.70) in the 200 IM.

Douvadjian touched seventh (26.72) and Couture eighth (26.79) in the 50 free.

Harlow was a strong third in the 100 butterfly (1:02.81), as AHS grabbed five places in that race with Hinds fourth (1:03.28), Eghbalian 10th (1:06.98) and Medaglio 12th (1:08.79).

Muller nailed down seventh in the 100 free (59.15), Douvadjian was eighth (59.43) and Couture 10th (1:01.16).

Also scoring in the 500 free were Hamer (seventh, 5:39.91) and sophomore Ellie Browne (12th, 5:51.19).

Kapelson placed 10th (1:09.74) and Hamer 12th (1:10.41) in the 100 back, while in the 100 breast Hinds earned another fourth (1:14.47), Medaglio was fifth (1:14.49), Schofield sixth (1:15.21) and Alexis Caselle 11th (1:19.54).

BOYS SOCCER

The Golden Warriors, with two tournament wins, rode a 14-game unbeaten streak (12-0-2) into last night Division 1 North semifinal against Central Catholic.

The equally-pulsating 2-1 overtime victories against visiting Framingham and Acton-Boxboro were also impressive advertisements for the power of the Merrimack Valley Conference.

"Our league gets no respect," said Andover coach Dave "Dangerfield" Amundsen. "We aren't even ranked in the Top 20 poll. It seems like people in Boston think no high school soccer is played north of Route 9.

"Hopefully having us and Central in the North semifinals will bring some overdue attention to our league."

* * *

This fall Andover provided coach Amundsen with his 18th Division 1 North Tournament qualifier in the last 19 years and a 10th league title.

The most potent offense in the MVC outscored its first 20 opponents, 82-19, and Andover has allowed only eight goals in its last 14 games.

Leading scorers

Paul Bellacqua, one of the top scorers in Eastern Massachusetts, has a school single-season record 24 goals and 12 assists.

Mike Grieco has 13 goals and 12 assists, Matt Bengston 11 goals, 11 assists and Josh Gagnon nine goals, two assists.

TOURNAMENT
FIRST ROUND
Andover 2
Framingham 1 (ot)

Paul Bellacqua scored on a header six minutes into the first 10-minute sudden death overtime period, and younger brother Dan Bellacqua made two game-saving stops on Framingham breakaways in the overtime, as the Golden Warriors passed their first Division 1 North test.

"It was definitely a tournament-type game," said coach Amundsen. "We came out flat and couldn't get much of anything going for the first 20 minutes."

The Flyers, who finished the season at 7-7-5 and were seeded 14th in a 16-team field, took a 1-0 lead six minutes into the game on an unassisted goal by Tim Damianidis.

"We made a couple of defensive miscues," said Amundsen. "A few of our players thought the ball went out of bounds, didn't play the whistle, and were caught out of posi-

(Continued on page 42)

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ANDOVER LITTLE LEAGUE
Registration 2000

Dear Little League Parents,

Little League Registration for the Spring 2000 Season will take place at the West Middle School cafeteria on the following dates and at the following times:

Tuesday, November 16th from 6:30 p.m. to 8:30 p.m.
Thursday, November 18th from 6:30 p.m. to 8:30 p.m.
Saturday, November 20th from 9:00 a.m. to 11:45 a.m.

Little League is available to boys and girls who will be between the ages of 6 and 16 on July 31, 2000.

If this is your child's first year in Little League, please have available a copy of your son's or daughter's birth certificate.

We have continued to choose three dates this year in order to make registration as convenient as possible. So much of our program organization occurs in November and December that registrations received after November 20th, 1999 will be assessed a $15.00 late fee.

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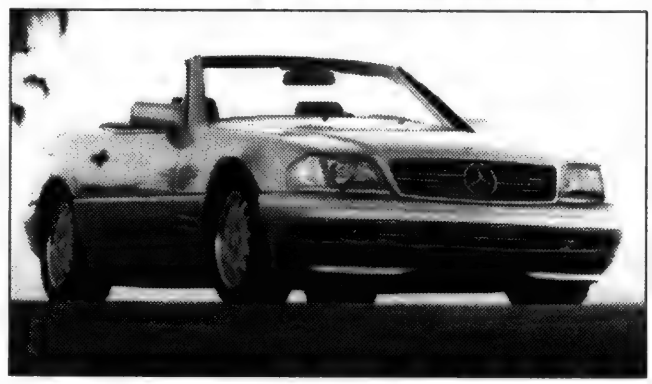
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Mr. Handyman

We all wish that we had a handyman-fix-it man around the house to take care of all of those pesky jobs that we just don't seem to have time for (or don't want to do). A call to Gordon Ennis, owner of the Andover branch of **Mr. Handyman** is your dream come true.

Mr. Handyman can and will tackle just about any house hold job. Last minute prep work for the winter brings calls to weather-strip garage doors, replace doors and storm windows, replace broken glass, and clean out and sweep garages. Those are just a few items on busy people's lists of things to do to keep **Mr. Handyman** busy.

Mr. Ennis said he also has been busy cleaning out gutters, repairing siding, and repairing and replacing cracked and loose brick steps. "Everyone wants to get their home ready for the winter, and jobs done before the holidays. Many of my clients like to save up projects for me to do in one visit, which usually takes much less time than they imagine," said Mr. Ennis.

Mr. Handyman works year round, fixing things inside ad outside homes and commercial buildings. He is bonded, insured, and registered in home improvement. He is also a licensed construction supervisor and has more than 20 years experience in the business, with 15 years of it from his own general carpentry business.

Mr. Handyman can be reached at (978) 474-8822. His Web site address is: www.handyman.net/andover

11/10/99 Laurie Levy

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AHS ROUNDUP

(Continued from page 40)

tion on their goal."

AHS slowly began to take control of the play midway through the first half, but it wasn't until the 15th minute of the second half that Matt Bengston tied it off a throw-in by Capt. Jon Lakow.

Early in the overtime period Dan Bellacqua stopped the two Framingham breakaways, and Paul Bellacqua ended it a short time later by converting another Lakow throw-in.

Dan Bellacqua finished with eight saves, while Framingham keeper Tom Rosoff made 12 saves as Andover finished with a 14-9 shots-on-goal edge.

Amundsen lauded the play of midfielders Andy Lapsa, Chris Brouillard and Jon Konjoian, along with forwards Mike Grieco and Josh Gagnon.

Steve Liu missed a substantial part of the game after being kicked in the leg.

"Our defenders had to cover some tough forwards and they did an excellent job," said Amundsen.

"There was a little extra feeling in knocking Framingham out," admitted Amundsen, whose team was knocked out of last year's tourney immediately after a 2-0 first-round loss to the Flyers.

QUARTERFINAL
Andover 2
Acton-Boxboro 1 (ot)

The only other time these two schools met on the soccer field was also in the tournament, many years ago, and the memories are not pleasant as A-B pounded out a lopsided 7-1 victory.

"They absolutely destroyed us," said Amundsen. "Literally killed us physically, emotionally and every other way. I remember trying to pick up the pieces after that game.

"This one was a terrific soccer game — another typical hard-nosed defensive playoff game — and we happened to prevail."

Junior sweeper Jim Hale couldn't have picked a better time for his first goal of the season, unassisted 10:11 into the first half, to give the home team a 1-0 lead over third-place Dual County League finisher and No. 6 seed Acton (12-5-3).

Hale blasted a 25 yard shot into the upper left corner of the visitors' net to warm up a very cold afternoon.

Colonials' sniper Ryan Sniegoski, a senior striker and A-B's all-time career scoring leader, tied it seven minutes later with his 17th goal of the season.

The rivals then settled down and played 63 scoreless minutes, forcing another sudden-victory overtime which AHS all-time cvareer scoring leader Paul Bellacqua ended at the 6:04 mark.

"Mike Grieco gave Paul a beautiful set-up pass about 18 yards out and he drilled the ball home," said Amundsen.

AHS finished with a slim 12-9 shots-on-goal edge, as Dan Bellacqua made eight saves and A-B keeper Rory McHarg had 10 stops.

Junior defender Geordie Miliotis did an excellent job covering the elusive and highly-skilled Sniegoski.

Others playing well for Andover were stopper Jon Lakow, sophomore defender Jon Konjoian, senior defender Charlie Gregory, senior halfback Andy Lapsa and forwards Matt Bengston and Josh Gagnon.

GIRLS SOCCER

It's never easy to beat an archrival three times in the same season, but the Lady Warriors pulled it off by slipping past MVC Division 1 runner-up Billerica 2-1 after a 10-day layoff.

Only one other team defeated the No. 9 seed Indians, who finished 10-4-6, this fall.

"That third game against a team is one you hate to play," said AHS coach Dick Loschi. "We know everything they do and they know everything we do. There are no secrets and no surprises."

During the regular season the Lady Warriors needed two goals in the final four minutes to squeeze out a come-from-behind 2-1 victory over BMHS. Two weeks later the locals breathed a little easier in a 3-1 win.

The Lady Warriors, 20-0-1 and winners of their 10th conference title in the last 15 years, have outscored their 21 regular season opponents by a wide 90-17 margin with 11 shutouts.

They allowed more than two goals only once, and have yielded just six goals in their last 12 games.

Leading scorers

Katie Kramer is the top scorer with 17 goals and 10 assists, while Lisa Tisbert has 14 goals and eight assists.

Allison Corey has 11 goals and 10 assists, Jessie DeFrancisco seven goals and seven assists, Kasey Dexter four goals, eight assists and Jenny Muller 10 goals, two assists.

TOURNAMENT
QUARTERFINAL
Andover 2
Billerica 1 (ot)

Senior forward Allison Corey was credited with an "own goal" with 97 seconds left in the first 10-minute sudden-death overtime (8:23), and that tally broke a 1-1 tie to end a bitter battle waged in freezing temperatures.

Corey took a pass from Kasey Dexter, beat a Billerica defender, and

(Continued on page 44)

ANDOVER SCORING
BOYS SOCCER
(20 games)

	G	A	Pts
Paul Bellacqua	24	12	36
Mike Grieco	13	12	25
Matt Bengston	11	11	22
Josh Gagnon	9	2	11
Jon Lakow	0	7	7
Chris Brouillard	3	3	6
Jon Konjoian	4	1	5
Andy Lapsa	3	2	5
Felipe Ricci	2	2	4
Steve Liu	3	0	3
Paul Davison	2	1	3
Kevin Hess	2	1	3
Thiago Santos	2	1	3
Kevin Jordan	2	0	2
Jim Hale	1	1	2
Charlie Gregory	0	1	1
Scott Makin	0	1	1

Shutouts: Dan Bellacqua 5; Chris Morrissey 1; Morrissey & Bellacqua 2.
Hat Tricks: Paul Bellacqua 3, Mike Grieco 1.

BUSINESS PROFILES

From left, Tamara Fagan, Mike Fagan, and Kirk J. Fagan

Walls 'N All Paint & Decorating Center

This 22 year-old store has recently changed ownership. Kirk Fagan is the new owner and manager of **Walls 'N All** in North Andover. Together, with his wife Tamara and his brother Mike, they have created a whole new image for the paint and decorating center.

Mr. Fagan has brought in the three best paint lines to **Walls 'N All**. They include Pratt & Lambert Paints, Waverly Paints, and Fine Paints of Europe. Using high-tech computerized color matching, any existing paint color can be recreated. The shop is well-staffed with knowledgeable color-assistant experts who help coordinate your color scheme.

Mr. Fagan has turned around the wallpaper department by creating a design center with a library shelved with many top-of-the line wallpaper designers including Stroheim & Romann, Farrow & Ball, Zoffany, and Schumacher, to name a few. The library has well over 1,200 wallpaper books. **Walls 'N All** continues to carry the widest selection of in-stock wallpaper in the area. The shop is now providing an in-home consulting service that will help clients pick out paint, wallpaper, coordinating borders, and other treatments.

A Waverly boutique has been added which displays coordinated wallpaper borders, home fashion accessories, window treatments, pillows, and bedding.

Mr. Fagan's new line of paints, wallpaper, and the Waverly boutique is not to be found anywhere in the immediate area. **Walls 'N All's** paint and decorating center offers a cozy atmosphere where one has the luxury of relaxing in the wallpaper library, browsing through the new addition of books.

Stop by for a refreshing look at the new **Walls 'N All Paint & Decorating Center** at its same address at 419 Andover St., N. Andover. The shop opens Monday through Saturday at 8 a.m. and Sunday from noon to 5 p.m. Tel: (978) 685-2444. Fax: 683-4699.

11/10/99 Laurie Levy

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From left, Luis Matos, Freddie Torres, Chris Conley, Vasco Sousa, Bobby DaRosa, and Larry Arruda

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American Gutter Cleaning Co. is the largest gutter cleaning, installation, and repair contractor in New England, servicing residences and businesses throughout Massachusetts and New Hampshire. The company is owned by Joe and Carol Rocha.

The company has an annual gutter cleaning contract with a discounted rate for twice-a-year service. Contract customers are scheduled automatically for gutter cleaning and they are placed on a priority status for future service calls. During the cleaning process the foreman performs a gutter inspection. Home owners can be assured that all work will be carefully done and that all debris is placed in plastic bags for trash collection. The company also does repair work on gutters including gutter screening and oiling wooden gutters. Call Marketing Directors Tina Giles or Dawn Lima regarding gutter cleaning and maintenance. For gutter installation, call Sales Manager Derek Briere. He handles all of the installation estimates and follows up on the jobs to confirm with home owners that a quality job was performed.

American Gutter Cleaning Co. is located at 1608 Main Street (Route 38), Tewksbury, directly across from Mahoney's Too. Telephone: (978) 851-6045 or 1-800-322-1920.

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ROUNDUP

(Continued from page 42)

fired the ball across the front of the Billerica net.

Corey is the only one who knows whether it was a pass or shot — but it really didn't matter. The end result was exactly what she wanted.

With an AHS player standing near the far post, the ball deflected off the body of Billerica All-Conference defender M.J. Sullivan as she hustled back to help freshman goalkeeper Becky Conway.

Conway was sliding over to meet Corey when the ball hit Sullivan and caromed in the opposite direction into the net.

"This was a physical game and a bit of a grudge match," said Loschi.

Andover had wanted to play on Sunday, back-to-back with the boys game, but Billerica doesn't like to play on the Sabbath. The tournament officials sided with BMHS and put the game off to the following day.

"We made it a night game because Billerica doesn't have lights and doesn't like to play games at night. It was a way for us to get an edge," explained cagey coach Loschi.

"Even though we hadn't played in 10 days (first round bye) our girls came out with fire and desire. We totally controlled the first half, but missed an open net and had another labeled shot bounce off a defender."

Lisa Tisbert gave the locals a 1-0 lead, however, by curling a corner kick from the left side over Conway's head and into the net at 19:57.

"We kept the pressure on but couldn't score again at the start of the second half," said Loschi. "Conway was playing a terrific game in net. Then we had a brief lapse and they took advantage to tie the game."

Jody Graham, who scored a pair of goals in Billerica's 3-1 first-round win over Peabody, was the culprit with her third tourney tally during the 26th minute.

"We basically laid the leather to them in overtime," said Loschi. "Corey's goal was about the fourth good chance we had to end the game."

Junior Taylor Traub played the first half in the AHS net, making three saves and keeping the Indians off the board.

Sophomore Kaitlin Hyde finished up in the second half and overtime, stopping four of the five shots she faced.

Conway made 15 saves for Billerica.

Also playing well for the winners were senior midfielders Jessie DeFrancisco and Caitlin Murray, senior defender Diana Petersen and sophomore forward Katie Kramer.

ANDOVER SCORING

GIRLS SOCCER
(21 games)

	G	A	Pts
Katie Kramer	17	10	27
Lisa Tisbert	14	8	22
Allison Corey	11	10	21
Jessie DeFrancisco	7	8	15
Jenny Muller	10	2	12
Kasey Dexter	4	8	12
Kaitlin Hill	3	8	11
Amy Axelrod	6	4	10
Megan Munroe	5	2	7
Brittany Traynor	6	0	6
Caitlin Murray	1	5	6
Audra Alexander	0	4	4
Alexis Contos	3	0	3
Siobhan Daniels	2	0	2
Erica Tebbetts	1	1	2
Tina Baraby	0	1	1

Shutouts: Kaitlin Hyde 3; Taylor Traub 1 Anna Vining 1; Traub, Hyde & Anna Vining 6.
Hat Tricks: Katie Kramer 2, Lisa Tisbert 2, Megan Munroe 1.

POLICE LOG

(Continued from page 21)

blocking the roadway."

At 3:14 p.m., a resident reported that her ex-husband was driving a car by her house, even though he does not have a valid license. An officer confirmed that the man's license had been revoked, spoke with the woman, and said she planned to file for a restraining order.

At 9:13 p.m., a detective was to file on a threat made at West Middle School.

Friday, Nov. 5 – At 10:12 a.m., it was reported that a girl's bike had been found on Halloween at West Middle School.

At 12:13 p.m., an officer was to file a report after a Suncrest Road resident reported that her across-the-street neighbor had hired someone to remove the leaves from the neighbor's lawn, and "the leaves are being blown onto her lawn, which she just had done."

THEFTS

Thursday, Nov. 4 – At 10:17 a.m., an officer was to file on the theft of an IRS check from an Andover Street address.

At 8:01 p.m., a woman on Haverhill Street reported that her coat was stolen with her car keys inside it. She asked for help getting into her car, because the pocketbook was inside and she was not sure if her credit cards had also been taken.

Monday, Nov. 8 – At 7:05 p.m., a Center Street resident called to report five missing ducks.

AUTO INCIDENTS

Wednesday, Nov. 3 – At 9:11 a.m., a Bellevue Road resident requested an officer because it appeared a hit-and-run driver had backed into her parked vehicle during the night.

At 12:31 p.m., a Salem, N.H. police officer advised that they had recovered a vehicle that had been stolen from Andover the previous month.

At 2:02 p.m., a man on Main Street reported that within the last five minutes someone had broken into his truck and taken tool boxes.

At 9:23 p.m., a woman from the Grill 93 reported her Dodge Neon stolen, but did not want to file a report because she felt her boyfriend might have it. At 11 p.m. she came to the station to file an official report.

Thursday, Nov. 4 – At 10:41 a.m., Andover police found on Lowell Street a vehicle that had been stolen from Boston.

At 11:48 a.m., after a caller reported a possibly stolen car in the Den Rock Park area, an officer on Stirling Street reported finding a damaged car stolen from Lowell.

Saturday, Nov. 6 – At 8:29 a.m., a Cardigan Road man reported that someone had broken into his vehicle and stolen his radio.

At 12:25 p.m., a man came into the station reporting his car missing from the Tage Inn on River Road. An officer reported the man had switched the plate to another car onto this car without registering it. "The victim had no information on the vehicle," said the log, so an officer entered the plate into the police system.

At 3:46 p.m., a Memorial Circle caller reported items missing from her car.

Sunday, Nov. 7 – At 9 a.m., a Tage Inn employee requested an officer for a guest whose car had been entered.

At 2:10 p.m., a Wyndham hotel employee reported her license plate missing from her car.

ACCIDENTS

Thursday, Nov. 4 – At 9:08 a.m., a Bellevue Road caller reported that the previous night a car had hit a pole and run over her lawn, causing damage.

Sunday, Nov. 7 – At 11:15 a.m., a man called to report that a vehicle had just hit a telephone pole on Andover Street and then fled the scene. An officer reported that the pole had snapped and was hanging by the wires. Mass Electric was notified, and on the scene around 11:45 a.m.

Monday, Nov. 8 – At 3:21 p.m., a Phillips Academy employee reported being at the Phillips boat house off River Road, behind the Greater Lawrence Technical School, and seeing a truck in the Merrimack River. An officer reported a vehicle that had been stolen out of Lawrence. The truck was damaged in several places.

At 4:05 p.m., a resident came into the station to report that someone had stolen a cellular phone from his car while it was parked at Andover High School.

VANDALISM

There were three incidents, including one where a detective saw two boys smashing pumpkins on Shawsheen Road. The detective had them clean up their mess, and sent them on their way.

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TOWN OF ANDOVER

PUBLIC HEARING

Notice is hereby given under Chapter 148 of the General Laws as amended, that Andover Park Realty Trust, 20 North Road, Bedford, MA 01730 has petitioned the Board of Selectmen to keep and store inflammable products at 300 Federal Street.

A total of 2,500 gallons of inflammable products will be stored as follows: Aboveground - 2,500 gallons diesel fuel.

A public hearing will be held on Monday, November 22, 1999 at the Town Offices, 36 Bartlet Street, Selectmen's Conference Room, Third Floor, at 7:30 P.M. in accordance with the provisions of the General Laws thereto.

By Order of the
Board of Selectmen
Randall L. Hanson
Town Clerk
November 10, 1999

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, November 23, 1999, at 7:30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, on an application made by Cormier - Andover Construction Corporation for a modification of a Definitive Subdivision Plan entitled "Meadow View" on property owned by the applicant located off Argilla Road. The applicant is proposing to reconfigure lots # 3, 6, 7 & open space parcel 1 - A along Meadow View Lane by swapping lot area for additional open space. The land swap is necessary in order to resolve several outstanding open space encroachments. No new building lots would be created. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman
November 4 & 11, 1999

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, November 23, 1999, at 8:00 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, for the purpose of reviewing a finding of the Zoning Board of Appeals (ZBA) pursuant to Chapter 40A, Section 16 of the General Laws (repetitive petitions) associated with a petition filed with the ZBA by Salvatore and Roberta Dell'Anno for a variance for a pool and a special permit for a screened porch on a nonconforming residence situated at 18 Fosters Pond Road, and more specifically identified as Lot 10 on Assessor's Map 122. Documents relative to the matter may be examined in the Planning Board office between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman
November 4 & 11, 1999

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TOWN OF ANDOVER

PUBLIC HEARING

The Board of Selectmen of the Town of Andover will hold a Public Hearing on Monday, November 22, 1999 at 7:30 P.M. in the Selectmen's Conference Room, Third Floor, Town Offices, for the purpose of classification and taxation of all property within the Town. Any interested taxpayer is invited to present oral or written comments.

John P. Hess,
Chairman
ANDOVER BOARD
OF SELECTMEN
November 4 & 11, 1999

TOWN OF ANDOVER

PUBLIC HEARING

Notice is hereby given that the Board of Selectmen will conduct a public hearing on Monday, November 22, 1999 at 8:00 P.M. in the Selectmen's Conference Room, Town Offces, 36 Bartlet Street, for the purpose of discussing the Town of Andover's CAPITAL IMPROVEMENT PROGRAM FY2001 - FY2005.

The requests for this five-year plan total over $46.1M for building repair and maintenance, outdoor facilities repair and maintenance, sidewalk reconstruction and construction, vehicle/equipment acquisition and replacement, storm drain improvements, bridge reconstruction, construction of a new elementary and middle school at Cross Street and High Plain Road, sewer construction for the new schools, sidewalk construction for the new schools, conservation land acquisition, new ballfield construction at the Essex Sand and Gravel Pit and remote elctronic water meters.

Copies of the Capital Improvement Program are available for inspection in the Town Clerk's Office at the Town Offices, and the Memorial Hall Library, during normal business hours.

All interested persons are welcome to submit their comments either in person or in writng.

ANDOVER BOARD
OF SELECTMEN
John P. Hess,
Chairman
November 11 & 18, 1999

TOWN OF ANDOVER

PLANNING BOARD

Notice is hereby given that a public hearing will be convened on Tuesday, November 23, 1999, at 7:30 p.m., in the Third Floor Conference Room, Town Office Building, Bartlet Street, on an application made by Cormier - Andover Construction Corporation for a modification of the Special Permit to Cluster to the existing 13 lot Definitive Subdivision Plan entitled "Meadow View" off Argilla Road. The applicant is proposing to reconfigure lots # 3, 6, 7 & open space parcel 1 - A along Meadow View Lane by swapping lot area for additional open space. The land swap is necessary in order to resolve several outstanding open space encroachments. No new building lots would be created. The application may be examined in the Planning Department between the hours of 8:30 a.m., and 4:30 p.m., Monday through Friday.

THE ANDOVER
PLANNING BOARD
Michael H. Miller, Esq.,
Chairman
November 4 & 11, 1999

LEGAL NOTICE

The annual report of the Andover Historical Society is available at the address noted below for inspection during normal business hours by anyone requesting this information within 180 days after publication of this notice of its availability.

Andover Historical Society
97 Main Street
Andover MA 01810
Larry Wangerin, President
Telephone: (978) 475-2236
November 11, 1999

PROPERTY TRANSFERS

The following is a list of properties in Andover that sold from June 1-Aug. 26.

1 Patric O'Malley bought **30-3 Colonial Drive** for $50,000, from Colonial Drive Corp. The mortgage is with Union Federal Savings Bank of Indianapolis.

2 Scott J. and Heidi Jamieson bought **142 Hidden Road** for $432,500, from Suzanne M. and Richard G. Pellegrino Sr. The mortgage is with Bank of America.

3 Jeffrey D. Nathan and Jacquelyn R. Orent bought **27 Brown St.** for $425,000, from Robert A. and Laura R. Ciampa. The mortgages are with Bank of America NA and Nationsbank NA.

4 Peter A. Placet and Suzanne Hartunian bought **29 Old County Road** for $245,000, from Peter C. and Karen Monson. The mortgage is with Salem Five Mortgage Corp.

5 David K. Toebes and Elizabeth A. Rafferty bought **4 Brundrett Ave.** for $409,900, from Robert H. and Marjorie D. K. Cameron. The mortgage is with Savings Bank.

6 Richard J. Remes and Lauren D. Petzold bought **134 Jenkins Road** for $304,000, from Linda K. Petzold. The mortgages are with Monument Mortgage Co. Inc. and Chase Manhattan Bank USA N A.

7 Terrence M. and Kristen E. McMahon bought **3 Hackney Circle** for $357,000, from Michael J. Crocetta, Jr. The mortgages are with Leader Mortgage Co. Inc.

8 Frederick H. and Mary A.Brelsfoard bought **2 Temple Place** for $169,400, from Hollis and Dezieck and Holly J. Muscolino. The mortgage is with Stoneham Cooperative Bank.

9 Tong Wang bought **9-11 Cassimere St.** for $213,000, from Sean P. and Faith Ann McCormack. The mortgage is with First Federal Savings Bank of America.

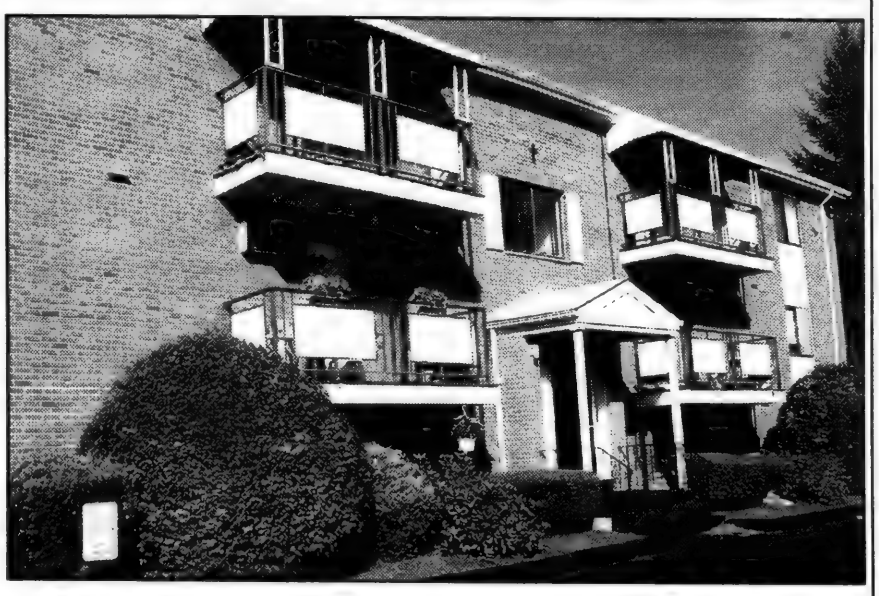

Photo by Lisa Adelsberger

A condominium in this building, at 40 Colonial Drive, was recently sold for $109,000.

10 Dianne M. Caraviello bought **57 Summer St.** for $195,000, from Donna M. DiOrio. The mortgage is with Central Cooperative Bank.

11 Gregory R. and Shelley G. Why bought **59 Wildrose Drive** for $375,000, from John Gwilym and Julie Anne Pritchard. The mortgage is with Assurance Mortgage Corp. of America.

12 Maureen P. and Kiernan P. Harney bought **22 Inwood Lane** for $465,000, from Gregory S. and Christine S. Holzwarth. The mortgage is with BankBostn N A.

13 Brian Shankey bought **40 Colonial Drive** for $109,000, from Kristen A. and Joseph P. Marengi, Kristen A. Petrone. The mortgage is with GMAC Mortgage Corp.

14 Nicholas P. Lembo, Jr. and Amy Knowles bought **3 Enfield Drive** for $305,000, from William F. and Jacquelyn A. Connor. The mortgage is with Drew Mortgage Associates Inc.

15 Robert C. and Jacqueline L. Zinnershine bought **4 Alison Way** for $506,812, from Robert W. and Betsy R. Spiegel. The mortgage is with Mayflower Home Funding.

16 Christine Shanahan bought **249 Andover St.** for $246,280, from John P. Collins Jr. The mortgage is with Bank of America.

17 Dawn E. Meldrum bought **16 Balmoral St.** for $90,000, from Nancy L. Ordman. The mortgage is with Andover Bank.

***

Source: Essex County Registry of Deeds, Lawrence Branch.

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT DEPARTMENT
ESSEX DIVISION
Docket No. 99P2475-EP1

NOTICE

In the ESTATE OF LUCIENNE SAEGAERT

To all persons interested in the estate of LUCIENNE SAEGAERT late of the County of Essex Date of Death, September 25, 1999

A petition has been presented in the above captioned matter praying that a certain instrument be probated purporting to be the last will of said deceased by SCOTT BLACK of Andover in the County of Essex, praying that he be appointed executor thereof, without giving sureties on his bond.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT Salem Probate Court, 36 Federal St., Salem, MA 01970 BEFORE 10:00 O'CLOCK IN THE FORENOON (10:00 A.M.) ON November 29, 1999.

Wills only: In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Edward J. Rockett, Esquire, First Justice of said Court. Date October 25, 1999.

Pamela Casey O'Brien
Register of Probate Court
November 11, 1999

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Recycle

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Simply write us listing your recyclables and we'll print them in the paper. No phone calls please.

Fairs

CRAFT FAIR- Saturday 11/13/99, 10:00am-4:00pm, Wingate at Andover, 80 Andover Street, Andover, MA.

Christmas Directory

CHRISTMAS DECOR- Sales and installation of quality outdoor lights and decorations, garland, wreaths, etc. Commercial lease programs available. Bill Ferris, **978-475-1308,** Vale Landscaping.

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Novenas

ST. JUDE'S NOVENA: May the Sacred Heart of Jesus be praised, worshiped, glorified and preserved throughout the world, now and forever. St.Jude, worker of miracles, pray for us. Say this prayer 9 times a day, by the 8th day, your prayers will be answered. S.E.P.

ST. JUDE'S NOVENA: May the Sacred Heart of Jesus be praised, worshiped, glorified and preserved throughout the world, now and forever. St.Jude, worker of miracles, pray for us. Say this prayer 9 times a day, by the 8th day, your prayers will be answered. S.E.P.

ST. JUDE'S NOVENA: May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world now and forever. Sacred Heart of Jesus, pray for us; St. Jude worker of miracles, pray for us. Say this prayer nine times a day; by the eighth day your prayer will be answered. My prayers have been answered. A.L.C.

Services Offered

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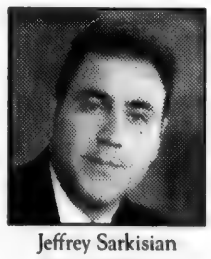

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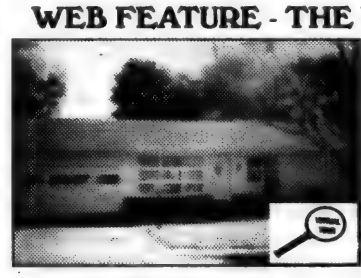

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Lovely, pristine ranch on dead-end street. 3 bedrooms, 1.5 baths, wonderful kitchen with loads of built-ins and more.
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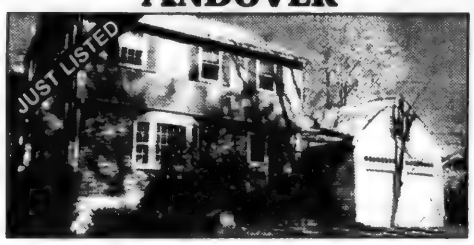
ANDOVER



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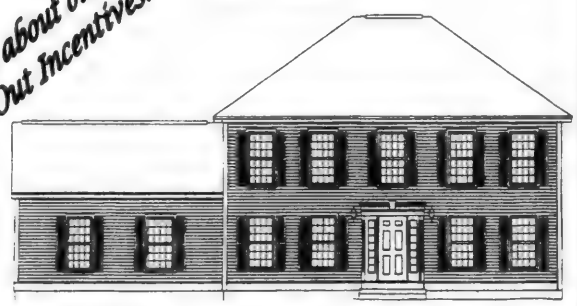

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Articles for Sale

NEW CARPETS- Installer has access to several thousand yards StainMaster carpet. I can carpet your livingroom and hall for $389. Price includes pad and installation, based on 30sq.yds. Also have Berber and commercial carpets. Call John **978-256-2145.**

ORNATELY CARVED ANTIQUE double bed and bureau. Brass drawer handles, 4ft. attached mirror, headboard 68", footboard 35". Excellent condition. $2500. Call evenings **978-470-0042.**

POTTERY BARN PINE table 60"X36" $100. Oak and pine end tables $20. William Sonoma kitchen stools, rush seats, new 3 for $45. New small hardwood desk and chair $40. **749-6742.**

RANCH MINK COAT in mint condition. Only worn one season. Full back, standing collar, full cuffed sleeves, long length, size 8. Asking $ 3,000. **978-683-9513.**

SEVEN PIECE VICTORIAN style oak dining room set, 6 chairs, 7 months old. Solid base, extra leaf. Excellent condition. $450/b.o. **978-409-3323; 508-962-5868.**

THREE POLAR EXPRESS tickets. Call **978-474-1217.**

SHAMPOO UNIT WITH mirror $150/best. Hydraulic chair, excellent condition $100. Craftmatic adjustable bed $400. Cadence treadmill, excellent condition $299. **978-346-9091.**

SOLID DARK OAK office desk in great condition. A steal at $200. Play Station with 2 controllers, adapter and three games. $150/all/best offer. **978-475-6516.**

THREE WINDSOR CHAIRS- Antique red, antique green, mud color. $250 for all. Call **978-688-2504.**

Garage Sales

MOVING SALE- Saturday 11/13/99. Rain date 11/14/99. 9:00am-3:00pm, 6 Pine Tree Lane, Andover, off Rattlesnake Hill Road. Household goods, clothing, toys, etc.

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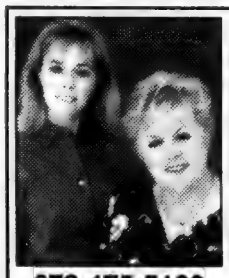

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ANDOVER AREA- luxury 2 bedrooms, 2 baths. Start at $1095/month. Minutes from 495/93. Washer/dryer, w/w, a/c, pool, fitness center and more. **978-975-1001.** www.appletonsquare.com

ANDOVER- one bedroom Colonial Drive condominium, available 12/1/99. $775/month includes heat and hot water. Call **781-438-3655.**

ANDOVER- 2 bedroom, 1st floor, recently remodeled, new appliances, washer/dryer hook-ups, 2 car parking. $1,125 plus utilities. Available 11/15/99. Call **749-6797.**

ANDOVER- Bright, cheery five rooms, 2 bedrooms. Intown location. Excellent condition! Includes stove, refrigerator dishwasher and disposal. No pets. $1200/mo.+ utilities. **978-475-0260.**

ANDOVER- Excellent downtown location, 4 room, 2 large bedrooms, EIK. Includes stove, refrigerator, dishwasher, disposal, washer/dryer and parking. No pets. $1,175/-month plus utilities. Available 12/1/99. Stephen **475-0400.**

ANDOVER- Intown family neighborhood. Townhouse 3 bedroom, fireplaced living room, French doors, screened porch, garage, walk to center. Bancroft and Doherty School district $1,800. Owner/broker. **978-851-7364** ext. 11.

ANDOVER- Owner occupied 2 family. Ideal for professional couple. Off street parking, washer/dryer hook-up. $900/no utilities. References required. Available 12/1/99. **978-475-8341.**

ANDOVER- Phillips Academy area. 7 room, 3 bedroom antique duplex, 2 fireplaces, wide floor boards, eat-in kitchen, porch, parking, 12/1/99 occupancy, $1650/month plus utilities. Lee Dodd **617-262-6907.**

ANDOVER- Downtown. available. Large studio. $700/month. No pets. Call after 5:00pm. Call Frank **978-465-8238.**

ANDOVER- Spacious sunny two bedroom apartment. Intown residential neighborhood, two blocks from everything. $1100/-month plus utilities. **978-475-0260.**

ANDOVER- Stylish 1 & 2 bedroom apartments, attractively situated on Merrimack River. Close to 93/495. Clubhouse, fitness center, outdoor pool, and tennis courts. A great place to call home! No pets. Open Monday-Saturday 10am-6pm. RIVERVIEW COMMONS, **978-685-0552.** Corcoran Management Co.

ANDOVER- Three bedroom duplex. Charming neighborhood near town center, no traffic. Screened porch, yard, garage, French doors to dining room. $1800/month. Available immediately. **978-749-8985** evenings; **508-397-2497** days.

HUGE one/possibly two bedroom apartment in P.A. area. Two full baths, washer/dryer. Available second week of December. $1200/month includes all utilities. **978-474-0072.**

METHUEN- Quiet, clean and convenient exit 46, off 495. No pets. 1 bedroom from $650/month includes heat, hw, gas, w/w, appliances, laundry, parking. Delmont Estates **978-686-4791.**

NORTH ANDOVER- Bright second floor, 6 room, 3 bedroom. Garage, porch, hook-ups. Security deposit. No utilities or pets. $950.**978-688-5824.**

Rooms for Rent

AFFORDABLE LIVING SPACE, in private home above garage. On lake suitable for male adult. Convenient for commuting, clean/quiet. $600. **978-685-9298** before 7:30am/-after 7:30pm or pager# **978-734-5609.** End of November occupancy.

Wanted to Rent

ANDOVER PHYSICIAN LOOKING for house, 3-5 months, Nov./Dec. 1999-Feb./Mar. 2000. Also willing to housesit during the same period for people going away for winter. Call **978-470-1569** or page **508-387-3741.**

~ ANDOVER ~

4 bedroom, 2 1/2 baths, whirlpool in master. Walk-up attic, acre plus lot on cul-de-sac, Andersen windows, hardwood, tile, family room and great room. Won't last. **$459,900**

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ANDOVER- Beautiful Downtown. $525, plus utilities. Available now. **978-475-6523.**

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Resort Places for Rent

SUNDAY RIVER- Season rental, 3 bedroom cape, sleeps 8, furnished. 6 miles to ski. Available Thanksgiving weekend. **603-382-2119.**

Land for Sale

ANDOVER- Shady acre plus. Abuts conservation land, 5 minutes Phillips Academy. Ready for building permit. Owner **781-286-2489.**

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ANDOVER- Ballardvale Village, 2 rooms, spacious, bright, 800sq.ft. Also 3 rooms, 1133sq.ft. All newly renovated. **978-475-8884.**

ANDOVER- OFFICE retail lease 2500sq.ft. Visible Main Street location. Huge storage area, parking. Phone **978-458-4686** or **470-0459.**

ANDOVER/NORTH ANDOVER LINE- 1850sq.ft. in professional office building. Great location and parking. Call John McGarry **978-686-1111.**

PRIME OFFICE SPACE- 1,000sq.ft. at 15 Central Street, Andover. Parking available. **978-470-3623.**

RETAIL/OFFICE SPACE 1065-1465sq.ft., 1st floor, plenty of parking, near Andover Center. **474-0707** ext. 2.

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Buildings For Sale

METHUEN'S FINEST- 10, 12, 14 Pleasant Street across from the Red Tavern. 7 apartment building. Great for professional office, group home, assisted living. Great investment. Condo plans also available. Upper $400,000's. Sullivan Realty **681-8511.**

Automobiles for Sale

1975 SUPER BEETLE Convertible. Red with tan top, mint condition, drives perfectly. $11,500 or best offer. Call **978-375-3088.**

1976 CHRYSLER NEW YORKER BROUGHAM- 106,000 miles. Very comfortable car. Runs everyday. 440 engine very good. Green with white top and green velour interior. $2200. Rich Roberts, 160 Lowell Street, Andover, MA. **978-475-7059** pm.

1980 CORVETTE- $7,000. or best offer. Good condition. Call **475-0255** after 6:00pm.

1984 RED HONDA PRELUDE- Auto. transmission, a/c, sunroof, cassette. Southern car, excellent condition. 78k miles. $2900. Call **978-685-4439.**

1985 CRX HONDA- Very dependable. White with black trim. High mileage. New tires. Needs some body work. First $400 takes it. **475-8889.**

1985 MERCEDES 300SD Turbo diesel. Gray, loaded, very clean in and out, 7 new tires, new sticker, 101,000 miles. $9000/firm. Call Bob afternoons/evenings **978-373-4040.**

1982 AUDI GT COUPE, very good condition, 78K miles, $2,500. Call **978-988-5701.**

1983 SUBARU- Garaged 101k miles. Great around town. New brakes, tires, exhaust. $1,000. Call **978-470-1375.**

1985 SAAB- 180k miles, four door, green, sunroof, a/c, am/fm/cassette radio. Reliable basic transportation. $1,500/best offer. **978-465-2230.**

1986 BMW 325ES- tan, 2 door sedan. High mileage but runs great. Good town car or for college student. Great on gas. Sunroof, power windows, excellent tires, standard shift. $3900. Days or evenings **978-475-7059.**

1986 CHEVY SILVERADO- black dump truck, 454 heavy duty, 4x4, a/c, all power. 50k miles. $8500 or best offer. Call **978-689-4051.**

1987 CHEVROLET BLAZER S10, 4WD, automatic, a/c, gold/green. Original owner. 158K. Good condition. $1,900. New inspection sticker. **978-475-9899.**

1987 HONDA PRELUDE- a/c, silver/grey, sunroof, automatic, runs great. $1,900 or best offer. **978-470-6801** days, or **978-474-0079** evenings.

1987 PONTIAC 6000- 4 door sedan. Front wheel drive. Only 65k miles. Runs great. $2,500 or best offer. **978-689-7426** days.

1987 SUBARU GL-10 Turbo Wagon, 4WD, 5 spd manual. Sunroof, power options. 110k. $1,700, runs great, (almost) No rust. Call **475-7973.**

1988 ACURA INTEGRA LS. Red, 154k miles. $800 or best offer. Call **978-470-1269.**

1988 CAMRY SWG- fully loaded, 140k miles, white, sunroof. $4400/b.o. Call **247-2642** or **978-683-1856** after 7:30pm.

1988 DODGE DYNASTY LE- 4 door, 75,000/plus miles. Great condition. Asking $2,990 best offer. Daytime **470-3165**, evenings **475-5855.**

1989 HONDA ACCORD LXI- 4 door, 5 speed, sunroof. Very good a/c. Runs great. Needs some work. $1,700 or best offer. Call **978-470-4889.**

1989 JAGUAR XJ6, 4 door, 75,000 miles. One owner. Excellent condition. $7,500. Call **475-5141.**

1989 OLDS CUTLASS If you like roomy, this works. A/C, great in hot weather. I drive to Boston weekly. $1,800. Call Barbara **978-658-9995.**

1990 MERCEDES 300 turbo diesel, 79k. Good shape. Runs well. $14,750. **978-475-9136.**

1991 MITSUBISHI ECLIPSE- green, good condition, 5-speed, a/c, radio/cassette, power mirrors, new muffler/-exhaust/tires. Need to pay off student loan. $3150. **978-557-0207.**

1992 JEEP WRANGLER sports utility, 6 cylinder, 5 speed, manual, 4 wheel drive, hard/soft top, power steering, tilt, stereo, cd, towing package, alloy wheels. **978-851-3677.**

1992 MERCEDES BENZ 190E, 2.6 litre, excellent condition. 98,000 miles. Leather interior, moon roof. $9500/best offer. Call **978-474-4275.**

1992 SAAB 9000 Turbo. Green, manual, 160k miles. Tan, heated, leather seats, w/memory factory alarm, ABS and traction control. Meticulously maintained. Always garaged. Oil changed every 2500 miles, gear box oil changed every 15k, w/redline synthetic fuel. $8900. **781-262-6037.**

1992 VOLVO 240 wagon blue/green metallic. Excellent condition. Clean car $9,200 or best offer. **978-470-1032.**

1992 VOLVO 240GL- Red/black interior, sunroof, a/c, am/fm/cassette. Good condition. $8,850/best offer. Call **978-988-1143.**

1993 DUSTER- 59k, red, new front tires, battery and filters, a/c, am/fm cassette, fog lamps, tilt. No rust. $6000. **978-458-3068,**

1993 FORD TAURUS, green, 4 door, automatic V6, air conditioning, am/fm/cassette, cruise. Excellent condition. $3,400. **978-664-0443.**

1993 HONDA CIVIC EX Two door coupe, 5 speed, 100K miles, sunroof, am/fm cassette, power windows/locks, cruise, ac, Excellent condition. $6,000/best. **475-2067.**

1993 LEXUS ES-300- Pearl white, automatic, moonroof, heated seats, Gold-Package, fog lights, loaded. No scratches, mint condition. Dealer maintained. 97,000 miles. Asking 12,800 or best offer. Must sell. **470-0781.**

1993 NISSAN SENTA- 4 door , automatic, a/c, power mirrors, automatic starter, new brakes, tilt. 70,000 miles. $5,900. Call **978-470-8966.**

1994 DODGE INTREPID ES, 4 door sedan, 3.5 litre V-6, 69,000 miles. Excellent condition. $7000. Call evenings **978-470-0042.**

1994 PROTEGE LX, fully loaded (including mirrors), 80k miles, white, sunroof $6500/b.o. Call **247-2642** or **978-683-1856** after 7:30pm.

1995 DODGE NEON- A/C, stereo, cd player, remote starter. Runs excellent. 83k miles. $6,300. Call Linda **978-474-0739.**

1995 NISSAN QUEST GXE- All options. 42k miles, new engine, transferable warranty, drives, looks new. Owner must sell. Book $17,000, selling $14,200/best offer. **978-474-0711.**

1995 TOYOTA CAMRY- 2 door, all power, sunroof, 95k miles. Great condition. Black/tan interior. $7,500. Call **978-681-0655.**

1995 PLYMOUTH VOYAGER- Excellent condition. 72k miles. Never a problem. Cassette, a/c, spotless. $7,500. Call **978-470-1414.**

1996 DODGE CARAVAN Red. Excellent condition. One owner. $11,500 or best offer. **978-475-7119.**

1996 EAGLE VISION-TSI, near mint, 37,000 miles, new tires, garaged, black/gray leather. Fully loaded. Lease buy out or b.o. Est. $13,500. Call **978-659-4827** day or **978-474-9378** evenings.

1996 MERCURY- Excellent condition. Well equipped. Low miles, great small car. "Car & Driver 10 Best Cars 1997" $7,250. **978-470-1278.**

1996 SAAB 900SE turbo-loaded, black with tan leather interior, sunroof, 53k miles. Asking $14,900. **978-474-0072.**

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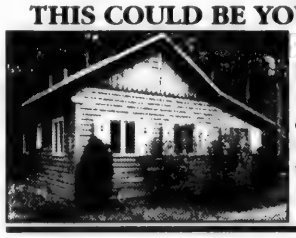

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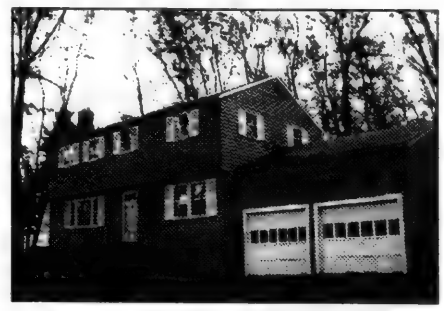
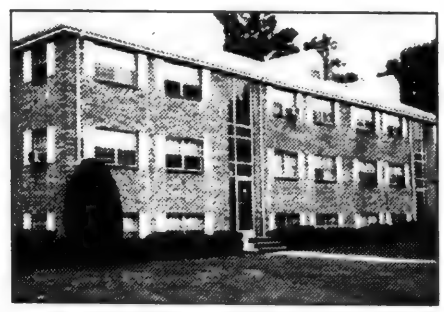


Andover - Mint 9-room Colonial with updated baths and oak kitchen. Enjoy year-round activities in the heated sunroom and family room and special occasions in the formal dining room and fireplaced living room. A must-see home! $339,900

Andover - Immaculately kept 4+ bedroom home. Many extras include Florida room plus super locale! $419,900

Boxford - A stunning kitchen, dramatic Florida room and smashing landscaped yard highlights this 14 room home. $455,000

North Andover - Warm and inviting top floor, two-bedroom, corner unit with new appliances and balcony off living room overlooking beautifully manicured grounds. $108,000



North Andover - Fresh paint and new carpet plus all appliances make this 1 bedroom unit an easy one to love! $69,900

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Automobiles for Sale

1996 VOLVO 850 turbo sedan. Excellent condition. Leather interior, moon roof, CD player, power everything. Anti-theft system. 110k. $15,900. **978-975-3100.**

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1997 JEEP WRANGLER soft top, 5 speed, 4WD. Brand new cd player. Sound bar. Bikini top, dual air bags. $11,900/best offer. **475-0286.**

1997 MERCURY SABLE Wagon- Loaded, 3rd seat and integrated phone. $9,500/best offer. Highly motivated seller. Call **978-374-5130.**

1997 WHITE CHEVY VAN Cargo, extra long, a/c, auto, only 15k miles. $15,500 or best offer. Call **978-689-4051.**

1998 CHEVY TAHOE LT-4 door, 4wd, leather, dual a/c, tow package, black with/gray, 45k highway miles. Great condition. $27,900. **978-749-7093.**

1998 JEEP WRANGLER Sport, white with black top. Mint condition. Every option available, plus. 23k. Call for details. $17,900. **978-685-2470.**

1999 LEXUS LS400, Mystic gold metallic only 1,200 miles. Includes Nakamichi Sound System, 6 cd changer, moonroof, heated front seats, Gold Package. Always garaged. $49,999.00 **978-749-7093.**

1999 VW CABRIO GL convertible. Showroom condition. 20,000 miles, white. $16,200 firm. Call **978-686-5966.**

BMW 99 MZ ROADSTER- Estoril blue, blue top, blue leather, cd, 4K miles, $38,900. **475-0033.**

RARE 1988 SPORT tuned VW Jetta GLI. Truly 1 of a kind. All Recaro interior with BBS rims with Pirelli rubber, entirely new sport suspension with KYB shocks and struts, Neuspeed springs, aftermarket Pace Setter exhaust, Neuspeed stress bar with proformance air intake. Only 59,000k. Call for more information. Offers accepted. Call **978-686-0045.**

RX-7 SPORTS CAR, 1983, 5 speed, sunroof, am/fm cassette, power windows, cruise, a/c, leather. Runs good, 120,000 miles. $1,700. Call **978-975-2054.**

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VOLKSWAGEN JETTA TREK- 1996, 53,000 miles, sunroof, 5 speed. $9,495. **470-1359.**

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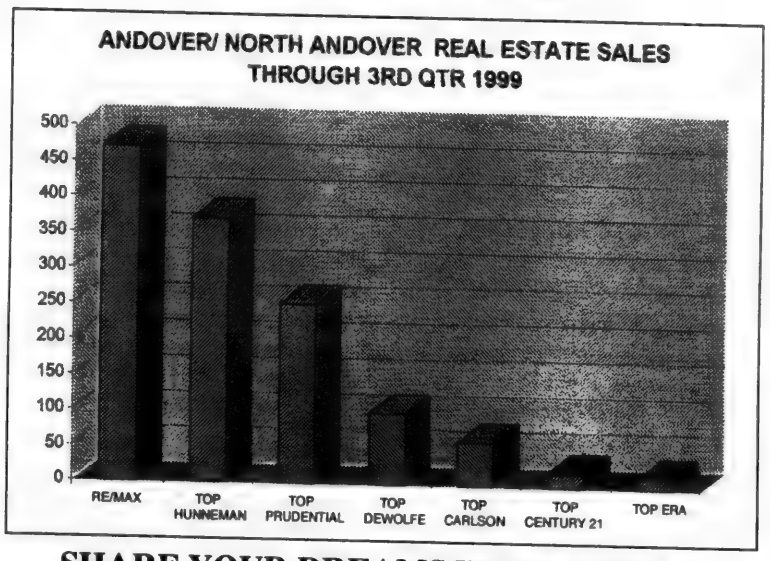

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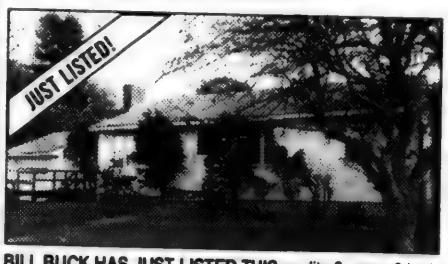
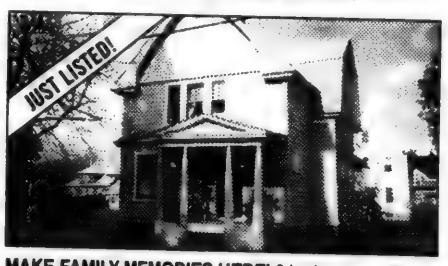
NORTH ANDOVER



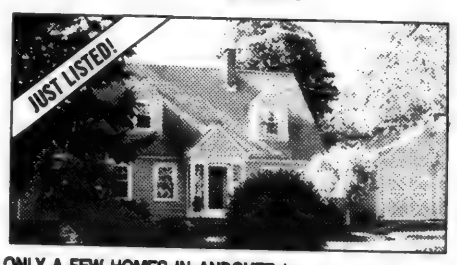
BILL BUCK HAS JUST LISTED THIS quality 6 room, 3 bedroom Ranch with large eat-in kitchen, hardwood floors throughout, one car garage on level lot near town....**$219,900**
CALL BILL BUCK 978-725-5346 OR VISIT billbuck.realtor.com

NORTH ANDOVER



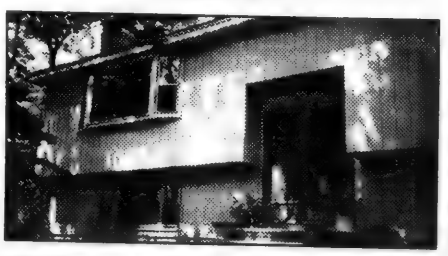
MAKE FAMILY MEMORIES HERE! 3 bedroom, traditional Colonial located on a level lot in a convenient location, only a short walk to the new Thompson School. High ceilings, gleaming wood floors, generous closet space, many fine touches from the past! **$229,900**
CALL CARLA POLIZZOTTI BURNS 978-725-5348.

ANDOVER



ONLY A FEW HOMES IN ANDOVER have spectacular water views – this is one! Come admire this adorable, remodeled "storybook" Cape. Features include a fireplaced living room, formal dining room, large family room overlooking the beautiful fenced-in back yard, new kitchen with center island, 2 huge bedrooms, tiled bath, hardwood floors, and breezeway leading to the 2 car garage. Enjoy fishing, hiking, cross-country skiing – just steps from your door. **$309,900**
CALL LILLIAN MONTALTO, #1 RE/MAX AGENT IN NEW ENGLAND @ 687-6227.

ANDOVER



FIFTY-SIX FOOT OVERSIZED 8/4/2.5 SPLIT on private acre. Oak steps lead to spacious fireplaced living room. Bright eat-in kitchen features skylight. Hardwood floors, ceramic tile and much more! NEW SEPTIC SYSTEM!.....**$315,900**
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SALEM, NH

PRESTIGIOUS CAPTAIN'S POND AREA beckons you to take a look at this charming Cape Cod with farmer's porch and located on a cul-de-sac. Spacious rooms, cathedral ceiling kitchen with center island, 3 bedrooms, huge family room plus 2nd family room, central air and more. Located just over the Mass. line with quick access to highways. Great buy at.....**$339,000**
CALL LINDA CUTTER AT EXT. 353.

ANDOVER

FOUR BEDROOM HOME with newer addition on fabulous, private 1.5 acre lot in the South School district! this home features an enormous family room, sunroom, screen porch, sauna, separate workshop, 2 car garage, plus an above ground pool. This home is also within walking distance to town owned conservation land. **$339,900**

NORTH ANDOVER

WOW! LAND, 3.28 ACRES! Home 4,000+ s.f. Colonial. 9 years young! 9 spacious rooms! Central air conditioning! 2 X 6 construction! All hardwood floors! Large screened porch! and a cul-de-sac setting. Immaculate!! **$559,900**
TO VISIT THIS MUST SEE HOME CALL ELKE KAPPELER 725-5360 FOR A PRIVATE SHOWING.

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ANDOVER! - NEW CONSTRUCTION!

WYNWOOD HOME at Fieldstone Meadows. Superb floor plan on exceptionally large lot.

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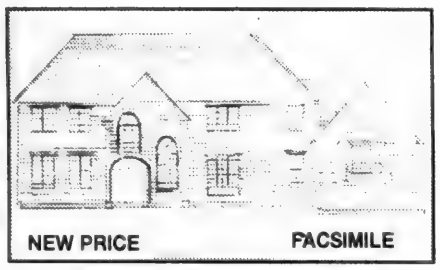
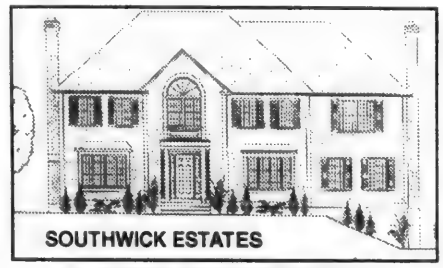


ANDOVER! - NEW CONSTRUCTION!

Exceptional new home with all the amenities!

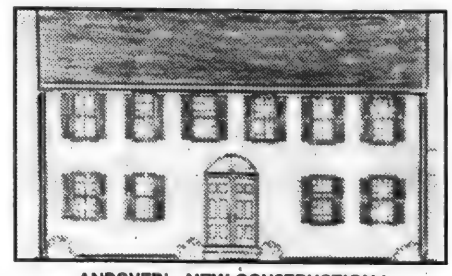
Call for details! $925,000



ANDOVER! - NEW CONSTRUCTION!

Fine new homes just 2 miles from the center of town. Limited opportunity, acre plus sites.

Prices start at $639,900



ANDOVER! - NEW CONSTRUCTION !

Quality built Colonial, 2700 sq. ft., on wooded lot. Beautiful setting, close to town.

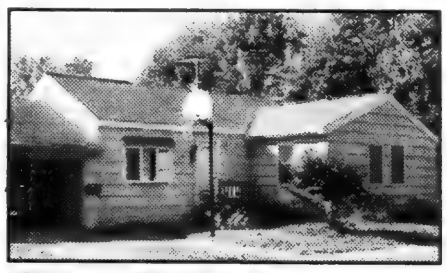
$429,900 (2,240 sq. ft.) & $469,900 (2,700 sq. ft.)

ANDOVER - Beautiful custom Contemporary home sited on wonderful private acre lot close to Phillips Academy, Bancroft, and The Pike Schools. Fabulous gourmet kitchen, every chef's dream! Walk-in pantry and breakfast area are totally enclosed in glass. Includes 9 rooms, 4/5 bedrooms, 3 full baths and a finished full basement. VRM 49. Seller to consider offers in range **$739,000 - $848,876.**

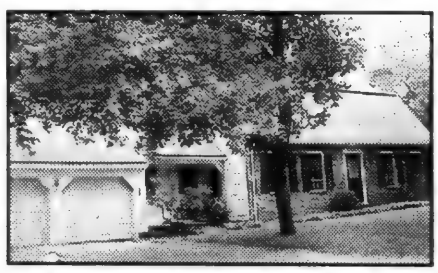
ANDOVER - Magnificent 9 room, 4 bedroom Colonial is set on over an acre of landscaped grounds. French doors, recessed lighting, handmade cabinetry, and beautiful millwork accent this home. The master bedroom suite includes a dressing room, fireplace, and master bath. Fireplaced living room and a great room full of windows showcase endless quality. Full basement, walk-up attic, 3 car garage and more! **$699,900**

ANDOVER - Andover Country Club Estates, stately 10 room, 4 bedroom, brick front Colonial with circular drive. Elegant foyer with curved staircase plus front to back fireplaced living room. French doors lead to quiet sitting area. Big eat-in kitchen, cherry cabinets and center island. Family room features a double faced fireplace and skylights. Private rear yard with 3-tiered deck. Established neighborhood, close to town, golf and more! **$619,000**

BOXFORD - A pond view and 15 acres of woodlands are the backdrop from this huge gourmet kitchen with maple cabinets. Almost new, oversized 12 room Cape with 8 rooms, 4 bedrooms, plus a 4 room/2 bedroom in-law apt in walkout lower level. Gorgeous fireplaced family room, large master suite with fireplace and jacuzzi. A very special opportunity. **$599,900**

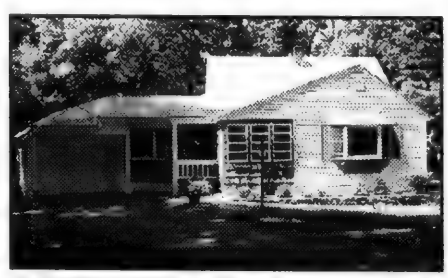


NORTH ANDOVER - A little gem! Light and bright, updated 5 room Ranch. Including a new spacious kitchen with new appliances and greenhouse window. A living room with skylights, a bay window and ceiling fans. Two new full baths, master bedroom (with bath) and two car garage. Walk to school and town! **$209,900**

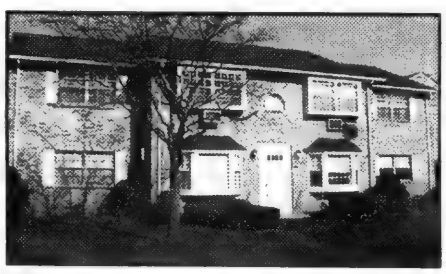


ANDOVER - Pristine brick front Gambrel near town. Eight plus rooms with attention to detail throughout. Beautiful millwork on the fireplace mantel in living room, fireplaced bedroom with scenic delft tile, and a fireplaced family room. Wide hallways, spacious entrance foyer, tall ceilings, 4 bedrooms and 3 full baths. Brick patio with lovely yard. A new listing by Susan Bishop! **$459,900**

ANDOVER - Lovely, light and bright 7 room Colonial in Shawsheen Village! Sparkling pine floors throughout, spacious family room has new carpet and opens to large patio. Newly tiled bath, three bedrooms and freshly painted first level. Nice yard, full basement and detached garage. **$214,900**



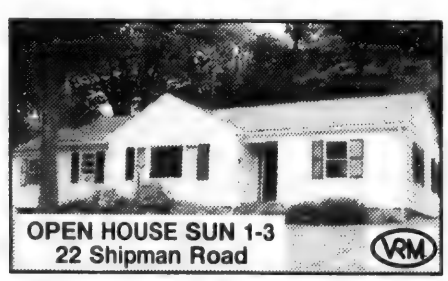
ANDOVER - Immaculate Cape. Move in time for the holidays. Charming 8 room, 4 bedroom home. French doors, spacious open family room with vaulted ceiling adjacent to dining area. Private den on first floor. Two tiered deck wraps the back of the house. **Title V Certified!** In award winning Sanborn School district and close to routes 93 & 495. **$299,000**



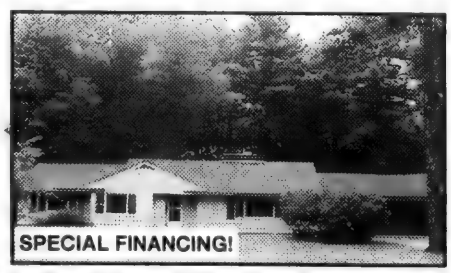
ANDOVER - Nice first floor end unit! This 2 bedroom Condo with eat-in kitchen has Euro style cabinets and sliders to patio and courtyard. Walk to town, shop, and transportation. Enjoy tennis, pool, and ease of commute. Condo fee includes heat. Fabulous price, call for a showing!. **$125,000**

ANDOVER - Near town 8 room Colonial in Mint Condition backs up to conservation land! Light and bright, newer kitchen and bathroom along with shining wood floors. 3+ bedrooms, 2 full baths, plus walk up attic has expansion possibilities. Newer roof and heating system, 2/3 car garage. Great street, close to everything. VRM 38 Seller to consider offers in range **$339,000 - $398,876.**

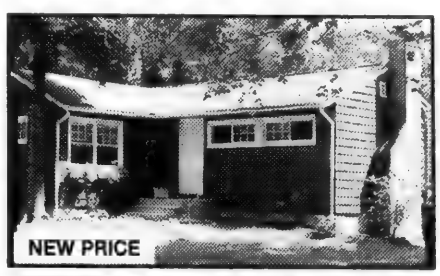
ANDOVER - Enjoy in-town living in this New England Cape! 7 rooms, hardwood floors, fireplaced living room, 3 or 4 bedrooms and two full baths. Other features include a formal dining room, and cozy breakfast room overlooking the rear deck and yard. Ample storage, one car garage. **$329,900**



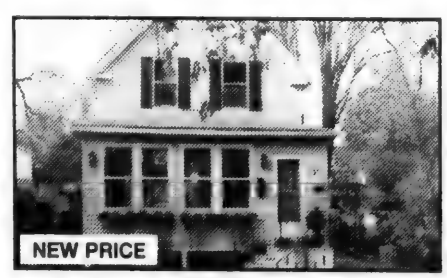
ANDOVER - Charming Johnson Acres home! This Ranch has seven rooms, three bedrooms and two baths. A large fireplaced living room, newer family room or den, dining room, and spacious master bedroom. Eat-in kitchen and first floor laundry room with great storage and work area. Very pretty yard and deck! VRM 35 Seller will consider offers in range **$299,000 - $338,876.**



ANDOVER - Available for Immediate Occupancy! Glass enclosed family room addition with cathedral ceiling and skylights is great for entertaining in or enjoying the view! This 7 room Ranch with 3 bedrooms and 2 baths features a modern kitchen, stunning floor to ceiling brick wall with fireplace in living room and new carpeting. Newly painted, light and bright. Call Jack Hewitt for details, Ext 228. **$299,900**



ANDOVER -Great starter home at great price! Close to town and Merrimack College. Updated Ranch with 2 bedrooms. Newer cherry kitchen, newer bath, wood floors, and fireplaced living room. Nice screened porch, level yard and potential for greater space in partially finished basement. Call for a showing. **$205,000**



ANDOVER - Sought after in-town location! Terrific well maintained 6 room Colonial features a large eat-in kitchen, new bathroom, three bedrooms, and wood floors throughout. Enjoy the heated front porch and cozy patio in back. Full basement and new boiler. Walk to everything from this super home. **$214,900**

ANDOVER - Pristine Condo at Washington Park! Enviable location on 2nd level, this won't last...Includes 2 bedrooms, 2 baths and a dining room. This unit has 1340 sq. ft. of living space in mint condition. Located in the Andover House, enjoy being close to town, shopping, buses, and commuter rail. Tennis and pool. A new listing by Doris Lindsay! **$154,900**

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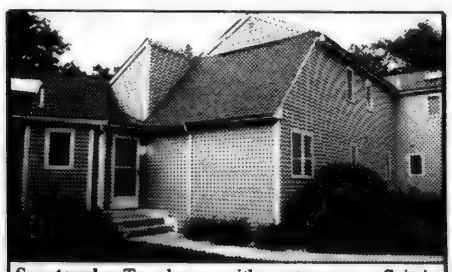
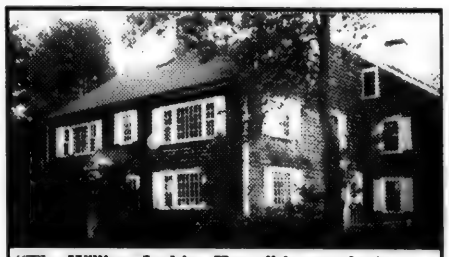


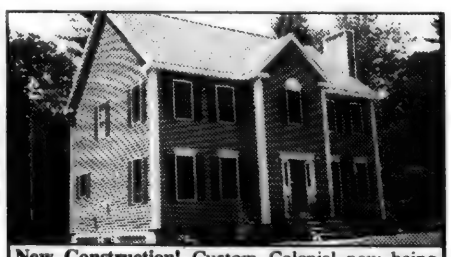
Spectacular Townhouse with contemporary flair in scenic Pilgrim Village. 6 rooms, 2 bedrooms, 2 baths, 2 car garage and loaded with top quality features!
Call 475.4477 **Exclusive $239,900**

On cul-de-sac just minutes to Rt. 93! Architecturally designed Colonial with a contemporary flavor! 8 spacious rooms, cathedral ceiling fireplaced family room, French doors to sun room, hardwood floors in living and dining rooms, central air and so much more! Outstanding value!
Call 475.4477 **Exclusive $319,900**

A tasteful blend of old and new can be yours in this historic Antique Colonial set on 1.6 acres of manicured grounds with rolling lawns and stone wall. Cathedral ceiling family room addition with skylights, built-ins and lots of windows, 6 fireplaces, Carriage House and garage on property.
Call 475.2201 **Exclusive $325,000**



"The William Jenkins House" known for being a station on the Underground Railroad. Much of the original home is intact, 10 rooms, 5 bedrooms, 2 baths - needs some work but well worth the investment to own this unique property!
Call 475.2201 **Exclusive $350,000**



New Construction! Custom Colonial now being built in estate setting in the Sargent School district. 3 or 4 bedrooms, 2.5 baths, fireplaced family room and 2 car garage. Sited on 1.57 acres with plenty of privacy!
Call 475.4477 **Exclusive $419,900**

Spectacular Deck House on 3.5 woodsy acres! 10+ rooms, gourmet kitchen with granite counters, 2 sinks and 2 dishwashers, gleaming hardwood floors, fireplaced family and living rooms, 4 bedrooms, 2.5 baths. Perfect choice!
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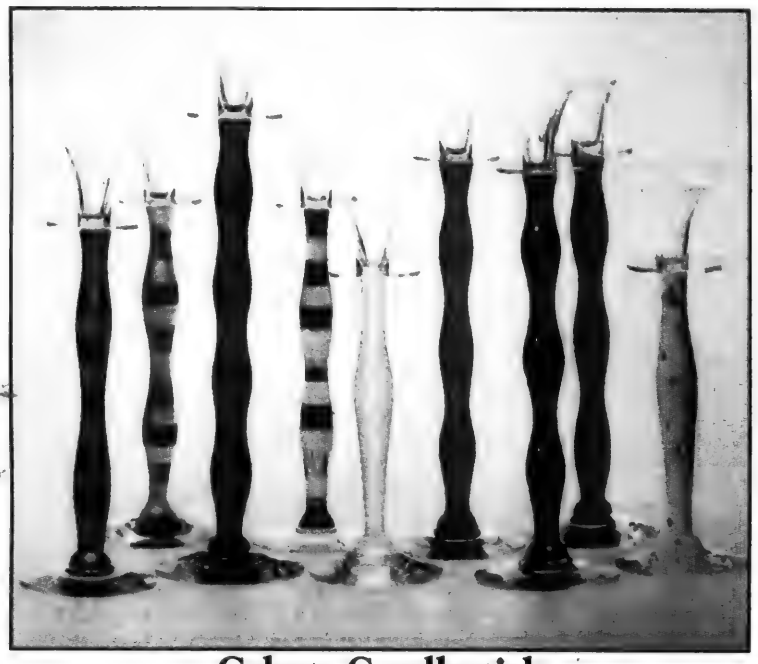

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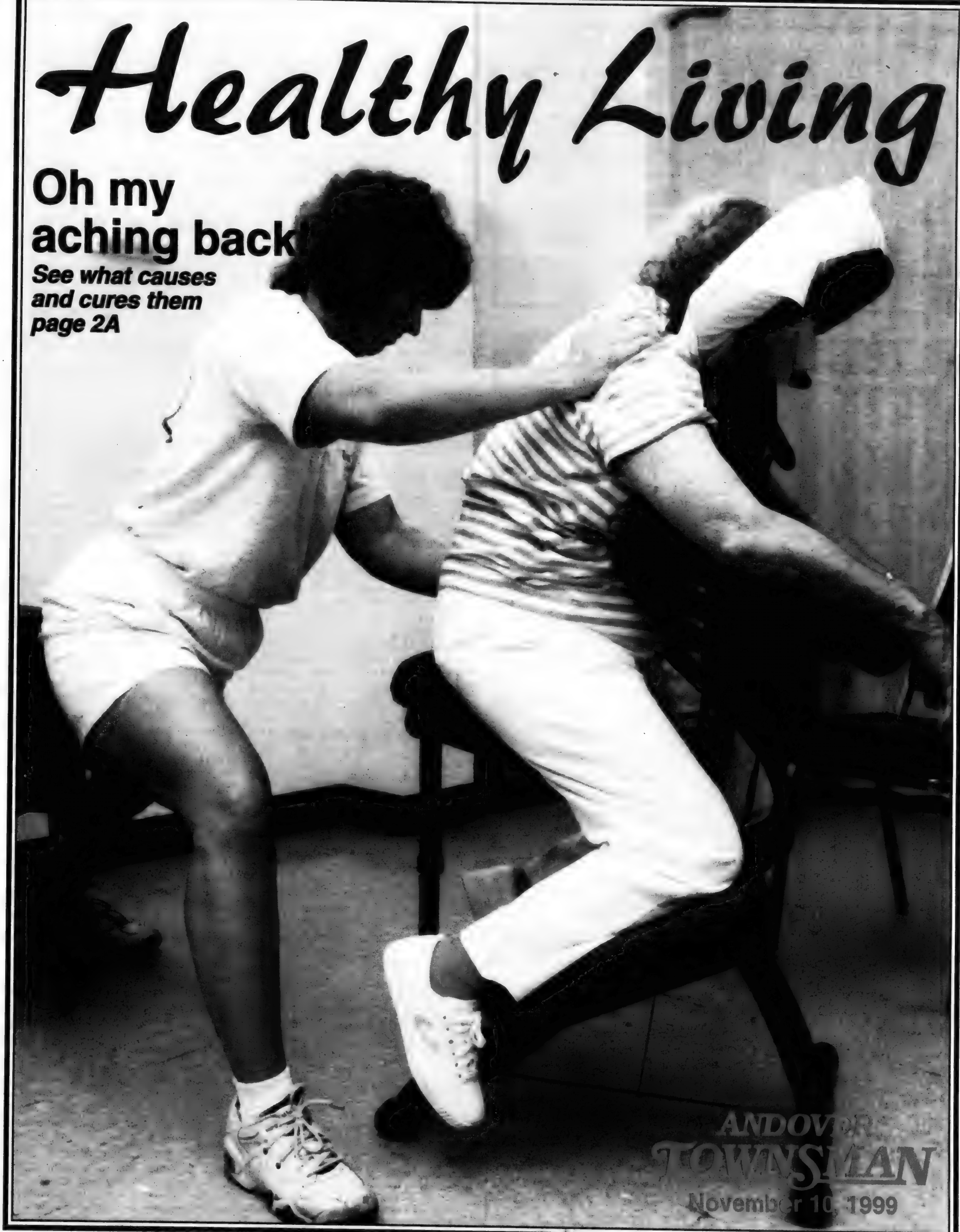
Healthy Living

Oh my aching back

See what causes and cures them page 2A



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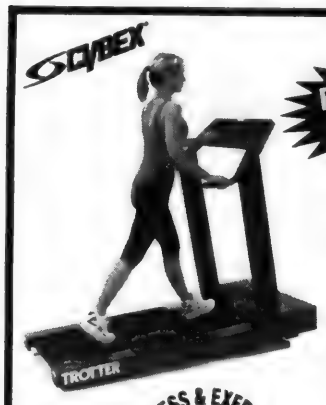

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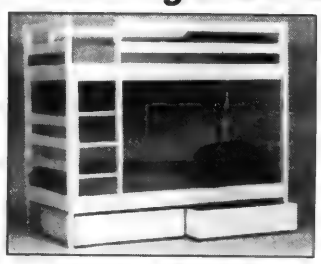

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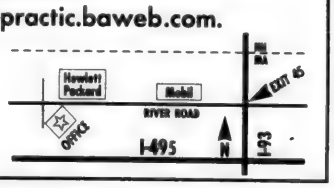

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Majority of people will suffer pain at some point

Oh my aching back!

By Jennifer Valeri and Michelle Eld

Nearly 80 to 90 percent of all people will suffer lower back pain at some point in their lives; close to 20 percent of the population will experience back pain on a yearly basis.

And back pain is costly. Estimates show more than 80 billion dollars is spent because of back pain each year.

The numbers sound a little glum, but according to drkoop.com, it is only reasonable. With 24 bones in the spine and nearly all of the body's movements dependent on the back in some way, there are many opportunities for injury.

The bony column in the center of our backs is, of course, our spine. The spine, which forms an "S" shape, is surrounded by muscles and ligaments. The lower portion of the "S" is commonly referred to as the lower back, and is where much of the pain people complain about is generated.

Why?

There are a variety of theories as to how the back can become injured. According to drkoop.com, there are specific conditions that cause pain, such as spinal stenosis (a narrowing of the spine) which is common in older people, or disk herniation, common in middle-aged adults, or even trauma from car accidents or other traumas. However, the source of back pain is oftentimes undiagnosed.

Stress, poor posture and even a lack of exercise can all contribute to backaches.

Back pain can cause postural problems and can result from postural problems. "When your back bothers you, you start to compensate for how you walk, how you sit," said David Sollars of Acupuncture of North Andover.

Posture is especially a problem for people who have sedentary jobs that require them to sit at a desk all day. "You're making yourself ripe for back pain in your lifetime," said Mr. Sollars. One way to remedy this is to take frequent stretch breaks.

Instead of e-mailing a coworker, walk over to their desk and give them the message yourself. Also, take a stroll around your office every so often to stretch and get the blood flowing.

There is another theory of where back pain is generated. In his book, "The Mind-Body Prescription: Healing the Body, Healing the Pain", Dr. John E. Sarno, states backaches, headaches, slipped disks, headaches and other chronic pain are caused by suppressed emotions. Anger, fear, depression, guilt and slow self-esteem can signal the brain to create physical symptoms. Dr. Sarno states in his book that patients who accepted the idea that their pain was rooted in emotions experienced relief of back pain. Addressing the psychological and emotional issues can eliminate the pain once believed to be only physical, according to Dr. Sarno.

Did you know?

- **Low back pain is the second most common cause of missed work days. Headaches are the first, followed by joint pain (such as arthritis) and cancer pain.**
- **Low back pain is the leading cause of disability between the ages of 19 and 45.**
- **Low back pain is the number one leading impairment in occupational injuries.**

Posturing

Sue Luby, owner of Sue Luby's BodySense Yoga, Fitness and Wellness Center in Andover, believes back problems are largely caused by our posture.

"It is not the chair or the car seat," she stated. "It's how we sit in the chair and stand on the job that is the culprit."

Ms. Luby points to our daily routine of sitting "round-backed" while we drive, slouching at our computers and sleeping curled in a ball as resulting in improper breathing, lack of energy and lower back pain. Even sit-ups and stomach crunches, while meant to tone our stomachs, could be harming our backs as we press the spine into an unnatural position.

Ms. Luby teaches the BodySense System, a process of working with a person's natural alignment to correct unhealthy patterns that stress the body. She likens the body to a machine. If a bolt or fuel is missing from our vehicles, we get it fixed before we drive. But when it comes to our bodies, we work in the opposite fashion, pushing ourselves believing it will "work itself out". Ms. Luby said her biggest message to her clients is that they must change their behavior in order to help the body repair.

Ms. Luby visits worksites to demonstrate proper posture for both sitting and standing, to show how simple changes in the way we hold our bodies can improve breathing. Hunching over our computers causes crimping in many of our muscles – from necks to shoulders to backs – not to mention cutting off our breathing. Slouching, we crimp the rib cage, collapsing the lungs like an accordion.

There are two good positions for sitting at work. First, sit at the edge of the seat, with both of your feet firmly planted on the ground. The stress is removed from the back. The second option, if you want to sit farther back in the chair, is to slide your backside into the chair first. You should sit as though your hips are pinned straight to the

(Continued on page 4A)

On the cover: Regina Kmet of Sue Luby's BodySense/Yoga gives a massage. Photo by Patricia Ryan. Section layout/editing by Jessica Price.

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Many treatments available for back pain

(Continued from page 2A)

chair.

Sleeping is another problem area for some people. Sleeping on our backs can be uncomfortable, because you are pinching the lower lumbar as you lie on your backside. A long rolled-up towel placed under your thighs can help avoid discomfort.

Side sleepers should place a rolled-up towel in a pillowcase to help the spine line in proportion. A pillow or towel under both legs will help keep that alignment.

Sleeping on your stomach can cause the neck to pinch, leading to headaches and migraines. A rolled-up towel under the hip bones will ensure the spine isn't overly curved or strained. And, regardless of how you sleep, keep your arms lowered by your side. Raising them can contribute to the pinched neck.

And, when lifting objects, take care to squat and use your legs for strength, rather than bending at your waist. Keep the object close to your body; holding a heavy weight out from your body will place a lot of pressure on your spine.

How to help

Roughly 90 percent of people with a back injury should recover within 12 weeks, according drkoop.com, and very few should require surgery.

Rest, while it seems to ease the pain, can be too much of a good thing. A few days is all that is prescribed. If you are dormant for any longer, muscles can get out of shape, leaving your body in worse shape. Pillows placed either under your knees for back sleepers or between your knees for side sleepers can add to the comfort.

Obviously, with any pain, medical treatment should be sought. A doctor could recommend physical therapy to create an exercise program, help with posture and teach stress relieving techniques.

Medications should be used only occasionally, according to drkoop.com, as all prescriptions have some warnings. The two most common types of medications are anti-inflammatories, such as ibuprofen, and muscle relaxers, which are narcotics and can be habit-forming.

For both prevention and treatment, exercise is always recommended. A combination of stretching, strengthening and aerobic exercise can prevent injuries and help the body heal from a previous pain.

To the point

Another way to fight back against sore backs is with acupuncture, one of the most widely known complimentary alternative therapies. As it gains increasing acceptance by state regulating agencies, insurance companies and federal agencies, acupuncture is becoming more readily available and a relatively inexpensive

complement to conventional western medicine, according to a report by Harvard Women's Health watch.

Acupuncture describes a family of procedures involving stimulation of anatomical locations on the skin by a variety of techniques. It involves the penetration of the skin by thin, solid, metallic needles, which are manipulated either manually or by electric stimulation.

The general theory behind acupuncture is based on the ancient Chinese belief that there are patterns of energy flow, called (Qi), through the body which are essential for health. Any disruption in this flow is said to be responsible for disease but an acupuncturist can restore balance to the energy flow at identifiable points on the skin. Acupuncture is now being used by millions of Americans to relieve and prevent pain or to manage a variety of health conditions.

David Sollars says he treats many patients suffering from chronic back pain. Acupuncture, he said, can help alleviate pain and relax the muscles.

The most common types of back injuries he sees are herniated disks, where the nerve root is compressed by a disk in the spine. The result is pain, numbness and weakness in that area.

Most problems associated with back pain are caused by repeated injuries that add up over time, and are not usually the result of one sudden movement. According to information by Mr. Sollars, your back is subjected to repeated stress over the years, which may not result in pain at the time the injury to the spine occurs. The process of wear and tear on the intervertebral disk is called degeneration, which eventually causes deterioration.

This disk acts like a shock absorber, which takes on a lot of stress throughout the day. When the disk becomes stiff and loses the ability to act as a shock absorber, it can eventually collapse.

According to Mr. Sollars, acupuncture helps breaks up muscle knots and helps get rid of inflammation. After treating patients in the office, he often gives them special exercises to do

(Continued on page 10A)

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Drinking black tea may help maintain a healthy heart

According to a new study recently published in the Archives of Internal Medicine, women in the Netherlands who drank only a few cups of black tea per day had a significantly reduced risk of severe atherosclerosis – a key factor contributing to coronary heart disease. The authors of the Rotterdam Study, titled "Tea flavonoids may protect against atherosclerosis," concluded that the "data provide evidence for a protective effect of tea drinking against severe atherosclerosis, especially in women." Further investigations into the mechanisms that explain the protective effect of tea flavonoids in the cardiovascular system are warranted.

In the study, drinking black tea was associated with a more than 50 percent reduction in severe atherosclerosis risk among women who drank one to two cups daily. Women who drank more than five cups of black tea daily had the lowest risk of severe atherosclerosis. The study also showed a trend toward a similar effect in men.

"The Rotterdam Study results are especially exciting for women, who are frequently looking for simple, positive steps they can take to help improve their diet," said Georgia Kostas, MPH, R.D., nutrition director, The Cooper Clinic, and author of The Balancing Act: Nutrition and Weight Guide. "This research is also particularly interesting for women in the United States, where coronary heart disease is the leading cause of death among women. Adding a few cups of regular or decaffeinated black tea to a balanced, daily diet can be an easy way to help maintain a healthy heart."

Atherosclerosis is a disease of the arteries that occurs when fatty material (plaque) accumulates under the lining of the artery wall. Over time, this buildup can restrict blood flow, resulting in serious health problems, such as coronary disease, which can cause heart attacks. In fact, one-half of all coronary heart disease deaths result from complications of atherosclerosis.

"The Rotterdam Study offers promising new evidence for the beneficial effects of black tea flavonoids, especially in women," said J.M. Geleijnse, Ph.D., affiliated with the Department of Epidemiology and Biostatistics, Erasmus University Medical School (Netherlands) and a lead author in this analysis of the Rotterdam Study. "According to our preliminary research, the antioxidant flavonoids in tea may help maintain a healthy heart by inhibiting blood clotting and improving vascular function.

"Even after we adjusted for diet and lifestyle factors that play a role in heart disease, black tea's role in reducing the risk of severe atherosclerosis in women persisted," Geleijnse added.

This analysis of the Rotterdam Study, which was supported by the Netherlands Prevention Fund and Unilever Research, is one of several

(Continued on page 10A)

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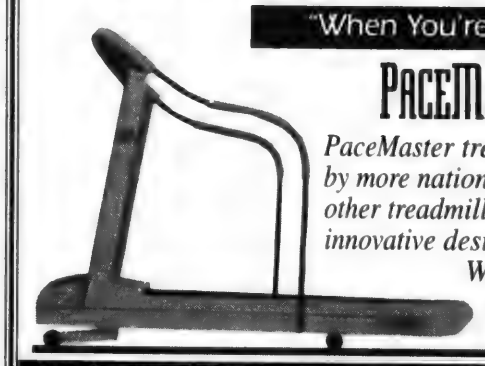

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Have you seen the new labels?

Nonprescription drug labels are now easier to read and understand.

That's because of a landmark Food and Drug Administration (FDA) regulation that requires over-the-counter (OTC) drug products to use a new label with larger print and clearer language, making it easier for consumers to understand product warnings, ingredients, uses, and directions.

When announcing the new regulations, Vice President Al Gore explained, "Starting here and now, when children wake up sick in the middle of the night, parents won't have to read a dictionary to read the directions" on OTC labels.

Drug Facts

Active Ingredient (in each tablet) — **Purpose**
Chlorpheniramine maleate 2 mg — Antihistamine

Uses temporarily relieves these symptoms due to hay fever or other upper respiratory allergies: ■ sneezing ■ runny nose ■ itchy, watery eyes ■ itchy throat

Warnings
Ask a doctor before use if you have
■ glaucoma ■ a breathing problem such as emphysema or chronic bronchitis
■ trouble urinating due to an enlarged prostate gland
Ask a doctor or pharmacist before use if you are taking tranquilizers or sedatives
When using this product
■ you may get drowsy ■ avoid alcoholic drinks
■ alcohol, sedatives, and tranquilizers may increase drowsiness
■ be careful when driving a motor vehicle or operating machinery
■ excitability may occur, especially in children
If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

adults and children 12 years and over	take 2 tablets every 4 to 6 hours; not more than 12 tablets in 24 hours
children 6 years to under 12 years	take 1 tablet every 4 to 6 hours; not more than 6 tablets in 24 hours
children under 6 years	ask a doctor

Other information ■ store at 20-25°C (68-77°F) ■ protect from excessive moisture

Inactive ingredients D&C yellow no. 10, lactose, magnesium stearate, microcrystalline cellulose, pregelatinized starch

Nonprescription medications have new, easier to understand labels.

Misusing over-the-counter drugs is a more serious problem than many people realize. An estimated 178,000 hospitalizations occur every year due to the misuse of over-the-counter drugs. Oftentime, this misuse is a direct result of consumer difficulty in understanding vital information found on the product label. One study found 70 percent of caregivers were unable to measure the correct dose of medication for their children.

To remedy that, the new labels:

• Require a standardized, easy-to-follow format. They must list ingredients in the same place on every product and explain which ingredients treat specific symptoms;

• Include critical information about the product, such as ingredients, dose and warnings. This makes it easier for consumers to understand essential information about the expected effectiveness and associated risks, determine appropriate dosage for children and adults and compare different products;

• Increase the size of the label type so it can be easily read, based on studies that included older people and demonstrated how important type size is to reader comprehension; and

• Allow packages that are too small for the standard label to use a modified version with the most essential information.

The new labels are expected to appear as early as this summer.

For more information on the new labels visit www.fda.gov/cder on the web or call 1-888-INFO-FDA.

(NAPSA)

Eat healthy with an international flair

People aiming for a healthful meal have a variety of delicious options when dining out, if they learn a little about ethnic cuisine.

Here are some tips from *Mayo Clinic on High Blood Pressure* ($14.95) to help you select foods that are lower in fat and sodium when you want an international dining experience:

• **Chinese** – Items that are steamed or contain the word Jum (poached), Chu (boiled), Kow (roasted) or Shum (barbecued) are much lower in fat than their fried counterparts. To avoid extra sodium, ask that the sauce be served on the side or made without soy sauce or monosodium glutamate (MSG).

• **Italian** – Pasta itself is low fat. But adding rich cheese or cream sauce makes a dish's fat content skyrocket. Fresh tomato-based sauces are lower in fat and help you meet your daily vegetable requirements. Pancetta and prosciutto (Italian bacon and ham) are high in salt. Avoid sauces containing them in favor of grilled shrimp or chicken.

• **Mexican** – Fajitas are a good choice in Mexican restaurants because you can control what you put on them. Burritos and soft tacos are also good choices. Avoid sour cream and guacamole and pile on the vegetable-rich salsa. Go easy on the cheese, and request black beans instead of refried beans. Many restaurants serve fried tortilla chips and salsa for you to snack on before your meal; request plain tortillas and salsa instead.

• **Japanese** – Japanese cuisine contains lots of fish, vegetables and rice. However, it is also often very salty. Avoid items containing soy sauce. If you are uncertain how an item is prepared, ask.

• **New American** – Herb-rubbed and pan-roasted meats have lots of flavor but little added salt or fat. These restaurants, which generally feature Mediterranean, Pacific Rim or American Southwest cooking, usually serve lots of seafood. Seafood is a good choice, as long as it is not fried or smothered in creamy sauce.

Mayo Clinic on High Blood Pressure contains many more tips on eating well both at home and away from home, as well as information about high blood pressure and its causes, effects, and management.

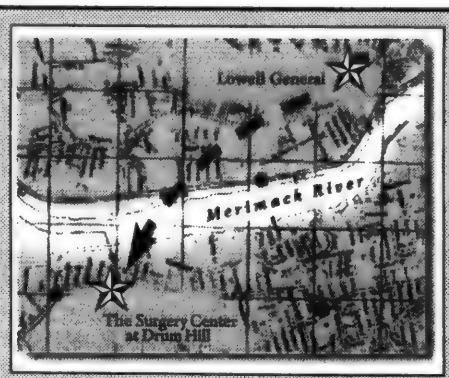
To order *Mayo Clinic on High Blood Pressure*, call 800-291-1128, ext. 855 or look for it at bookstores. *(NAPSA)*

Lowell General Hospital opens new medical center

Committed to making outpatient surgery more convenient for patients, Lowell general Hospital has opened a new Surgery Center in Chelmsford.

A ribbon-cutting ceremony was held on Wednesday, Nov. 3, at Lowell General at Drum Hill – a new Surgery Center, Patient Service Center and medical office building. The center is located at 10 Research Place, at the corner of Technology Drive in the Drum Hill Technology Center.

The freestanding center – the first of its kind in Greater Lowell – will give patients better access to Lowell General's outpatient surgical program by increasing the number of operating rooms available, at a convenient site accessible to all major highways.



The freestanding center – the first of its kind in Greater Lowell – will give patients better access to Lowell General's outpatient surgical program by increasing the number of operating rooms available, at a convenient site accessible to all major highways.

"Patients in Greater Lowell have made Lowell General their clear choice for surgery. Now we're giving them a choice of two convenient locations," said Robert A. Donovan, President and CEO of Lowell General. "This center offers patients the security and expertise of Lowell General surgeons and staff in a pleasant, accessible location."

The 45,000-square-foot building features two floors. On the first floor is a 15,000-square-foot surgical unit with three operating rooms. The first floor also features a Patient Service Center providing outpatient and pre-admission testing, blood drawing and routine diagnostic X-rays. The second floor contains 22,000 square feet of office space for physicians.

The $9 million structure was designed by DiGorgio Associates Inc. of Boston, with construction under the general contractor Monitor Builders Inc. of Boston.

This ambulatory surgery center will complement the surgical program on the Lowell General Hospital main campus. The hospital currently performs more than 6,000 outpatient surgeries every year. The new surgical center can accommodate 3,000 to 3,500 cases a year.

High fiber diets may help prevent obesity and cardiovascular disease

LOS ANGELES – The amount of fiber consumed may better predict weight gain, insulin levels, and other cardiovascular disease (CVD) risk factors than the amount of total fat consumed, according to an article in the October 27 issue of *The Journal of the American Medical Association* (JAMA), a theme issue on obesity.

David S. Ludwig, M.D., Ph.D., from Children's Hospital, Boston, and colleagues studied 2,909 healthy young black and white adults enrolled in the Coronary Artery Risk Development in Young Adults (CARDIA) Study to determine the role of fiber compared with other major dietary components in the development of obesity and other CVD risk factors.

Dr. Ludwig presented the findings from the study at the American Medical Association's 18th Annual Science Reporters Conference at the University of California at Los Angeles.

The researchers report that the subjects who ate the most fiber had better waist-hip ratio and fasting insulin adjusted for body mass index (BMI).

"Fiber was also associated with blood pressure and levels of triglycerides,

(Continued on page 8A)

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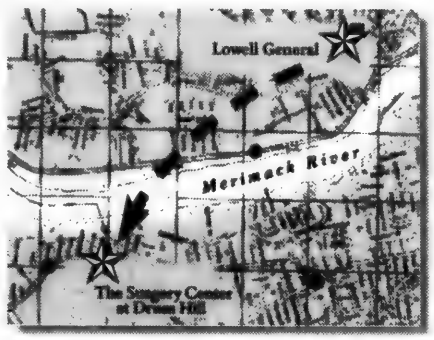

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Good health doesn't necessarily come with longer lives

By Alice Ann Love
Associated Press Writer

WASHINGTON (AP) – Nearly one in 10 Americans over age 70 needs help with daily activities such as bathing and four in 10 use assistive devices such as walkers or hearing aides, the Centers for Disease Control and Prevention said recently.

"In planning for the nation's health care in the next century, we cannot ignore this group," said Secretary of Health and Human Services Donna Shalala.

Rising life expectancy means members of the huge baby boom generation, who are nearing old age, can look forward to more golden years than their parents.

One reason: Death rates from heart disease for Americans ages 65 to 84 have decreased by about half since 1970, and for those 85 and older by 21 percent, the CDC said.

Life expectancy for Americans at birth is 76.5 years. But someone who reaches age 65 can now expect to live to 83, according to the CDC. Someone who reaches 85 can expect to live to be more than 90.

The CDC report said about half of men and two-thirds of women older than 70 have arthritis. A third of all Americans in that age group have high blood pressure, and 11 percent have diabetes.

Women over age 85 were the most likely among senior citizens to need everyday help, with 23 percent requiring assistance with at least one basic activity, such as dressing or going to the toilet.

Two-thirds of older Americans not disabled at age 65 or older get some light exercise, like stretching or walking, at least once every two weeks. However, only a third of elderly exercisers get the recommended 30 minutes on most days of the week.

The CDC report was part of the federal agency's annual "Health, United States" statistical reference, which is based on government surveys. The most current figures given on the elderly were for the years 1995-97.

High fiber diets may help prevent obesity and cardiovascular disease

(Continued from page 7A)

high-density lipoprotein cholesterol [HDL-C], low-density lipoprotein cholesterol [LDL-C] and fibrinogen; these associations were substantially attenuated by adjustment for fasting insulin level," comment the authors. "In comparison with fiber, intake of fat, carbohydrate and protein had inconsistent or weak associations with all CVD risk factors."

According to background information cited in the study, the prevalence of cardiovascular disease has been stable or increasing over the past decade after steadily declining since mid-century. The leading cause of death in the U.S., cardiovascular disease's known risk factors include increasing age, obesity, fat around the middle, smoking, physical inactivity, high blood pressure and several blood abnormalities. The prevalence of CVD remains high in the United States despite reductions in total and saturated fat intake to levels near government recommendations.

Obesity, age, physical inactivity and genetic factors may result in hyperinsulinemia (increased levels of insulin in the blood) and insulin resistance. These conditions result when more insulin is required to be secreted and released into the bloodstream to achieve a constant blood sugar level. While this compensatory process maintains glucose tolerance, chronic increased levels of insulin may increase risk of cardiovascular disease.

Additional unknown factors are thought to contribute to hyperinsulinemia and, by implication, cardiovascular disease, according to the researchers.

"We believe that the strong inverse associations between dietary fiber and multiple CVD risk factors - excessive weight gain, central adiposity, elevated blood pressure, hypertriglyceridemis, low HDL-C, high LDL-C and high fibrinogen – are mediated, at least in part, by insulin levels," the authors write. "Dietary fiber exerts a major effect on the glycemic, and therefore the insulinemic, response to carbohydrate in a meal. Fiber was shown, for example, to account for about 40 percent of the variance in glycemic index (a measure of the rate of carbohydrate absorption) among 18 starchy foods. Due to its inherently high glycemic index, a low-fiber diet would tend to stimulate relatively more insulin secretion than a high-fiber diet. In this study, the highest insulin levels after adjustment for BMI were indeed found among individuals with the lowest fiber intake.

"In summary, dietary fiber was inversely associated with insulin levels, weight gain and other risk factors for CVD in young adults," conclude the authors. "The findings from this investigation, together with those of the Health Professionals' Follow-up Study, raise the interesting possibility that fiber may play a greater role in determining CVD risk than total or saturated fat intake. Long-term interventional studies are needed to examine the effects of high-fiber and low glycemic index diets in the prevention of obesity and CVD."

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Tai Chi benefits seniors

By Jennifer Valeri

Retirement is for rest and relaxation, right?

Not so. For some seniors, it is the time to get moving. Hospitals, senior centers and wellness centers are filled with older Americans seeking physical fitness. And they should. Hundreds of medical studies show the value of physical exercise. Even exercising three times a week can help increase muscle strength, flexibility, balance, endurance and posture. Regular exercise prevents high blood pressure, heart disease and obesity. Osteoporosis is prevented through exercise, as the joint bones and spinal bones repair themselves more rapidly when the body is functioning properly.

But you knew that. Still, middle-aged Americans exercise less than older Americans. According to the Administration on Aging, only 30 percent of people aged 45 to 64 exercise regularly. That figure rises to 33 percent for people over 65. Still, half of retired Americans are sedentary.

A list of classes at any senior center or health facility shows exercise classes for seniors are more than popular. And, the classes aren't just jumping jacks and stretches. Older Americans are jumping into the latest trends in fitness, from yoga to country dancing to Tai Chi.

Rick and **Amy Wong** teach Tai Chi at various locations in the area. Mr. Wong, a physical therapist, teaches at the Melrose Senior Center, at various elderly housing complexes and at his martial arts school in Melrose. Mrs. Wong teaches Tai Chi to senior citizens at the North Andover Senior Center and at the Wincester Hospital's Family Medical Center in Wilmington. She also demonstrated Tai Chi in the 1998 U.S. National Chinese Martial Arts international arena.

Both Mr. and Mrs. Wong are experienced in a variety of martial arts, but have found that the slow, even movements of Tai Chi are perfect for senior citizens.

"It's non-stressful," said Mr. Wong. "It is smooth, circular movements. There's no jarring, no impact. The focus is not on strength or speed. There is less jarring to the body than walking in the mall."

Tai Chi is an ancient Chinese art of self-defense, comprised of slow movements. While used for defense, the emphasis was placed on force rather than strength. According to Tai Chi Chuan, a website of information on the martial arts, the philosophy behind Tai Chi is that the movements encourage the flow of energy through the body. The energy, known as "Chi", can become blocked and Chinese medicinal practitioners believe that blocked energy is the cause of illness. Tai Chi is one method of releasing that energy.

Obviously, Tai Chi can be done by people of all ages. However, Mr. Wong said Tai Chi has a big appeal to senior citizens, and rightfully so.

The Journal of American Geriatrics Society released a report two years ago, stating that the ancient martial art benefits seniors by helping to reduce the risk of falls. According to one of the studies cited in the article, senior citizens who participated in Tai Chi classes reduced their risk of falling by almost 50 percent. The conclusion was that Tai Chi increased a person's awareness of their body's abilities, thus increasing their confidence. Many falls occur, the article stated, when a person loses his or her balance and panics. The study also stated that Tai Chi is a stress-free way for a person to hold on to strength and balance as they age.

The study was seen as a breakthrough, as it is estimated that falls among senior citizens cost more than $12 billion in the U.S. each year and the cost of the frailty that can result is even higher.

Mr. Wong also points to the way in which seniors exercise – in classes. "The seniors are really interested in the social aspect of the class," he said. "There's an appeal of the group aspect."

Teaching Tai

To teach Tai Chi to a beginner requires three components, said Mr. Wong. The instructor and students should be aware of what their feet are doing, what their upper body is doing and what the person's trunk or torso is doing. While all three are obviously related, Mr. Wong said the movements are taught separately to allow people to keep their balance, which is a large component of Tai Chi.

Mr. Wong said he begins his class with footwork, demonstrating the moves with feet only. Again, the emphasis is on balance. Secondly, the instructor moves to hand and upper body motions. Lastly, the focus is on how the torso is moving with relation to the feet and the upper body.

"It allows us to work on someone's deficit," he said. "If someone is particularly clumsy with their hands or their waist is stiff, then you can work on the primary problem."

Mr. Wong said students who are senior citizens are not always focused on the exact choreography of the moves. Rather, they enjoy moving their body and exercising without causing stress to their bones or joints. Another attraction, Mr. Wong believes, is the concentration and focus. While there are other forms of exercise seniors can take part in, Tai Chi requires mental attention as well as physical attention. "It is a conscious thought process," he said. "On a treadmill or a stationary bike, you don't need to think. I think seniors like having to concentrate." He cites country line dancing, another popular activity for seniors, as offering the same draw. It is exercise that requires concentration.

There are more benefits derived from Tai Chi, one being relaxation. Many martial arts offer relaxation and stress relief benefits. Tai Chi, according to Mr. Wong, is one martial art that offers relaxation and physical exercise together.

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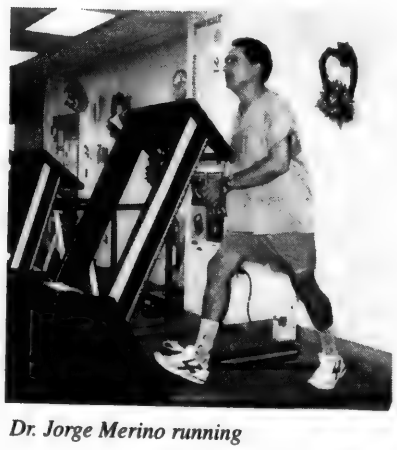

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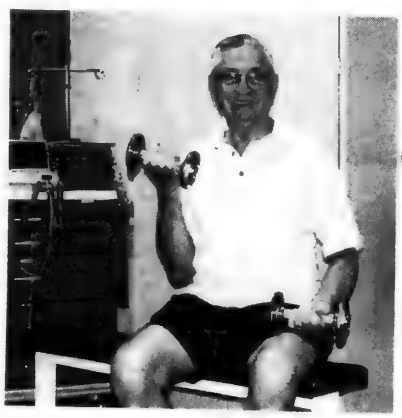

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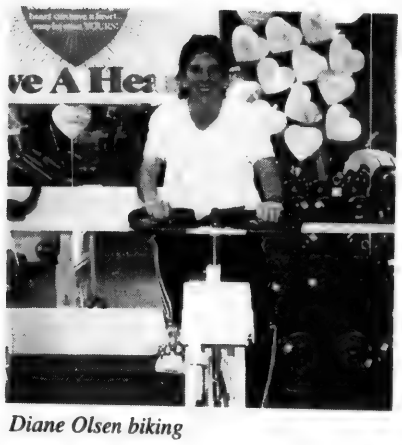

Diane Olsen biking

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Tai Chi benefits seniors

The stress reduction factor comes from slowing down your breathing. Mr. Wong said the slowed breathing helps to lower blood pressure and heart rate. He compares it to a person's daily life. While you are rushing to work, running to the grocery store or fighting rush hour traffic, your blood pressure and heart rate increase. We've all been told to take a deep breath, right? That deep breath is what begins the process of slowing down the heart rate and blood pressure. Mr. Wong said because Tai Chi is a slow, steady art, a person's breathing is slowed. "The breathing component is what all meditation is based on," he said. "Only instead of static postures, it is a continuous movement." The meditation is similar to yoga, only yoga's movements are more stationary and Tai Chi's movements are fluid.

Mr. Wong said the relaxation is a huge factor for senior citizens, as many suffer from high blood pressure. "If you slow down your method of breathing," he said, "then that leads to a drop in heart rate."

Consider this

There are a few factors to consider before taking part in anything physical. A person should be in fairly good health. Mr. Wong said a large majority of his classes take place in senior citizen centers. There, he said, he can assume the students are physically mobile because they are capable of getting out. Also, Tai Chi moves can be designed for a person's limitations. Teaching in a senior citizen housing complex, he said he can tailor moves for people restricted to wheelchairs. Such students could use upper body motions, rather than their entire body.

Balance is one area of Tai Chi that can be a problem for senior citizens. Some experience joint or knee problems, others might walk using a cane, but Mr. Wong said all of those limitations can be overcome.

"If they are unsteady or have balance problems, they might stand close to the wall," he said, "Or they might keep their cane with them. If they are really unsteady, we have a family member or a physical therapy aide there to guard them and protect them."

Mr. Wong said he is approached by parents who hope Tai Chi will help their children with certain injuries or limitations. While he said their physical bodies can benefit, the slowness and steadiness can be an obstacle for a child. "I think seniors understand that Tai Chi involves patience," he said. "With children, that can be almost impossible."

But the art is so gentle and adaptable that physical therapists do use it to rehabilitate patients. Mr. Wong said people who, due to insurance, might only be allowed a few sessions with a therapist, can learn Tai Chi and continue practicing the moves at home. People with knee and joint replacements benefit, and even stroke victims who might have an altered perception of balance can gain more physical strength and a better understanding of their body.

There are very few people who could not do Tai Chi, he said. Someone with severe balance problems and physical limitations might experience difficulties. However, he said there are very few restrictions a person cannot overcome. "Anybody can do it," said Mr. Wong.

Editor's note: This article was previously published in Town Crossings on March 12, 1999.

Drinking black tea ...

studies indicating that tea drinking may play a positive role in a healthy diet. Emerging research suggests that the flavonoids in black and green tea may help neutralize free radicals to help maintain healthy cells and tissues. While these studies are promising, more research is needed before any definitive conclusions can be drawn.

"Even as we await additional research results in this area, there are still many reasons why people should include tea as part of a healthy lifestyle," said Douglas Balentine, Ph.D., manager, Lipton Beverage Research. "Unlike some flavonoid-rich beverages, unsweetened, fresh-brewed tea-both black and green, hot or iced-is 100 percent natural, has no fat, calories or sugar, and contains about half the caffeine found in a comparable cup of coffee." *(NAPSI)*

Many treatments available for back pain

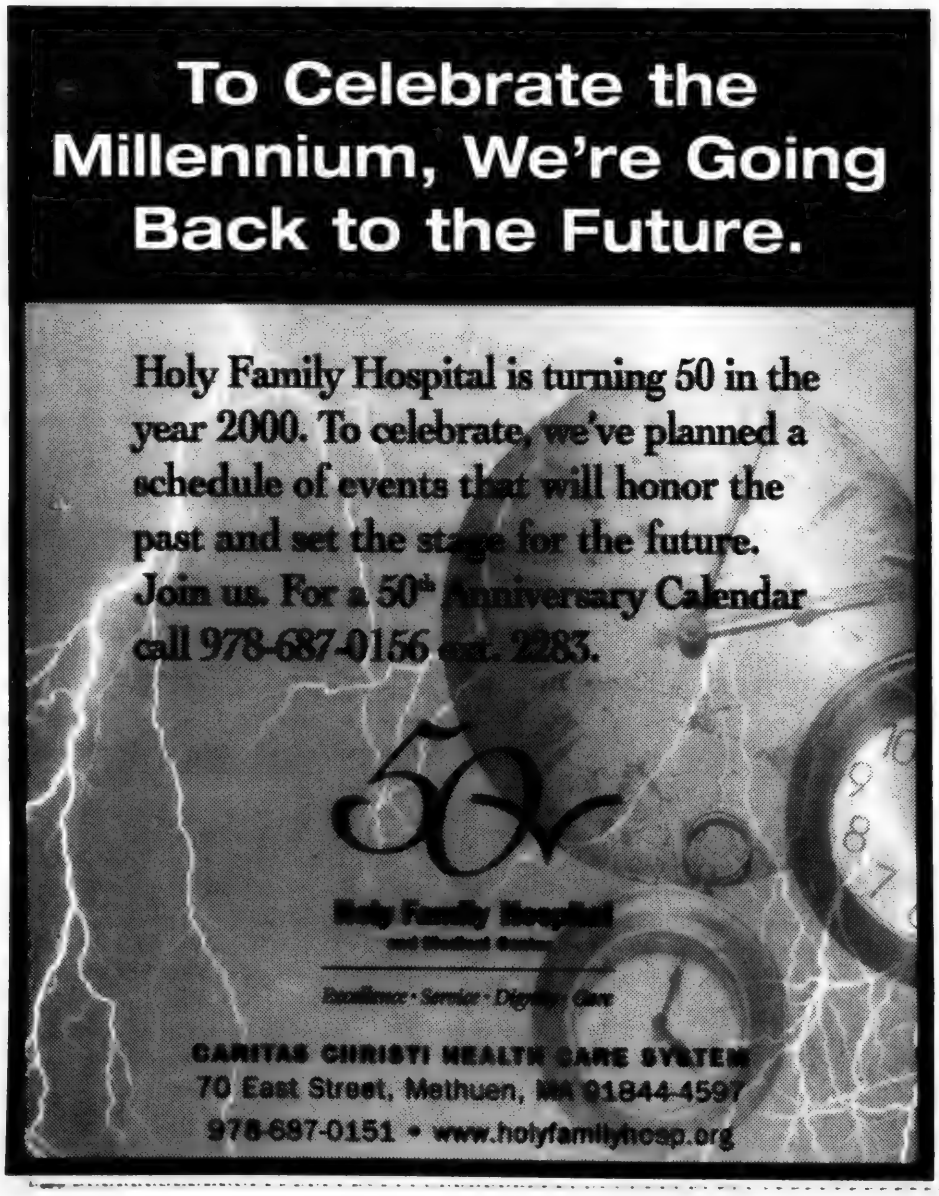
(Continued from page 4A)

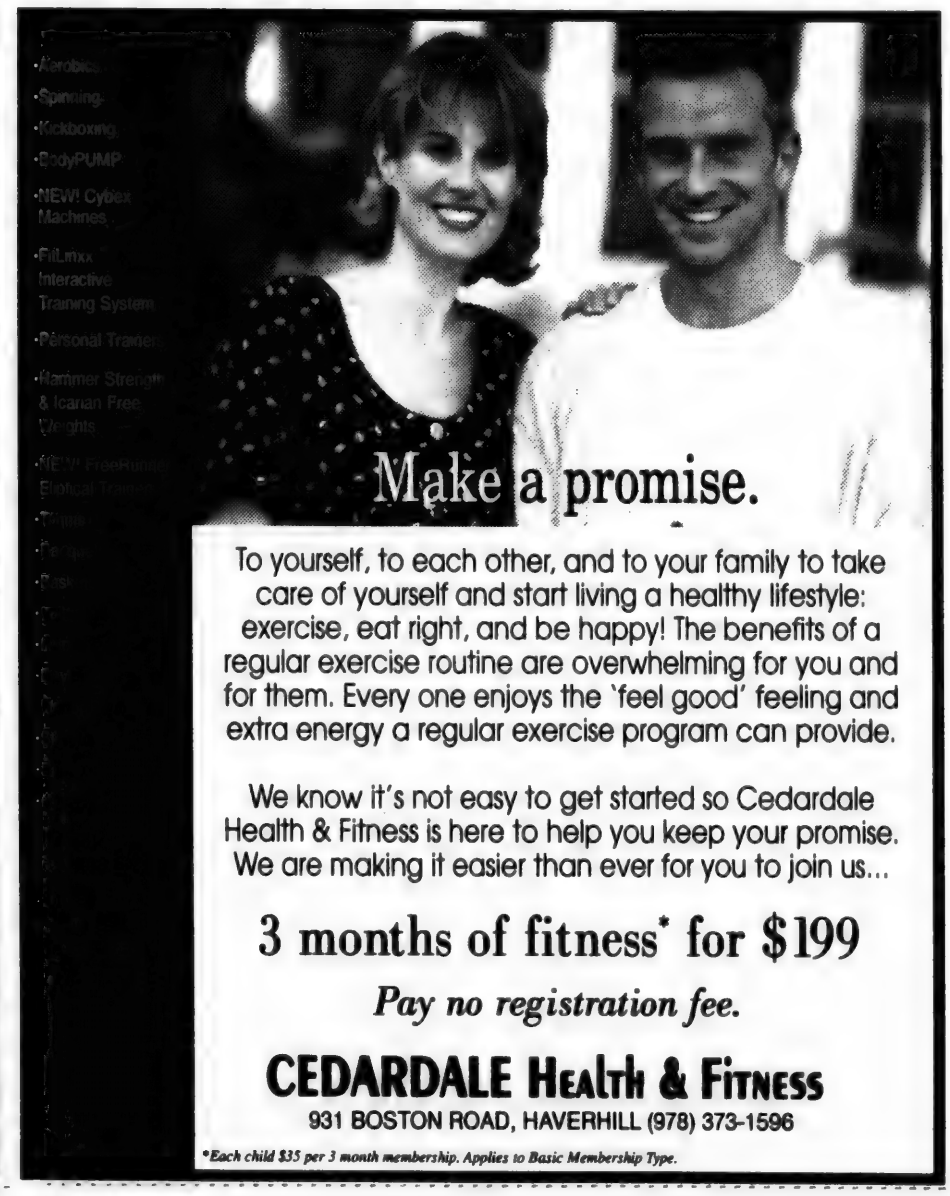
on their own at home.

As far as the different techniques of acupuncture are concerned, Mr. Sollars said they're all effective; it's just a matter of diagnosing the patient to find which method would work the best for him or her.

Not all acupuncture treatments involve the use of needles. There are non-needle techniques, as well, such as electro-auricular therapy, which involves touching the outer surface of the ear with a small, rod-shaped probe. This probe finds the corresponding points in the ear to match the problems in the body. Then, the points are stimulated using the same instrument.

Mr. Sollars said acupuncture also helps relieve sciatica, pain along the course of the sciatic nerve, which runs from the lower back down the legs.





Apartments move quickly as Edgewood is discovered as a unique retirement community

Reservations for apartment homes in Edgewood's countryside community are moving at a rapid pace rivaled only by the brisk nature walks many residents take each day on the pathways through the surrounding fields and woods. What is the reason for the demand? It is the popularity of a unique community that encourages independence, personal growth, renewed health, security and control.

"Edgewood offers a stimulating atmosphere in an intimate countryside setting for those seeking peace of mind for the future," says Marlene Rotering, Edgewood's Executive Director. "This is a very stable, well-managed community where we provide an enhanced quality of life and complete freedom."

Edgewood is the only retirement community in the area that offers independent living combined with on-site, skilled nursing care at no additional room charge. Residents are also afforded many opportunities to participate in a wide range of activities that allow them to stay as active as they choose. And they're given access to many services and conveniences designed to make their lives easier, more comfortable and worry-free.

Edgewood's success has created such demand that timing for the expansion seemed right. Construction has begun for 36 private apartments, complete with private balconies or patios and an indoor aquatics and fitness center. Both additions are expected to be finished in early 2000.

Kathy Hamel, Edgewood's Sales Manager, is not surprised by the attention that the new development has created. "The addition is really going to be beautiful and even though there's now limited availability, buyers still have a selection of apartment styles and location and can custom-design their own residence by selecting carpet colors, cabinetry style, countertop colors and more," says Hamel.

Additionally, the new aquatics and fitness center will feature a large, heated indoor pool and a whirlpool hot tub, plus a sweeping view of the beautiful outdoor scenery. It will also include a state-of-the-art fitness and workout area complete with locker rooms.

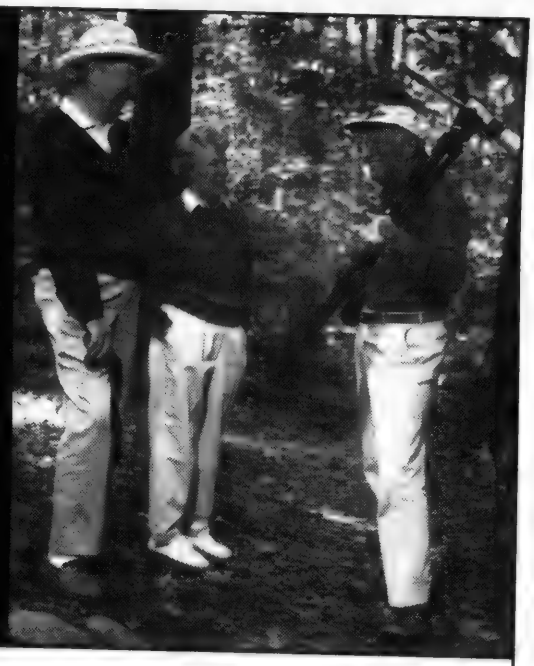
Other easily accessible conveniences include scheduled transportation, banking, postal and hairstyling services, so residents don't have to worry about bad weather keeping them from their errands. Additionally, Edgewood offers The Meadows, an onsite skilled nursing center, which gives residents peace of mind through its respite, recuperative and long-term care, should residents ever need it.

When all is said and done, the final decision on whether to live in a retirement community comes down to confidence in the community's management and affordability. On the issue of confidence in management, Edgewood has a major advantage. That's because it is managed by Life Care Services (LCS), the recognized leader in the industry. LCS currently manages more than 70 retirement communities nationwide, and has over 35 years of experience in providing for the needs of senior residents. Edgewood is also overseen by a local Board of Trustees, which is comprised of community professionals.

As far as affordability is concerned, it is always a very personal issue. Edgewood offers the advantage of different financial plans, including a "90% Return-of-Capital Plan", giving prospective residents the ability to control their own budget and estate.

If you would like more information about Edgewood, or to find out how you can schedule a tour of the community while there is still some availability, call (978) 725-3300 or toll-free at (800) 649-3343.

Edgewood is the only retirement community in the area that offers independent living combined with on-site, skilled nursing care at no additional room charge. Residents are also afforded many opportunities to participate in a wide range of activities that allow them to stay as active as they choose. And they're given access to many services and conveniences designed to make their lives easier, more comfortable and worry-free.



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Humane Society offers tips to reduce risk of dog bites

DALLAS (AP) _ "Only God can make a face," mused Dr. A. Jay Burns, plastic surgery reconstruction specialist, after overseeing foundation surgery to save the face _ and life _ of two-year-old Mycha Herbert.

The toddler was playing with the family dog in his backyard Labor Day weekend 1998 when the dog unexpectedly attacked. The animal bit the child in the face _ typical for attacks on small children _ and tore away the soft facial tissue from below the eyes to the neck.

Mycha spent two weeks unconscious in intensive care at Children's Medical Center of Dallas, not expected to live. It was one of the worst cases Burns and his team of doctors from Children's and UT Southwestern Medical Center at Dallas had ever seen. They spent a straight 39 hours transplanting muscle, skin and tissue from other parts of the child's body to cover his exposed facial bones.

Mycha survives today because of their skills but faces more reconstructive surgery.

""We live with regret about what happened, but we want to teach people about how serious dog bites can be," said his father, Bobby Herbert. "We left him alone for only a few minutes, but we now have a lifetime of living with what happened."

Dog bites account for 4.5 million injuries annually, according to the Journal of the American Medical Association, and children have the highest rate of emergency room visits from the attacks.

Err on the safe side. If you don't know how your dog will react to a new situation, be cautious. If he may panic in crowds, leave him at home. If your dog overreacts to visitors or delivery or service personnel, keep him in another room. Help the dog become accustomed to a variety of situations. Until you are confident of his behavior, avoid stressful settings.

There is no sure way to "bite-proof" your dog, says the Humane Society of the United States, but you can reduce the risk that he will bite someone.

Recommendations from the organization:

• Spay or neuter your pet. Spayed or neutered dogs are three times less likely to bite.

• Socialize your dog. Introduce him to different types of people and situations so that he's not nervous or frightened under normal social circumstances.

• Train your dog. Every member of your household needs to learn the training techniques and participate in the dog's education.

• Teach your dog appropriate behavior. Don't play aggressive games with the dog such as wrestling, tug-of-war, or "siccing" him on another person.

• Be a responsible owner. Licence your dog as required by law and provide regular veterinary care, including rabies vaccinations. Don't allow your dog to roam. Make your dog a member of the family. Dogs who spend a lot of time in the backyard or tied out on chain often become dangerous. Dogs who are well-socialized and supervised rarely bite.

• Err on the safe side. If you don't know how your dog will react to a new situation, be cautious. If he may panic in crowds, leave him at home. If your dog overreacts to visitors or delivery or service personnel, keep him in another room. Help the dog become accustomed to a variety of situations. Until you are confident of his behavior, avoid stressful settings.

The society also has advice for you as a potential bite victim:

• Never approach a strange dog, especially one who's tied or confined behind a fence or car. Don't pet a dog • even your own • without letting him see and sniff you first. Never turn your back to a dog and run away; his natural instinct is to chase and catch you. Don't disturb a dog while she's sleeping, eating, chewing on a toy, or caring for puppies. Always assume that a dog who doesn't know you considers you an intruder or a threat.

• If approached by a dog who may be on the attack, don't scream and run. Remain motionless, hands at your sides, and avoid eye contact with the dog. Once the dog loses interest in you, slowly back away until he is out of sight.

• If the dog does attack, "feed" him your jacket, purse, bicycle, or anything you can put between yourself and the dog.

• If you fall or are knocked to the ground, curl into a ball with your hands over your ears and remain motionless. Try not to scream or roll around.

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Management change at Silverado Athletic Club

After being a member of Silverado Athletic Club for five years and a co-owner for three, Elise Caffrey will assume the full time role of general manager beginning January 1, 2000. It is the realization of a dream for Caffrey who has been looking forward to the opportunity to step into a hands-on management role since purchasing the Club in 1996.

"I am extremely pleased that Elise has made this decision," commented Louise Borke, Caffrey's partner. "MaryAnn Weitz has done a good job in her role as general manager over the past three years but no employee can give an organization the personal touch of an owner," she added.

"My love of athletics began at age five when I started playing tennis, one of the few sports available to young girls. It was my father, an avid tennis player and runner, who taught me the importance of staying healthy and fit through exercise. My mother, fitting the general profile for osteoporosis of being thin and not following a regular exercise routine, developed the debilitating disease. Had I known then what I know now about the importance of exercise in fending off osteoporosis I might have been able to influence the direction of her life.

"In my new role at Silverado, I will be in a position to continue disseminating information to members about health conditions that are specific to women while offering programs to give us a fighting chance for a long and healthy life.

"As the mother of three active daughters I am enthusiastically committed to health and fitness for women of all ages. We have talked about my mother's condition and how important it is to eat healthfully and exercise regularly throughout one's life," Caffrey commented.

Silverado has demonstrated its pledge to women through sponsorship of internal and communitybased health and fitness programs and will continue to do so. The Club actively supports activities ranging from the Andover Girls' Softball League to the Making Strides Breast Cancer Walk. Proceeds from promotional programs are donated to organizations including Andover's A Better Chance, Women's Resource Center in Lawrence and the Professional Center for Handicapped Children, Inc. in Andover.

Silverado is the only club in the area to offer the low impact fitness program developed by Joseph Pilates. A recent *Eagle Tribune* article featured the Club's instructor, Lynne Leary-Khater, demonstrating the unique system of stretching and strengthening exercises. In addition to this program, more than 50 weekly classes are available including: high and low impact aerobic step classes, women and weights, cardio boxing, total body workout, interval training, tai chi and yoga. A professional staff of personal trainers also design individualized programs which combine classes with the use of women-specific cardio equipment and weight machines to help members achieve their fitness goals.

The Silver Sneakers program, designed for women over 60, includes specially designed aerobic classes and a weekly water aerobic exercise program. "Our seniors are faithful to the program and to its director, Maria Hamilton. There is clearly a need to expand our offerings to this large, important and growing group. Seniors are much more active today than 20 years ago and recognize the need for exercise. Silverado provides the perfect safe, convenient, all-female environment for women of all ages and sizes to workout," said Caffrey.

"We are all very excited about this management change and look forward to maintaining Silverado's position as the premier club for women in the Merrimack Valley."

Higher intensity of physical activity associated with reduction of risk in developing diabetes

CHICAGO – Greater physical activity and exercise is associated with a substantial reduction in the risk of developing type 2 (non-insulin dependent adult onset) diabetes mellitus, according to an article in a recent issue of *The Journal of the American Medical Association* (JAMA).

Frank B. Hu, M.D., Ph.D., from the Harvard School of Public Health, Boston, and colleagues analyzed the results from surveys of women who participated in the Nurses' Health Study. The 70,102 women selected for the study reported in this article were nurses aged 40 to 65 years old who had not been diagnosed with diabetes, cardiovascular disease or cancer who answered questions about the type, duration and intensity of their physical activities in 1986. The researchers followed up with the women over an eight-year period. They found that 1,419 had been diagnosed with diabetes mellitus in that period. The researchers also found that the more intense the physical activity (measured by the amount of energy expended) the less the risk of being diagnosed with diabetes.

Using MET-hours (a way to calculate the amount of energy expended on average per week) and adjusting for age, smoking habits, alcohol use, history of hypertension, history of high cholesterol level, parental history of diabetes and other factors, the researchers found the following relative risks:

• Expending 0 through 2.0 MET hours per week – relative risk 1.0

• Expending 2.1 through 4.6 MET hours per week – relative risk 0.77 (23

(Continued on page 14A)

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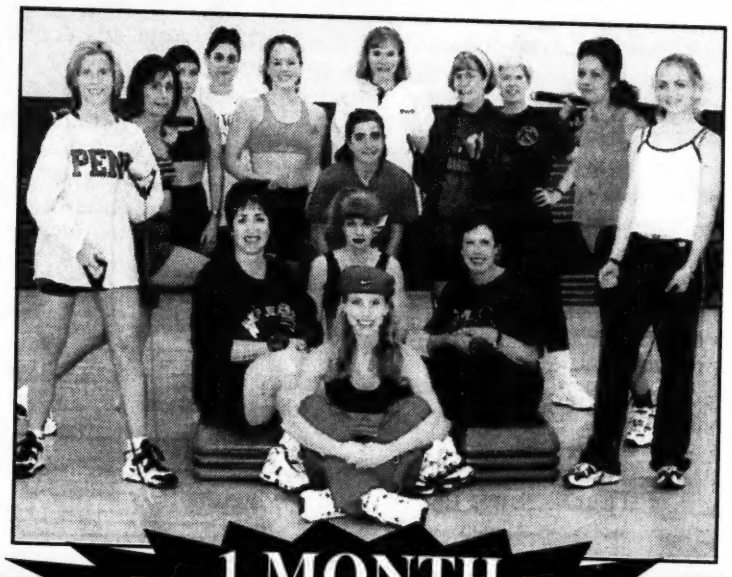

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Warning signs of drug abuse

How can you tell whether your child is using illegal drugs? One in four twelfth graders and one in eight eighth graders have reported using an illegal drug in the past month.

"As an emergency physician, one of the most painful experiences I've had is telling a parent that her child has just died from a drug overdose," said Dr. Larry Alexander of the American College of Emergency Physicians. "This is happening all too often in America today. The use of illicit drugs is spreading from high schools, to junior high-even to grade schools-and drug users are coming from all walks of life. We must educate young people about the dangers of drug use and employ every means possible to prevent its use."

Here are some symptoms to watch for to help you know whether your child is using drugs:

- Unexplained deterioration in school performance;
- Sudden resistance to authority, defiance;
- Attitude changes;
- Behavior problems;
- High-risk behavior, such as stealing or sexual promiscuity;
- Extreme mood swings (e.g., depression, anger);
- Changes in relationships or eating habits;
- Slurred speech;
- Appearing spaced out; and
- Presence of drug paraphernalia (cigarette papers, pipes, spoons).

Talking about drugs can be uncomfortable for parents. But if you don't talk to them, someone else will.

"Parents are the first defense in preventing drug use," said Dr. Alexander. "So educate yourself so you can give accurate information and explain the negative consequences of specific drugs. And remember to show by example that drugs are not a healthy choice."

In 1997, past month drug use increased to 26 percent among 12th graders, up from 14 percent in 1992. According to ACEP, few young people have a clear understanding of the risks associated with drug use, and even fewer view drug use as a negative behavior. In addition, drugs are readily available to anyone who wants to buy them, and the purity of drugs like cocaine and heroin is at it highest level historically, making their use more feasible and more affordable than ever before-as well as more dangerous.

For more information about illegal drug use and how you can talk to your child, visit the web site of the Office of National Drug Control Policy at www.white housedrugpolicy.gov. For more information and safety tips, visit ACEP's website at www.acep.org.

(NAPSA)

Physical activity may reduce diabetes risk

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percent less risk of being diagnosed with diabetes than someone expending 0 through 2.0 MET hours per week)

- Expending 4.7 through 10.4 MET hours per week – relative risk 0.75 (25 percent less risk of being diagnosed with diabetes than someone expending 0 through 2.0 MET hours per week)
- Expending 10.5 through 21.7 MET hours per week – relative risk 0.62 (38 percent less risk of being diagnosed with diabetes than someone expending 0 through 2.0 MET hours per week)
- Expending more than 21.7 MET hours per week – relative risk 0.54 (46 percent less risk of being diagnosed with diabetes than someone expending 0 through 2.0 MET hours per week)

The MET value is the calculation of the energy needed per kilogram of body weight per hour of activity divided by the amount of energy needed per kilogram of body weight per hour when the body is at rest. MET-hours were calculated as the average time spent per week on various physical activities and the MET value of those activities.

"Few women [in this study] engaged in regular vigorous activities," the authors write. "Among the individual vigorous activities, calisthenics or aerobics was associated with the greatest reduction in type 2 diabetes risk. Other vigorous activities, including jogging, running and playing tennis, were also inversely associated with risk 9of being diagnosed with diabetes.) Swimming and bicycling were not significantly associated with risk of diabetes. This finding may be due to the highly variable intensity with which these activities may be performed."

According to the authors, "approximately 47 percent of women in 1986 reported no vigorous activity, and 60 percent of all women reported that they walked at least one hour per week. There was a strong inverse association between walking score and risk of type 2 diabetes."

The researchers also looked at the association between diagnoses with diabetes and walking for those women who reported that their only physical activity as walking. After adjusting for the same factors as when they categorized the participants by MET hours, the researchers found the following relative risks:

- MET score less than 0.5 – relative risk 1.0
- MET score of 0.6 through 2.0 – relative risk 0.91 (9 percent less risk of being diagnosed with diabetes than someone with a MET score less than 0.5 for walking)
- MET score of 2.1 through 3.8 – relative risk 0.73 (27 percent less risk of being diagnosed with diabetes than someone with a MET score less than 0.5 for walking)
- MET score of 3.9 through 9.9 – relative risk 0.69 (31 percent less risk of being diagnosed with diabetes than someone with a MET score less than 0.5

(Continued on page 16A)

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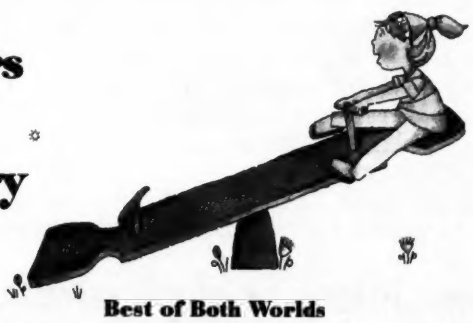

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Holistic health center introduces new aromatherapy products for self-healing

Founders of The Way to Balance – A "Wholistic" Healing Center, Aaron and Sue Singleton announced that three new products have been introduced to The Energy of Life Products, a vibrationally balanced line of aromatherapy, herbal and health products.

"The introduction of Loss/Grief Release, Love & Compassion Targeted Meditation Oil and Hair Stimulator Shampoo for the Treatment of Thinning Hair now enable individuals to accomplish even more selfhealing work in the privacy of their homes," explained Aaron Singleton. He added, "All our products are completely natural, and are made with high quality plant essential oils, long known for their medicinal and healing aromatherapy properties, and more recently becoming recognized in clinical studies by the medical profession as beneficial to the health and recovery of individuals." Mr. Singleton further explained that the sense of smell is governed by the olfactory nerve, which contains about 50 million smell receptors that protrude from the mucous membranes of the nasal and sinus cavities. These receptors actually collect odors and translate them into messages they send to the brain for processing via the olfactory nerve. Smells travel through the limbic system and help provoke feelings and memories very powerfully in the brain. It is also important to note that essential oils are unique for their living biological quality, and thus synthetic fragrance oils will not have the same healing effect on the body as true living essential oils.

Shown above: A few of The Energy Of Life Aromatherapy Essential Oils for self-healing, including Fear/Anxiety Release, Loss/Grief Release, Anger/Frustration Release, Chakra Activation. These products are created by Aaron and Sue Singleton of The Way To Balance – A "Wholistic" Healing Center, of Andover, based on Sue's Medical Intuitive Readings.

The three new products are added to the existing aromatherapy product line, which includes:

- Aromatherapy Essential Oil Blends for the release of Fear/Anxiety, Anger/Resentment, Chakra Activation
- Bath, Body and Massage Oils, including Citrus Cellular Detox and Egyptian Journey
- Sacred Heart Targeted Meditation Oil.

The Singletons also announced that all aromatherapy products are now available in smaller home use sizes, in addition to the larger sizes normally used by healthcare professionals. At the center, they also carry a variety of health-related products, including:

- Edgar Cayce Remedies and Appliances
- Self-Healing Books
- Spiritual and Personal Growth Books
- Professional Electric Massagers
- Air Purifiers/Ionizers, and more.

Sue Singleton added, "The goal of our products, as well as our healing work and our workshops, is to empower our clients to be actively involved and responsible for their health and well-being. We desire to help our clients achieve that, and we serve as a vessel for the healing and educational work we do. The addition of these new products, and the smaller home use sizes, is instrumental in furthering an individual's ability to help himself/herself."

The Way To Balance was founded in 1993, and provides comprehensive holistic and altemative healthcare services, including healing and therapeutic services, products for health and personal growth, and education/seminars. In addition to the Singletons, The Way To Balance employs Licensed Massage Therapists and Reiki Masters Dot DeCesare and Deborah Cassidy, and Office Manager Katie Walton. They are located at 63 Park St. in Andover, and can be reached at (978) 475-3106, or via the internet at www.TheWayToBalance.com.

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Physical activity may reduce diabetes risk

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for walking)

• MET score equal to or greater than 10.0 – relative risk 0.58 (42 percent less risk of being diagnosed with diabetes than someone with a MET score less than 0.5 for walking)

The researchers also categorized these women by their walking pace (easy, normal or brisk to very brisk), again adjusting for the same factors as when they categorized the participants by MET hours, the researchers found the following relative risks:

• Easy (usual walking pace of less than 3.2 kilometers per hour [less than approximately 2 miles per hour]) – relative risk 1.0

• Normal (usual walking pace between 3.2 and 4.8 kilometers per hour [approximately 2 miles per hour to 3 miles per hour]) – relative risk 0.72 (28 percent less risk of being diagnosed with diabetes than someone whose usual walking pace is less than 3.2 kilometers per hour)

• Brisk to very brisk (usual walking pace of more than 4.8 kilometers per hour [more than approximately 3 miles per hour]) – relative risk 0.41 (59 percent less risk of being diagnosed with diabetes than someone whose usual walking pace is less than 3.2 kilometers per hour)

The authors found that the association between progressively higher energy expenditure from walking and decreasing risk of type 2 diabetes was similar to that same inverse association found for other physical activities. "This finding is reassuring, since walking is a physical activity that is highly accessible, readily adopted, and rarely associated with physical activity-related injury," the authors write.

The authors speculate as to the association between physical activity and diabetes risk: "It is biologically plausible that physical activity might reduce the risk of type 2 diabetes, because physical activity increases glucose [simple sugar used by the body for energy] disposal through a number of pathways.

Physical activity has independent effects on glucose disposal by increasing both insulin-mediated and non-insulin-mediated glucose disposal. A single bout of physical activity increases insulin-mediated glucose uptake for more than 24 hours."

"This large prospective study suggests that both walking and vigorous activity are associated with substantial reductions in risk of type 2 diabetes in women," according to the authors. "We observed comparable magnitudes of risk reduction with walking and vigorous activity in this cohort, when total energy expenditures were similar. Our findings lend additional support to current guidelines from the Centers for Disease Control and Prevention and the National Institutes of Health that recommend that Americans should accumulate at least 30 minutes of moderate-intensity physical activity on most, but preferably all, days of the week."

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